Social Media:

how to use word of mouse to grow a medical practice



Vandna Jerath, MD, FACOG April 27, 2011



Young Physicians | Clear Creek Valley Medical Society

www.optimawomenshealthcare.com www.drjerath.com

General Information



Vandna Jerath, MD, FACOG

- FACOG Board-Certified
- Private practice 12 years
- Previously in Westminster/Thornton
- Recently relocated to Parker Adventist Hospital
- Full-scope obstetrics & gynecology
- Enjoy education and community outreach
- Disclosure no affiliations
- Not a social media expert just decided to try it
 - Now active user and advocate
 - Now a local expert and resource
 - Presentation for DMS, PAH, SXSW
- www.drjerath.com



Optima Women's Healthcare

- Services
 - Low and high risk obstetrics
 - Minimally invasive gynecologic surgery
 - ❖ Novasure and Thermachoice Endometrial ablation
 - Essure sterilization
 - Family planning and infertility
 - Menopause and hormone replacement therapy
 - Bladder retraining and incontinence surgery
- Women's health resource/expert
- Female empowerment
- Spa-like setting
- Individualized, personalized, and compassionate care
- *www.optimawomenshealthcare.com



Overview



What is Social Media?

- A cocktail party or networking event
 - Microblogging or "small talk"
- Collaborative online networking and communication
- Starting a conversation
- Developing a relationship
- 60-90% people use internet for health related information
- Usage
 - Personal vs professional
- Here to stay
- Strong growth and future
- Time to get on board



Inspiration

- *"Profits are like oxygen. You need it to survive, but ultimately what matters is passion, growth, and a higher purpose." @zappos – CEO
- http://blogs.zappos.com/blogs/ceo-and-cooblog/2009/01/25/how-twitter-can-make-you-a-betterand-happier-person



Fast Growth

- To reach 50 million users
 - ❖ Radio 38 years
 - ❖TV 13 years
 - ❖Internet 4 years
 - ❖ Facebook less than 6 months



Hospital Usage

- 906 Hospitals total
- 448 YouTube Channels
- 719 Facebook pages
- ♦ 674 Twitter Accounts
- 439 LinkedIn Accounts
- 693 Four Square
- ❖106 Blogs
- 3,087 Hospital Social Networking Sites

Read more: http://ebennett.org/hsnl/#ixzz1E6x85pzd



Types of Social Media

- Facebook
 - 500 million users
- Twitter
 - 200 million users
- Linked In
 - 70 million users
- YouTube
 - 50 million users
- Four Square
- My Space
- Flickr
- Yelp
- Yammer
- Blog
 - 150 million blogs
- Website
- Medical
 - Sermo
 - Medpedia
 - PPT



Why Use Social Media?

My Top Ten Reasons

- Branding
- Marketing
- Patient and Self -Education
- Community Outreach
- Innovation
- Loyalty
- Growth
- Interest/Interaction/Engagement
- Networking/Messaging
- Direct Access



My Experience



My Usage

- Facebook
 - Business (Fan or Like) Pages
 - Facebook.com/drjerath
 - Facebook.com/optimawhc
- Twitter
 - Twitter.com/drjerath
 - Twitter.com/optimawhc
- YouTube
 - Videos
 - Youtube.com/doctorjerath
- Linked In
 - Linkedin.com/in/drjerath
- Blog
 - Drjerath.com
- Website
 - Optimawomenshealthcare.com
- Other
 - Sermo, Medpedia, PPT

