

Act now. Seating is limited.

FEAR KNOT UNSHACKLED GROUP  
THE NEXT STEP Counseling COST



STEP  
ONE

- 10-week Structured Program 6 – 8 per group
- Mid-morning & Evening Time Slots
- A fraction of the cost for individual therapy
- Some insurances accepted:



BlueCross  
BlueShield

aetna



United  
Healthcare

- Itemized superbill with CPT/Diagnostic Codes available for out of network invoicing.

- INDIVIDUALS \$30 x 10 wks. = \$300
- COUPLES 50 x 10 wks. = \$500

- ✓ Workbook \$45
- ✓ 10% Deposit at sign up.
- ✓ Remainder due prior to first session