

YOU'LL BE IN MY HEART V

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RECORD: CD: The Most Beautiful Songs For Dancing – or download from Amazon or other sites
ARTIST: Vio Friedman SPEED: 44 RPM
FOOTWORK: Opposite Throughout Except Where Noted (*Lady*) ORIG. LENGTH: 3:43
PHASE: Phase V RHYTHM: Rumba
SEQUENCE: INTRO-A-B-A 9-16-B 1-8-C-B-END RELEASED: JUNE 2015

INTRODUCTION

1-2 CUDDLE POS M FCG WALL LEAD FOOT FREE FOR BOTH WAIT ; ;

1-2] Cuddle CP M fcg WALL ld ft free for both wait ; ;

3-4 CUDDLE TWICE ; ;

3] Sd L lowrng ld hnd & release tension in R arm trng uppr bdy RF to ld W to open, rec R ld W to fc, cl L, - ;
(Swvl ½ RF on L w/R sd stretch sd R to ½ OP, rec L w/L sd stretch comm LF trn, fwd & sd R trng to fc ptr, - ;)
4] Repeat meas. 3 starting with trlg ft end in CUDDLE CP WALL ;

PART A

1-4 ALEMANA TO A LARIAT ; ; ; TO LEFT HAND STAR ;

1] Fwd L, rec R, cl L ldg W to trn RF, - ; (Bk R, rec L, sd & fwd comm RF swvl, -)
2] With slight RF trn Bk R behnd body, rec L to fc ptr, sd R place R hnd on small of W's bck, - ;
(Cont RF trn undr jnd ld hnd fwd L, cont RF trn fwd R, Fwd & sd L to M's R sd, - ;)
3] Ldg W to circle RF hold ld hnd sm sd L, rec R, sip L, - ; (Circle M RF crv fwd R, fwd L, fwd R, - ;)
4] Cont ld W around sm sd R, rec L comm RF trn, sip R to L hnd star fcg RLOD, - ;
(Cont RF circle fwd L, fwd R to fc ptr, sd & bk L trng to fc LOD in L hnd star, - ;)

5-8 UMBRELLA TURN ; ; ; TO HANDSHAKE ;

5] Fwd L, rec R, bk L raising L hnd over W's head, - ; (Bk R, rec L, fwd R trn ½ LF, -)
6] Bk R, rec L, fwd R brng L hnd to star, - ; (Bk L, rec R trng RF, sd & bk L, -)
7] Fwd L, rec R, bk L raising L hnd over W's head, - ; (Bk R, rec L, fwd R trn ½ LF, -)
8] Bk R, rec L, fwd R trng LF to fc ptr & WALL join R hnd release L hnd, - ; (Bk L, rec R trng RF, sd L, -)

9-12 SHADOW BREAK TWICE ; ; TRADE PLACES TWICE TO HANDSHAKE ; ;

9] Swvl ¼ LF on R hold R hnd extend L arm out to sd bk L, rec R trng ¼ RF, sd L, - ;
(Swvl ¼ RF on L extend L arm behind ptr bk R, rec L trng ¼ LF, sd R, - ;)
10] Swvl ¼ RF on L extend L arm behind ptr bk R, rec L trng ¼ LF, sd R, - ;
(Swvl ¼ LF on R extend L arm out to sd bk L, rec R trng ¼ RF, sd L, - ;)
11] R hnd jnd rk apt L, rec R trng ¼ RF to fc RLOD beh W rel jnd R hnd, cont RF trn to fc ptr & COH sd & bk L, - ;
(Rk apt R, rec L trng ¼ LF to fc RLOD in front of M, cont LF trn to fc ptr & WALL sd & bk R) joining L hnd, - ;
12] L hnd jnd rk apt R, rec L rel jnd L hnd trng ¼ LF fc RLOD beh W, cont LF trn to fc ptr & WALL sd & bk R, - ;
(Rk apt L, rec R trng ¼ RF to fc RLOD in front of M, cont RF trn to fc ptr & COH sd & bk L) joining R hnd, - ;

