DISCLAIMER

The contents of this site are presented for informational purposes only, and should not be substituted for professional advice. Always consult your own therapist, psychologist, psychiatrist, counselor, doctor or other mental health professional with your questions, concerns and before starting, stopping or modifying any treatment.

Self-diagnosis of yourself, a family member or your child can cause a lot of undue stress and damage. If you or someone else has a behavioral, mental or emotional problem, please seek the help of a qualified professional who can provide a full evaluation and assessment, including psychological testing.