

Young People Using Abuse:

Information & Referral Criteria for Professionals

The Jenkins Centre Young People's Project provides services relating to Young People Using Abuse: Adolescent to Parent Violence (APV), Child on Parent Abuse (COPA) or Intimate Partner Violence (IPV).

Young Person's Project Eligibility and Suitability Criteria	
Leicester City: IPV & APV for 13 to 18 years	
Leicestershire County: COPA / APV: 10 to 16 (RYPP only) - County referrals from professionals only	
Exclusions:	Literacy & Comprehension: levels must be at minimum age of 12 years and no more than 2 years below their actual age.
	Where there is additional learning and physical disabilities that impact learning and comprehension and may contribute to the abusive behaviours, this programme will not meet the needs of the young person. (If there is ADHD / Autism, the RYPP may still be appropriate where the young person has appropriate literacy & comprehension levels; this will be advised following assessment).
	Where a young person is currently being assessed by CAHMS or paediatrics for a possible diagnosis, referrals will not be accepted.

Please read the information below carefully as the service offer across Leicester City and Leicestershire County does differ slightly. Contact the Jenkins Centre should you have any queries relating to possible referral.

Programme	Location	Age	Abuse Type	Intervention for
Respect Young People's Programme (RYPP)	Leicester City Leicestershire County	City: 13 to 18 County: 10 to 16	APV / COPA	Young Person & Parent / Carer
Respect Toolkit:	Leicester City	13 to 18	APV / IPV	Young Person Only
Bespoke Intervention	Leicester City	13 to 18	IPV APV	Young Person Only

Prior to being accepted on any intervention programme the Jenkins Centre Young People's Intervention Worker will complete a Suitability and Risk Assessment. This normally takes place over 2 sessions, although in some cases may require additional sessions.

Submitting Referrals & Advice Prior to Referrals			
The Referral form must be submitted electronically through the organisations email system via one of the email addresses below.			
Support in relation to completion of a referral can be accessed via the Jenkins Centre (0116 2540101) or the UAVA Business Line. Documents can be password protected. Passwords should be sent separately. Faxed referrals are not accepted.			
Standard Email*	Secure Email	UAVA Helpline	UAVA Professionals Advice Line
referrals@uava.org.uk	referrals@uava.org.uk.cjsm.net	08088 020 028	0116 255 0004

About the Programmes

1. Respect Young People's Programme (RYPP):

The RYPP is aimed at young people aged 10 to 16 who are displaying abusive behaviours towards a parent /carer and is designed to be delivered to **BOTH** young person and parent.

RYPP follows this 11 week structure:

- RYPP:
 - Initial Family Session (Parent & Young Person)
 - Followed by 2 Individual YP Sessions & 2 Individual Parent Sessions
 - Followed by Family Session
 - Followed 7 Individual YP Sessions & 5 Individual Parent Sessions

The intervention includes structured assessment and progress reviews.

The RYPP aims to help the family appreciate their relationships, recognising what each other is good at, developing mutual praise and viewing each other in a more positive way. This increases self-esteem, improves attachments, gives a sense of self-efficacy and enhances positive communication and praise giving. Sessions will identify the issues, help young people and carers reflect on these and work towards supporting a resolution for them.

The programme only works to its full potential if both young person and parent are committed and are willing to engage.

2. Respect Toolkit:

The Respect Toolkit is a comprehensive resource for the delivery of interventions using a range of therapeutic and practical tools to work with young people in relation to their abusive behaviours. The Respect Toolkit is normally delivered to young people in relation to IPV or APV where the young person's parent or carer is not accessing support via the Jenkins Centre. This normally takes place over 10 to 12 weeks. The Young People's Intervention worker will complete a comprehensive assessment and then develop an intervention plan based on the Toolkit.

The difference between the RYPP and the Respect Toolkit is that the RYPP is for 10 to 16 year olds and their parent; the Respect Toolkit is for 13 to 18 years olds accessing support individually.

3. Bespoke Intervention:

Where Young People are using IPV or APV, but the above programmes are not directly suitable the Young Person's Intervention Worker may design a bespoke intervention. This will only be agreed where there are other services actively supporting the young person.

Examples of where this may be appropriate are for young people involved with Youth Offending Service or a Looked After Child where the young person is currently engaged with interventions relating to those services or has historically completed similar interventions.

UAVA Sexual & Domestic Abuse Services:

The Jenkins Centre works as part of UAVA and the above programmes relate specifically to the Jenkins Centre Young People's Project. For Information on other UAVA services visit www.uava.org.uk