13-16 OPEN BREAK TO A FULL NATURAL TOP ; ; ;

13] Rk apt L extending L (L) arm out & slightly up, rec R trng ¼ RF to CP, sd L (Fwd R), - ;
14] Comm RF trn XRIB, cont RF trn sd L, cont RF trn XRIB, - ; (Comm RF trn sd L, cont trn XRIF, cont trn sd L, - ;)
15] Cont RF trn sd L, cont RF trn XRIB, cont RF trn sd L, - ; (Cont RF trn XRIF, cont trn sd L, cont trn XRIF, - ;)
16] Cont RF trn XRIB, cont RF trn sd L, cl R, - ; (Cont RF trn sd L, cont trn XRIF, sd L, - ;)

PART B

1-3 CLOSED HIP TWIST TO A FAN ; ; START A HOCKEY STICK TO SHADOW WALL ;

1] Chk fwd L w/slight RF body trn & R sd stretch ldg W to op out, rec R w/slight R sd ld to ld W to cl, cl L ld W to swvl RF, - ; (Swvl ½ RF bk R, rec L swvl ½ LF, sm sd R swvl ¼ RF, - ;)
2] Bk R ld W fwd, rec L ld W to trn LF, sd R ld W to step bk, - ; (Fwd L comm LF trn, cont trn sd R, cont trn bk L, - ;)
3] Fwd L, rec R brng ld hnd up, cl L ld W to fc wall & release hnd, - ; (Cl R, fwd L, fwd R trng ¼ LF to fc wall, - ;)

4-7 SWEETHEART TWICE ; ; WHEEL 6 TO SHADOW WALL ;

4] Chk fwd R in frnt of L, rec L, sd R to L SHDW, - ; (Chk bk L behind R, rec R, sd L, - ;)
5] Chk fwd L in frnt of R, rec R, sd L to R SHDW, - ; (Chk bk R behind L, rec L, sd R, - ;)
6] Stay in R SHDW crv fwd R, L, R fc COH, - ; (Crv bk L, R, L, - ;)
7] Stay in R SHDW crv fwd L, R, L fc WALL, - ; (Crv bk R, L, R, - ;)

- 8-11 SWEETHEART LADY FACE TO HANDSHAKE ; ; OPEN HIP TWIST TO PARALLEL BREAKS ; ;**
 8] Chk fwd R in frnt of L, rec L, sd R Hndshk WALL, - ; (*Chk bk L behind R, rec R comm RF trn, fwd L trn ½ RF, - ;*)
 9] Chk fwd L, rec R, cl L ld W into ¼ RF swvl, - ; (*Bk R, rec L, fwd R w/tension in R arm swvl ¼ RF, - ;*)
 10] Bk R ld W in frnt, rec L comm ¼ LF trn, sd & fwd R comp ¼ LF trn fc LOD, - ;
 (*Fwd L, fwd R comm LF trn ½, sd & bk L comp trn to fc WALL, - ;*)
 11] Fwd L, fwd R comm LF trn ½, sd & bk Lcomp trn to fc WALL, - ;
 (*Bk R ld M across in frnt, rec L comm ¼ LF trn, sd & fwd R comp ¼ LF trn fc LOD, - ;*)
- 12-15 FAN ; START AN ALEMANA ; CHANGE TO AN AIDA ; SWITCH ROCK ;**
 12] Bk R, rec L ld W to trn LF, sm sd R ld W to step bk, - ; (*Fwd L comm LF trn, cont trn sd R, cont trn bk L, - ;*)
 13] Fwd L, rec R, cl L ldg W to trn RF, - ; (*Ci R, fwd L, fwd R swvl RF to fc ptr, - ;*)
 14] Trng LF thru R comm RF trn, sd L cont RF trn, cont trn bk R to V BK-TO-BK, - ;
 15] Trn LF to fc ptr sd L chkg brng jnd ld hnds thru, rec R, sd L, - ;
- 16-17 CRAB WALK ½ ; CUCARACH IN 4 TO HANDSHAKE ;**
 16] Xrif, sd L,Xrif, - ;
 17] Sd L w/partial weight, rec R, cl L, sip R change to R hnds jnd, - ;

