**Reiki Global Healing Body Prayer**

Created by Mary-Joy Neuru, Music by Emmalyn Moreno

**Research and Inception**

In 2014 while doing research on Quantum Healing for a discussion group, Spirit pushed me to create this body prayer. The prayer pulls energy directly from Source into the body and sends it out into the world.

Our body’s energy is electromagnetic and the planet is electromagnetic. Every thought, every spoken word and every action sends out electromagnetic waves that surround our bodies and the planet to feed many of the ideas we have about the workings of our specific society, including archetypes, business models, religious practices and so on.

We each have an amazing ability to use your own energy to comfort others with a hug or even a smile. Just think what we could do if we connect into our Reiki Source and allow the energy to go where it is needed most. By tapping into Source and directing this Body Prayer with intention for the highest and best outcome for all, we can magnify that intent and directly feed the planet’s energy field. This Prayer moves, builds and stores powerful, positive energy, making it available for all of humanity.

**There are 4 aspects to the body prayer:**

1) Breath – breathing together multiplies the unified field of energy to send out.

2) Heart Coherence (emotionally resonating together) - magnifies the intent generated.

3) Movement – motion locks the intent into our physical world, generating electromagnetic waves that others can feel and subconsciously apply.

4) Intent – Staying focused on the specific aspects of the process.

**References**:

Manifesto for the Noosphere by Jose Arguelles \*\*

Synchronicity: the Bridge between Mind and Matter by F.D. Peat\*\*

The Self Aware Universe by Amit Goswami\*\*

The Biology of Belief by Bruce H. Lipton, Ph.D.

The Heart-Mind Matrix by Joseph Chilton Pearce

The Noetic Universe by Dean Radin

Buddha’s Brain by Rick Hanson, Ph.D. with Richard Mendius, MD

**Resources:**

[www.HeartMath.org](http://www.HeartMath.org) The Institute of HeartMath is a [nonprofit](http://en.wikipedia.org/wiki/Nonprofit) [research](http://en.wikipedia.org/wiki/Research) and [education](http://en.wikipedia.org/wiki/Education) organization with its name HeartMath, engaged in developing tools to enhance overall health that revolves on the crucial link between emotions, brain functions and heart rhythms....

**GCI – Global Coherence Initiative**. Non-Profit Organization. A science-based, co-creative project to unite people in heart-focused care and intention, to facilitate the shift in global consciousness from instability and discord to balance, cooperation and enduring peace. <http://www.glcoherence.org>

**IONS – Institute of Noetic Sciences:** http://www.noetic.org/

In Loving Service,

Mary-Joy