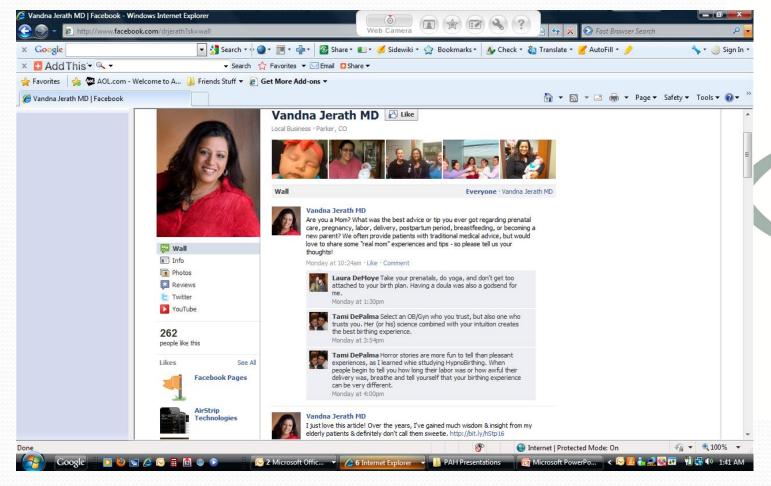


My Content

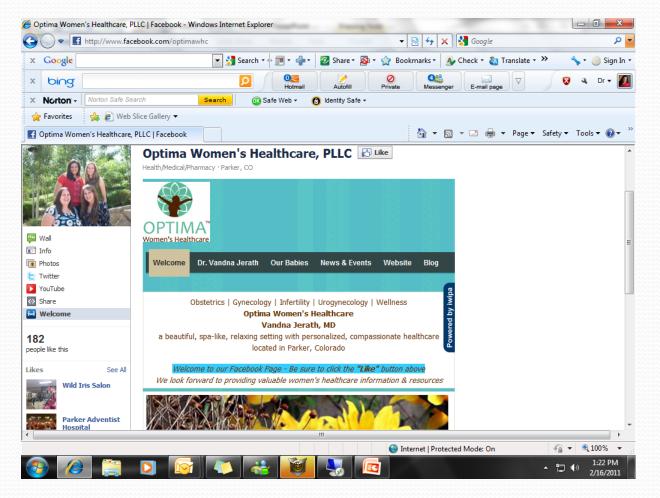
- * Women's health
- My ob/gyn practice
- Baby photos (with patient consent)
- Pregnancy tips
- Medical issue in the news
- General medicine
- Healthcare reform
- Trivia OptimaWHC Healthe-Challenge
- Sports
- Politics
- World news
- Fashion



