SUPREME BODY BUTTER

A luscious skin cream recipe!

SERVINGS: 2   PREPPING TIME: 15 MIN   COOKING TIME: 30 MIN

INGREDIENTS

- 1/2 cup organic palm oil
- 1/2 cup organic cocoa butter
- 1/4 cup organic shea butter
- 1/4 cup organic coconut oil
- 1 teaspoon vanilla extract
- 1 tablespoon rosehip oil (known for its collagen-boosting properties)
- Optional: a few drops of vanilla essential oil or an oil of your choosing for a stronger scent

DIRECTIONS

1. In a double boiler or a heatproof bowl placed over a pot of simmering water, melt the palm oil, cocoa butter, shea butter, and coconut oil together. Stir occasionally until fully melted and combined.

2. Remove the mixture from heat and let it cool slightly. You can speed up the cooling process by placing the bowl in the refrigerator for a few minutes, but avoid letting it solidify.

3. Add the vanilla extract and rosehip oil to the mixture. If desired, you can also add a few drops of vanilla essential oil for a stronger vanilla scent. Stir well to combine all the ingredients evenly.

4. Place the bowl in the refrigerator for about 15-20 minutes or until the mixture starts to solidify around the edges. You want it to thicken but still be soft enough to whip.

5. Using a hand mixer or stand mixer, whip the mixture on medium-high speed until it becomes fluffy and resembles whipped cream. This can take several minutes, so be patient.

6. Once the body butter reaches a whipped consistency, transfer it to a clean, airtight jar or container. Store it in a cool, dry place.

7. To use, take a small amount of the body butter and gently massage it onto your skin. It will melt upon contact and absorb easily. Apply as often as desired.

This homemade organic vegan body butter with palm oil, cacao, and rosehip oil is not only nourishing and moisturizing but also provides collagen-boosting benefits for your skin. Enjoy the delightful vanilla scent as you pamper your skin with this luxurious body butter!