

# RETREAT FOR MOTHERS OF YOUNG CHILDREN

(MOTHERS OF INFANTS THROUGH ELEMENTARY)

**SATURDAY, APRIL 13, 2024**

**8:30AM - 3:00PM**  
*at St. Henry's Church*

**What is this retreat?** - a retreat for moms to encounter Christ more deeply and be reminded that her first identity is not as a mother but as a daughter. (This is not meant to be a deep theological retreat, but more of a day for mom's to have time to be alone with Jesus and connect with other women in the same stages of life.)

**Why come?** To be loved & honored as a daughter of God, and to have a morning/afternoon for time for silence, rest from the chaos of life and hopefully foster greater devotion to prayer and create new friendships.

\*There will also be door prizes, delicious food, and lots of coffee :)

**Who should come?** Moms of young children, anyone who has a child, infant through elementary age. (those who may have a harder time finding quality time for confession, prayer and fruitful conversation with other moms)

If anyone in the parish would like to help in any capacity, please call/text Lisa Hendrickx: 320-304-1975

**COST TO ATTEND IS \$30**

**\*SCHOLARSHIPS & CHILDCARE AVAILABLE**

*Nursing babies welcome to attend with mom*

**REGISTER BY APRIL 1ST AT**

**PARISHFAITH.COM OR AT ST. HENRY'S PARISH OFFICE**

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MOTHERS  
OF YOUNG CHILDREN  
(MOTHERS OF INFANTS THROUGH ELEMENTARY)

**APRIL 13TH, 2024**  
**8:30AM-3PM**  
at **ST. HENRY'S CHURCH**

- Retreat will begin in the Church with Mass starting at 8:30am  
*Breakfast and Lunch are included*

**Cost to attend:** \$30.00 - please make checks payable to St. Henry's Church

**What to Bring:**

- a journal & pen for note taking
- anything you'd like for quiet prayer time
- and of course, bring your mom friends! (Catholic or not)

**Please read:**

- Mothers with nursing babies under 1 year of age, please feel free to bring baby along with you!
- If you want to attend and cannot pay the registration fee, please mark yes below, we have financial aid available for anyone who would like to take advantage of it.
- Childcare is available for those who need it

**Additional Questions?**  
**Call or Text Lisa Hendrickx 320-304-1975**

First and Last Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

What Parish/Church do you attend \_\_\_\_\_

Any Dietary Restrictions or Allergies? \_\_\_\_\_

Are you in need of Financial Aid to attend the retreat?    YES    NO

Are you in need of childcare for your children?    YES    NO

If you need Childcare for the retreat, please list the names and ages of the children you will be bringing:

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**\*We can not offer a refund if you cancel after April 3, due to planning ahead for food, however you can transfer your registration to someone else if need be.**

**Please call or text Lisa at 320-304-1975 by April 10<sup>th</sup>, if your plans to attend change or your need for childcare changes.**