

LET'S GET THIS PARTY STARTED

CHOREOGRAPHER: Debbie & Paul Taylor
ADDRESS: 1350 Sunlight Drive, Cle Elum, WA 98922
MUSIC: Limpa Boom
CD: Latin Party 2019 Track 16
RHYTHM: Merengue
PHASE: Phase V + 1 [Snake]

PHONE: 425-387-1600 or 509-293-1110
E-MAIL: debbie@rdcuers.com www.rdcuers.com
LENGTH: 3:06 as downloaded at 45 RPM
ARTIST: LocoDJ
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SEQUENCE: INTRO-A-B-INT-C-A-B-INT-C-D-B-INT2-C-END

INTRODUCTION

- 1 – 4 CP WAIT ; ; MERENGUE WHISK ; GLIDE ;
1-2 CP WALL Wait ; ;
3-4 XLIB trng 1/8 LF to SCP, rec R trng 1/8 to CP WALL, sd L, cl R ; Sd L/cl R , sd L/cl R, sd L, cl R ;

PART A

- 1 – 4 SIDE SEPARATION ; ; ; ;
1-2 Blndg to BFLY sd, L, cl R, sd L, tch R (*Sd R, cl L, sd R, cl L*) ; Releasing hnds sd R, cl L, sd R, tch L (*Sd R, cl L, sd R, tch L*) ;
3-4 Sd L, cl R, sd L, cl R (*Sd R, cl L, sd R, cl L*) ; Sd L, cl R, sd L, cl R (*Sd L, cl R, sd L, tch R*) jn R/R hnds ;
5 – 8 CIRCLE WALK RIGHT WITH REV UNDERARM TURN ; ; ; LINDY CATCH TO SEMI ; ;
5-6 Wheel ½ RF fwd L, R, L, R ; Cont. wheel ½ RF fwd L, R, L, R (*Trn LF R, L, R, L*) to BFLY WALL ;
7-8 Rk apt L, rec R, fwd L plc R hnd on W's R hip, fwd R trng RF sldg R hnd around W ; Fwd cont trn. Fwd to fc ptr jn ld hnds, sd L, cl R to SCP LOD (*Rk Bk R, rec L, fwd R, fwd L ; Bk R, bk L, sd R, cl L*) ;

PART B

- 1 – 4 CONGA BREAK 2 X ; ; CONGA WALKS FWD & BK ; ;
1-2 Fwd L, fwd R, swvlg RG (*W LF*) to fc ptr XLIF/cl R, swvlg LF (*W RF*) on R to SCP tap L heel fwd ;
Repeat meas. 1 ;
3-4 Fwd L (*W bk*), fwd R, fwd L, leaning upper body fwd (*W bk*) pt R bk ;
Bk R, bk L, bk R, leaning upper body bk (*W fwd*) pt L fwd ;
5 – 8 WRAP AROUND ; ; ; ;
1 Rk apt L, brng ld hnds btwn fcs rec R comm RF trn, fwd L trng RF, fwd R comp ½ RF trn end wrapped WALL (*rk apt R, rec L, sm fwd R, bk L*) ;
2 Wheel RF fwd L, fwd R, fwd L, fwd R comp 1 full revolution (*same as meas 3 part A except 1 full trn*)
3 Trng ¼ RF sm sd L, cl R, sd L, cl R raise L hnd ldg lady to unwrap and wrap into a hammerlock fcg RLOD (*Trng RF SIP R, SIP L with RF spin, trng RF SIP R, SIP L with RF spin end fcg DLC*) ;
4 Rk apt L, rec R comm ¼ RF, brng ld hnds up & over W's head sd L, cl R (*W trns LF ¾*) [M fcg COH] ;

INTERLUDE

- 1 – 2 BASIC ; ;
1-2 Sd L, cl R, sd L, cl R ;

PART C

- 1 – 4 OPEN BREAK TO MAN'S WRAP & UNWIND ; ; STOP & GO ; ;
1-2 Release trlg hnd rk apt L, rec R raising R hnd straight up, fwd L, comm RF trn sd & bk R to M's wrapped pos both fcg DLW lead hnds jnd at M's R hip free hnd extended sd (*Apt R, rec L, fwd R twd M's R sd, comm RF trn around M fwd L*) ; Cont. rotating RF bk L, XROB, comm unwind RF on R toe & L heel end wgt on R (*Cont RF trn around M fwd R, L, R, sd L fcg M & COH*) ;
3-4 Rk apt L, rec R, leading W to trn LF under jnd lead hnds fwd L, fwd R chkg W's L shldr with R hnd look at W (*Rk apt R, rec L, fwd R comm LF trn, chk bk L*) ; Rec L, bk R, sd L, cl R (*Rec R comm RF trn, bk L trng to fc ptr, sd R, cl L*) ;
5 – 8 ARM SLIDE TO CP ; ; MERENGUE WHISK ; GLIDE ;
5-6 Blend to both arms under W's & W's arms on M's shldrs sm apt L, R, L, R while W slides her hnds down M's arms to CP WALL ;
7-8 Repeat meas.3-4 of Intro ; ;

