

# THE KINETIC K9

## PREPARING & DROPPING OFF YOUR DOG FROM

A BOARD AND TRAIN PROGRAM

WWW.THEKINETICK9.COM

### **PRE-TRAINING PREP**

### LIMITING FREEDOMS



Your dog is going to be immersed in a highly structured routine day 1. To best set your dog up for success - begin limiting your dogs freedoms. Revisit crate training, movement on leash, no free access to furniture, picking up and toys or bones, and beginning of limit the amount of over excitement, and over-affection in your dogs day to day life.

#### STOP FREE FEEDING



Your dog will be on a twice a day feeding schedule. Start implementing this into your dogs routine. Put the bowl down for roughly 15 minutes. If your dog does not eat, pick it up and try again at their next meal. If your dog is a "picky eater" and you are bribing them with meal toppers - remove them. A healthy dog WILL get hungry and eat. Food is used in training so we need to build your dogs appetite.

#### **MUZZLE CONDITIONING**



If your dog is coming into a program for human reactivity, aggression, or is a bite risk - begin muzzle conditioning as soon as possible. A dog comfortable in a muzzle has one less stresser put on them. Visit our muzzle conditioning 101 video for more information!

#### VIEW VIDEO HERE

### DO'S & DONT'S



- Switch your dogs food right before a program.
- Start your dog on any new medications or supplements they haven't been on prior.
- Bring anything outside the list for accepted items.
- Bring your dog to doggy daycare, dog parks, or other outside sources for both health and behavioral reasons.



- Crate your dog every night for a minimum of 2 weeks prior to drop date
- Give all vaccines required a minimum of 2 weeks prior to the drop off date.
- Get the whole family on board with the lifestyle change
- Have any needed grooming done before.
- Get excited about a new journey!

### WHILE YOUR DOGS AWAY

#### BE PROACTIVE:



Be proactive in your dogs training. Go through all your homework in the PDF's available to you. Check out some of the free videos included. Follow your trainer on social media and get an idea of the work insight.



#### **SET THINGS UP:**

This can be fun! While your dog is away at training use this time to refresh their space. Take home y elevated pet cot. Set up a tie back if needed. Maybe a new fresh crate and crate pad if you want to go the extra mile. Set up a space such as a bucket or basket on top for their "essentials" such as their training tools and other easy access items they will be going home with. Rearrange space as needed to make space needed for your dogs duration in common areas.



### SHIFT YOUR MINDSET

It can be overwhelming.

The amount of information to go through, getting the family on board, keeping track of it all.

Getting your dog home is exciting - but then sometimes it's awkward..

What do I do with them? I missed them so much & want to have a reunion! I feel weird putting them on place or in the crate when I'm home.

Where's the fun?
Was this the right choice to do?
What if my dogs personality changes?
Why did I get a dog to have to leash in the house or put in a spot to stay?

Relax. Breathe. Trust the process. Give it that much. Remember it's not forever in most cases.

Remember why you needed the help, what your family is sacrificing for your dogs previous behaviors, the possible liability, or even the mental state of your dog day in and out being unfair.

Remember where you came from.
Remember the world the is OPENING for your dog.
And while your dog is away? Don't worry.
You have more support than you can ever need.
Everything will make sense.

### **ADJUST EXPECTATIONS**

It's easy as owners to sometimes have unrealistic expectations. We want the best for our dogs, sure. But our idea of what a "better life" is can sometimes not match our dogs. I get a lot of inquiries for people who want their dogs to like guests and like other dogs. Like people, dogs can be social or non-social. Selective. We certainly don't like every person we meet.

So, expecting our dogs to be is not only unrealistic, but unfair. My goal through working your dog through triggers is to have a **neutral dog.** 

#### What does that mean?

It means your dog is unbothered and happy to mind their business. If a dog is on place when a guest is over, they are neither jumping on them nor reacting to them. They are minding their business in their safe place not bothering anyone and no one is bothering them. It means you can go out in public to a park, a hiking trail, a store, an event, a friend's house - and your dog minds their business and ignores other dogs, people, things in the environment and can just be. Wanting to take your dog to a dog park, have social dates, have people love all over your dog -- these are not realistic goals. Animals have personal space like anyone else and we always need to put our wants aside and advocate for their needs.

Your dog gets to be involved in every aspect of your life. That is the best reward they could ever want to have.

### 5880 WESTERN TRPK DUANESBURG NY, 12056





#### CALL OR TEXT UPON ARRIVAL



### WHAT SHOULD I BRING?



#### DO BRING:

- Please have dogs meals be prepackaged in ziplock bags or containers. This includes dogs who are fed raw diets.
- Please include lids for any wet food cans.
- Any Medications or Supplements
- Flea/Tick Preventative if coming due.
- Your dog on a secure leash and collar.
- If your dog already has a prong collar or remote training collar please include these.
- Your dog properly muzzled if required.
- Your dogs favorite training treats if desired.



#### **DON'T BRING:**

- Beds, Blankets, etc.
- Toys or Bones
- Food or Water Bowls
- Your dog in on a harness, flexi leash, or any type of loose fitting collar they can back out off.

# DROP OFF INSTRUCTIONS

#### **Upon Arrival:**

Wait in your vehicle until you see me. Call or text upon arrival if needed.

From there you may hand off your dogs belongings and I will bring them into the training area.

When I return out you may retrieve your dog.

Your dog must be on a leash/collar setup they cannot slip out or when going from your car to our property and during the hand-off.

Your dog may be nervous, scared or excited and any of those things can lead to your dog escaping the collar and running off or around the property, which is a safety issue for the dog, myself, and other dogs on the property.

If your dog requires a muzzle make sure it is secure before handing off the leash.

If your dog has human issues - you will be handed training tools to put on your dog & instructed how to properly fit them.

From there we will part ways and take your dog into the training area to immediately begin your dog's training & stay with us!

### OUR TRAINING SPACE

Safety of your dog is our #1 priority. We set proactive things set in place such as -

- Dogs are crated in escape proof Impact Crates.
- Fi Collar Trackers, Apple Air Tags & Contact Tags are added onto our fitted martingale collars for GPS tracking.
- Potty area is fenced in with double barrier gates & a tie-out that reaches the length of the yard.
- Surveillance cameras are on the property & on your dog for easy access for when unsupervised/overnight.
- Trainer is CPR / First Aid Certified
- · Pet First Aid & Trauma Kit accessible
- C02 & Fire Alarms in place
- · Contact plans in place for unexpected emergencies.
- Secure muzzles of all sizes to ensure dog and handler safety.