REPEAT PART A 9-16

REPEAT PART B 1-8

PART C

- 1-4 FLIRT LADY TRANS TO VARSOUV ; ; PARALLEL CHASE ; ;**
 1] Fwd L, rec R, sd L, - ; (*Bk R, rec L, fwd R trng ½ LF to Vars, - ;*)
 2] Bk R, rec L, sd R, - ; (*Bk L, rec R, sd L in frnt of M to L Vars, cl R ;*)
 3-4] Sd L trng RF, rec fwd R trng RF, fwd L to L Vars, - ; Trng LF sd R, rec fwd L trng LF, fwd R to R Vars, - ;
- 5-8 LEFT FACE LARIAT LADY TRANS TO BFLY SCAR ; ; FWD LADY DEVELOPE ; BK FC TO CP ;**
 5] Cl L, sip R, sip L, - ; (*Crci CCW arnd M fwd L, R, L, - ;*)
 6] Sip R, L, R trng RF to fc BFLY SCAR DLW, - ; (*Cont CCW circle fwd R, L, R, L to fc ptr in BFLY SCAR ;*)
 7] Chk fwd L, - , - , - ; (*Bk R, -, bring L ft up R leg to insd of R knee, extend L ft fwd ;*)
 8] Bk R comm LF trn, cont LF trn sd L, cl R to CP WALL ;
- 9-12 CROSS BODY ; ; LATIN WHISK ; AIDA ;**
 9] Fwd L, rec R comm LF trn, cont LF trn sd L, - ; (*Bk R, rec L, fwd R, - ;*)
 10] Bk R cont LF trn, rec sm fwd L, sd & fwd R, - ; (*Fwd L comm LF trn, fwd R trng ½ LF, sd & bk L, - ;*)
 11] XLIB, rec R, sd L, - ;
 12] Trng to SCP thru R comm RF trn, sd L cont RF trn, bk R to "V" bk-to-bk pos, - ;
- 13-16 SWITCH CROSS ; SIDE WALK ½ TO CP ; CROSS BODY ; ;**
 13] Trng LF to fc ptr sd L chkg brng jnd hnds thru, rec R fcg ptr, XLIF in BFLY, - ;
 14] Sd R, cl L, sd R to CP, - ;
 15] Fwd L, rec R comm LF trn, cont ¼ LF trn sd L, - ; (*Bk R, rec L, sm fwd R to L-shaped pos, - ;*)
 16] Cont LF trn bk R, cont LF trn sm fwd L, sd & fwd R, - ; (*Fwd L comm LF trn, fwd R trng ½ LF, sd & bk L, - ;*)

REPEAT PART B

ENDING

- 1-4 FLIRT LADY TRANS TO VARSOUV ; ; PARALLEL CHASE ; ;**
 1-4] Repeat meas. 1-4 of Part C ; ; ; ;
- 5-6 UNDERARM TURN MAN IN 4 TO CP [WALL] ; DIP BK & LEG CRAWL [OPT KISS] ;**
 5] Fwd & sd L ldg W to trn RF under jnd L hnds trng to fc wall, rec R, cl L, sip R to CP WALL ;
 (*Sd L comm RF trn, cont RF trn fwd R to fc ptr, sd L to CP, - ;*)
 6] Bk L on bent knee keeping R leg extended w/slight LF twist, slight rise , slight rise, [opt kiss] - ;
 (*Fwd R, lift L leg up along M's outer thigh, cont leg lift, - ;*)