REPEAT PART A
REPEAT PART B
REPEAT INTERLUDE
REPEAT PART C

PART D

- 1 – 4 SNAKE ; ; ; NATURAL TOP FC COH* ;
1 M trns LF $\frac{3}{4}$ under jnd hnds L, R, L, R (*SIP R, L, trn 1/8 RF R, trn 1/8 RF L*) ;
[End sd-by-sd M fcg RLOD *2nd time LOD]
2 Raising ld hnds over W's head trn $\frac{1}{4}$ RF L, R, raising trlg hnds over W's head trn $\frac{1}{4}$ RF L, R, (*Trn RF $\frac{1}{4}$ in pl R, L, trn $\frac{1}{4}$ RF R, L end fcg RLOD * 2nd time LOD*) ; [End sd-by-sd M fcg LOD *2nd time RLOD]
3 Raising trlg hnds trn LF $\frac{3}{4}$ under jnd hnds in pl L, R, L, R (*Trn $\frac{1}{4}$ RF R, L, SIP R, L*) ;
[End BFLY WALL *2nd time COH]
4 Comm RF trn sd & fwd L to CP, cont RF trn XRIB, cont trn sd L, cl R (*Comm RF trn fwd R between M's ft, cont RF trn sd L, cont RF trn XRIF, sd L*) ; [CP COH *2nd time WALL]
5 – 8 SNAKE ; ; ; NATURAL TOP FC WALL ;
5-8 Repeat meas. 1 – 4 except end fcg WALL ; ; ;

REPEAT PART B

INTERLUDE 2

- 1 – 2 SIDE STAIR ; BASIC ;
1 Sd L, cl R, fwd L, cl L ;
2 Sd L, cl R, sd L, cl R ;

REPEAT PART C

ENDING

- 1 QUICK LEG CRAWL ;
1 Bk L bending knee slight LF twist leaving R leg extended (*Fwd R bending knee quickly draw L leg up along M's outer leg & thigh w/toe pointe do floor*)

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PHASE V + 1 MERENGUE
(SNAKE)

INTRO: CP WALL WAIT ; ;
MERENGUE WHISK ; GLIDE ;

A: SIDE SEPARATION ; ; ; ;
CIRCLE WALK RT WITH REV UNDERARM TURN ; ;
LINDY CATCH TO SEMI ; ;

B: CONGA BREAK 2 X ; ;
CONGA WALKS FWD & BK ; ;
WRAP AROUND ; ; ; ;

INT: BASIC ;

C: OPEN BREAK TO MAN'S WRAP & UNWIND ; ;
STOP & GO ; ; ARM SLIDE TO CP ; ;
MERENGUE WHISK ; GLIDE ;

A: SIDE SEPARATION ; ; ; ;
CIRCLE WALK RT WITH REV UNDERARM TURN ; ;
LINDY CATCH TO SEMI ; ;

B: CONGA BREAK 2 X ; ;
CONGA WALKS FWD & BK ; ;
WRAP AROUND ; ; ; ;

INT: BASIC ;

C: OPEN BREAK TO MAN'S WRAP & UNWIND ; ;
STOP & GO ; ; ARM SLIDE TO CP ; ;
MERENGUE WHISK ; GLIDE ;

D: SNAKE ; ; ; NATURAL TOP FC COH ;
SNAKE ; ; ; NATURAL TOP FC WALL ;

B: CONGA BREAK 2 X ; ;
CONGA WALKS FWD & BK ; ;
WRAP AROUND ; ; ; ;

INT: SIDE STAIR ; BASIC ;

C: OPEN BREAK TO MAN'S WRAP & UNWIND ; ;
STOP & GO ; ; ARM SLIDE TO CP ; ;
MERENGUE WHISK ; GLIDE ;

END: QUICK LEG CRAWL ;

DEBBIE & PAUL TAYLOR

CD: LATIN PARTY 2019 (REGGAETON, ELECTRO LATINO, MAMBO & MERENGUE) TRACK 16 OR
DOWNLOAD 3:06

"LIMPA BOOM (ORIGINAL MIX)"

(LocoDJ)

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