



MeNU 1	Breakfast	Snack	Lunch	Vegetarian Option	Pudding	Tea
Monday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Apple, banana and Orange	Chicken tikka curry with rice Side of green beans <small>(Celery, Gluten)</small>	Lentil and vegetable curry with rice <small>(Gluten, Celery, seeds)</small>	Natural yoghurt & fresh blueberries <small>(Milk, may contain nuts)</small>	White and sweet potato wedges with dip Cherry Tomatoes <small>(Milk)</small>
Tuesday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Toasted crumpet with strawberries <small>(Milk, soya, gluten)</small>	Beef Mince Shepard's pie with Broccoli and carrots <small>(Gluten, Milk, Soya)</small>	Quorn mince Shepard's pie with Broccoli and carrots <small>(Gluten, Milk, Soya, Eggs)</small>	Fresh melon & vanilla ice cream <small>(Milk, may contain nuts/ peanuts)</small>	Tuna and cheese toasties Banana <small>(Fish, Soya, Gluten, Milk)</small>
Wednesday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Mango, kiwi and breadsticks <small>(Milk, soya, gluten, sesame)</small>	Homemade cheese and broccoli quiche with new potatoes and beans <small>(Eggs, Milk, Gluten)</small>		Reduced sugar sponge cake & custard <small>(Baby room strawberries and natural yogurt)</small> <small>(Eggs, Milk, Gluten, may contain nuts)</small>	Roasted Red pepper soup with bread Vegetable batons <small>(Celery, Gluten, Soya, milk)</small>
Thursday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Bagel and cream cheese	Chickpea and vegetable tagine with couscous <small>(Celery, Sulphur Dioxide)</small>		Fruit salad with Jelly	Scrambled egg on toast Pineapple sticks <small>(Eggs, Milk, Gluten)</small>
Friday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Vegetable baton with rice cake <small>(Milk, Sesame, Soya)</small>	Homemade salmon fish cakes with sweet potato wedges and peas <small>(Milk, Gluten, Eggs, Fish)</small>	Homemade vegetable cakes with sweet potato wedges and peas <small>(Milk, Gluten, Eggs)</small>	Melon and Strawberries	Pizza muffins Orange and Pear <small>(Milk, Gluten, Soya)</small>

Fresh drinking water is available all day.

Cow's Milk is available to drink at snack and teatime.

Alternatives are provided for children with allergies or dietary requirements.

Baby room menu is adaptable to children's weaning requirements.



MENU 2	Breakfast	Snack	Lunch	Vegetarian Option	Pudding	Tea
Monday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Wholemeal toast with sliced banana <small>(Gluten, Milk)</small>	Turkey mince Bolognaise with hidden carrots and celery Side of Broccoli <small>(Gluten, Celery)</small>	Quorn Bolognaise with hidden carrots and celery. Side of Broccoli <small>(Gluten, Eggs)</small>	Fruit salad with cream <small>(Milk)</small>	Leek and potato soup with whole meal bread <small>(Gluten, Celery, Soya)</small>
Tuesday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Rice cakes strawberries and orange <small>(Gluten)</small>	Lentil, spinach and butternut squash curry with rice and naan <small>(Gluten, Milk)</small>		Banana and custard <small>(Milk)</small>	Cheese and crackers, grapes and vegetable batons (baby room cheese finger sandwiches) <small>(Gluten, Soya, Milk)</small>
Wednesday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Bagel with cream cheese <small>(Gluten, Soya, Milk, may contain sesame)</small>	Chicken dinner with Mash, carrots, peas and cauliflower <small>(Gluten, Soya)</small>	Quorn dinner with Mash, carrots, peas and cauliflower <small>(Gluten, Eggs)</small>	Melon Fingers	Egg sandwiches Banana and apple <small>(Gluten, Eggs, Mustard, Soya)</small>
Thursday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Crumpet with butter <small>(Gluten)</small>	Tuna pasta bake with sweetcorn Green beans on the side <small>(Gluten, Milk, Fish)</small>	Vegetable pasta bake <small>(Gluten, Milk)</small>	Raspberries and rice pudding <small>(Milk)</small>	Pitta bread with homemade hummus dip Mango and Kiwi <small>(Gluten, Milk Sulphur dioxide)</small>
Friday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Banana, apple and orange	Pork casserole with mash <small>(Gluten)</small>	Vegetable casserole with mash <small>(Gluten)</small>	Pineapple and natural yoghurt <small>(Milk, may contain nuts)</small>	Banana bread Cucumber and cherry tomatoes <small>(Gluten, Milk)</small>

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MENU 3	Breakfast	Snack	Lunch	Vegetarian Option	Pudding	Tea
Monday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Breadsticks with pepper and carrot sticks <small>(Gluten, may contain milk, sesame, and soya)</small>	Chicken casserole with mashed potato <small>(Gluten, Soya, Celery)</small>	Vegetable casserole with meat free pieces and mashed potato <small>(Gluten, soya, Celery, eggs)</small>	Greek yoghurt with winterberry compote <small>(Milk, may contain nuts)</small>	Toasted tea cake with butter served with pear and orange slices <small>(Soya, Gluten, Milk)</small>
Tuesday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Kiwi, pears and banana	Mash topped cod pie with peas and carrots <small>(Gluten, fish, celery milk)</small>	Mash topped veg pie with peas and carrots <small>(Gluten, Milk, Celery)</small>	Blueberry muffin <small>(Gluten, eggs, Milk)</small>	Beans on toast Cucumber and cherry tomatoes <small>(Gluten, soya, Milk)</small>
Wednesday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Sliced grapes and banana	Lamb meatballs with pasta hidden veg and side of broccoli <small>(Gluten, Celery, Milk)</small>	Vegetable pasta <small>(Gluten, Celery, Milk)</small>	Fromage frais <small>(Milk)</small>	Bagels with cream cheese Melon slices <small>(Gluten, Milk, Soya. May contain sesame)</small>
Thursday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Apple, pear and rice cake	Mince and dumplings with swede carrots, mash, peas and sweetcorn <small>(Gluten, Soya)</small>	Quorn mince dumplings with swede, carrots, mash, peas and sweetcorn <small>(Gluten, Soya, Eggs)</small>	Mango and ice cream <small>(Milk, may contain nuts/peanuts)</small>	Red lentil soup with bread and butter <small>(Gluten, Celery, Milk, Soya)</small>
Friday	A selection of toast and cereals <small>(Gluten, Milk, soya)</small>	Crumpets with butter and strawberries <small>(Gluten, Milk, not suitable for soya allergy sufferers)</small>	Five bean Texas chilli with vegetables and white rice <small>(Gluten, Milk)</small>		Apple crumble with custard <small>(Gluten, Milk)</small>	Mackerel pasta and banana <small>(Fish, Gluten) n</small>

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