

ABOUT

OUR MISSION IS TO HELP LGBT+ INDIVIDUALS, AND OUR ALLIES, LIVE A FULFILLING & MEANINGFUL LIFE BY PROVIDING ASSISTANCE, CONNECTING WITH RESOURCES & CREATING OPPORTUNITIES IN THE FOLLOWING AREAS: HEALTH, HOME, PURPOSE & COMMUNITY



WE NEED YOUR HELP!
DONATE TODAY
HELP US CREATE MORE FUN &
FULFILLING COMMUNITY EVENTS



321-396-2758



CONTACT@TRANSITIONALSACE.US

WWW.TRANSITIONALSACE.INFO



A PEER LED
RECOVERY &
SUPPORT
COMMUNITY FOR
LGBT+
INDIVIDUALS &
OUR ALLIES

WWW.TRANSITIONALSACE.INFO

WELCOME!



THIS FREE, ONE-DAY COMPETITION IS FOR SOFTBALL AND BASEBALL PLAYERS, AGES 7-14. IT'S THE PERFECT OPPORTUNITY FOR YOUR CHILD TO SHOWCASE THEIR SKILLS AND COMPETE AGAINST THEIR PEERS!

EVEN BETTER, WINNERS WILL ADVANCE THROUGH THE PROGRAM FOR A CHANCE TO EARN A WEEK-LONG, ALL-EXPENSES-PAID TRIP FOR THEM AND ONE GUARDIAN TO THE MLB ALL-STAR WEEKEND, WHERE THE JR. HOME RUN DERBY NATIONAL FINALS WILL TAKE PLACE AT T-MOBILE PARK IN SEATTLE, WA.

ATHLETES ARE TESTED AND SCORED IN THE PITCH, HIT, & RUN CATEGORIES AND/OR THE JR HRD, AND BASED ON THEIR SCORES, THEY CAN ADVANCE TO A TEAM CHAMPIONSHIP, WHICH ARE HELD IN MLB STADIUMS, AND THEN ON TO THE NATIONAL FINALS, TAKING PLACE DURING THE MLB WORLD SERIES.

9 - 9:45 REGISTRATION
PLEASE MAKE SURE YOUR ATHLETE HAS A SCORE CARD & HAS CHECKED IN

9:45 - 10:00 WELCOME
RULES & SAFETY MEETING FIRST PITCH
ANNA ESKAMANI

10:00 - 10:15
GROUP WARM-UP
DYNAMIC STRETCHING

10:15 - 10:45
RUN
MEASURING THE SPEED AN ATHLETE CAN RUN FROM HOME TO FIRST

10:45 - 11:30
PITCH
TESTS THE ACCURACY OF THE ATHLETES THROW

11:45 - 12:45
HIT
HIT THE BALL OFF A TEE AS FAR AS POSSIBLE

12:45 - 2:00
COMPLETION & CLEAN UP
REDO'S IF ANYONE WANTS TO GO AGAIN - PLEASE HELP US LEAVE THE FIELD AS CLEAN AS WE FOUND IT

SUBJECT TO CHANGE
TIMES ARE ESTIMATES - WE WILL WORK AHEAD IF POSSIBLE

SCHEDULE

RULES

RULE BOOK PDF AVAILABLE FOR DOWNLOAD AT
WWW.TRANSITIONALSACE.US/PHR

