## KNOW WHEN TO MAKE A MENTAL HEALTH REFERRAL Click on Banner Links to Resources

#### DISTRESS THERMOMETER AND PROBLEMS LIST

A Universal tool for assessing subjective units of distress. Look for: "Download the NCCN Distress Thermometer and Problem List HERE."

#### SIX GUIDELINES FOR PASTORS TO CONSIDER

# HEALTH CARE TOOLBOX FOR CHILDREN AND FAMILIES IMPACTED BY TRAUMA

"Helping Children and Families Cope with Illness and Injury"

WARNING SIGNS & SYMPTOMS National Alliance on Mental Illness

### MENTAL HEALTH SCREENING TOOLS

Online Screening for Depression, Postpartum Depression, Anxiety, PTSD, Addiction, Parent, Youth, Bi Polar