Facebook.com/drjerath



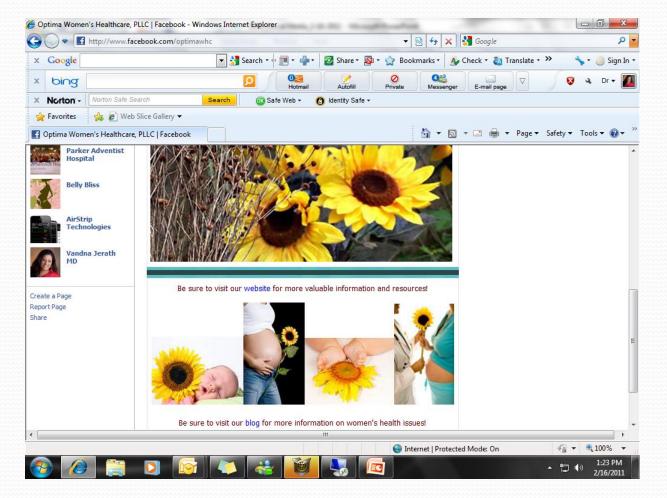
Facebook.com/optimawhc





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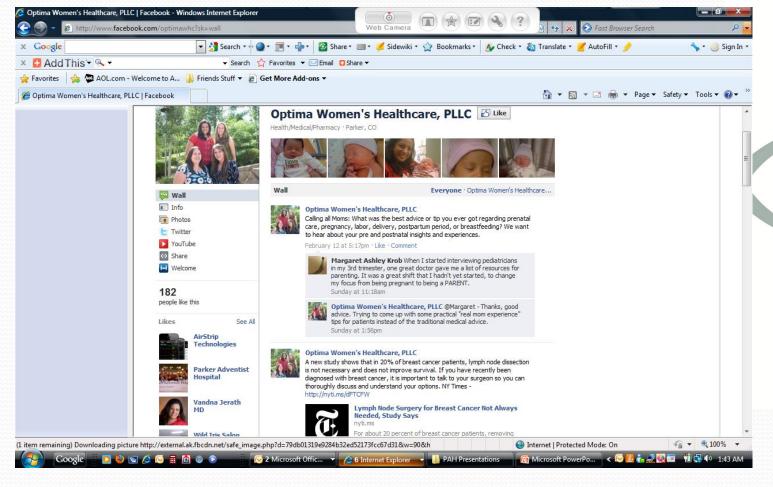
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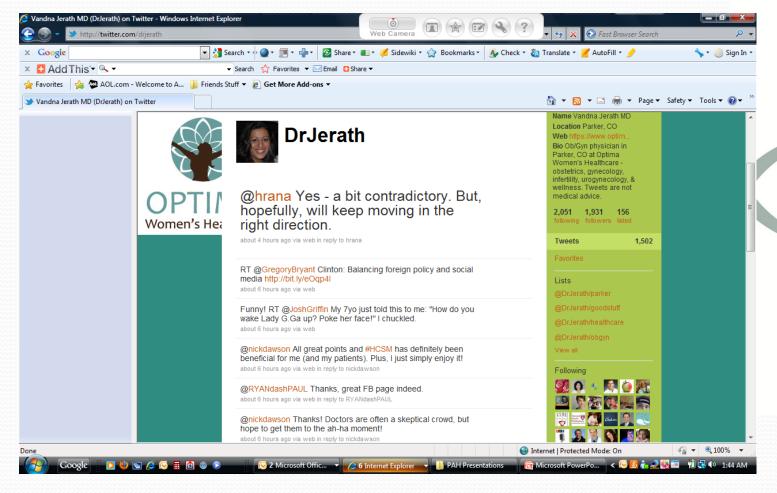
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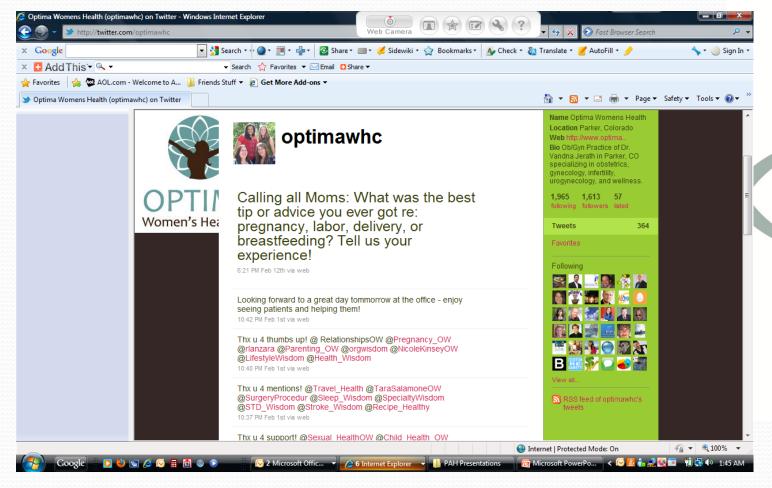




Twitter.com/drjerath

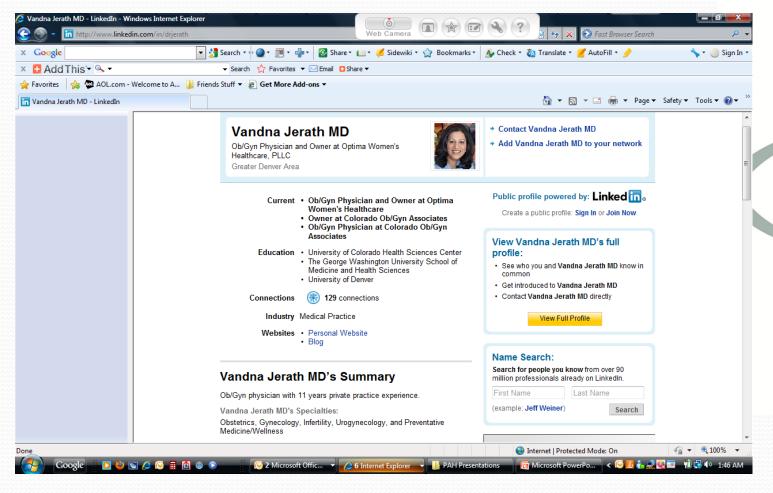


Twitter.com/optimawhc





Linkedin.com/in/drjerath



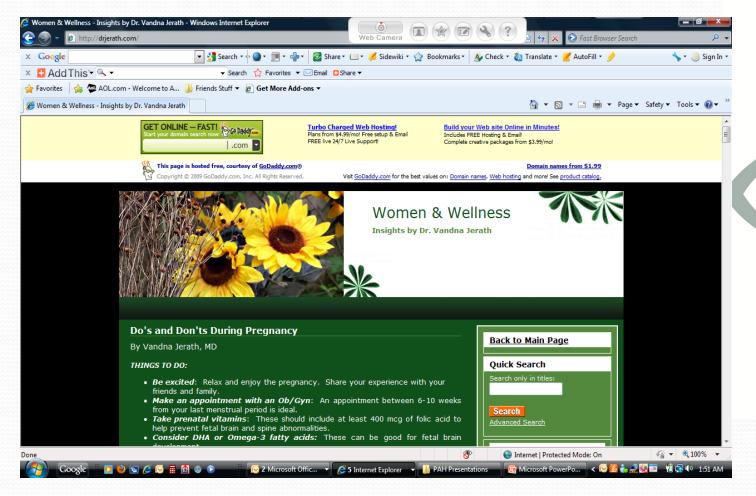


Youtube.com/doctorjerath



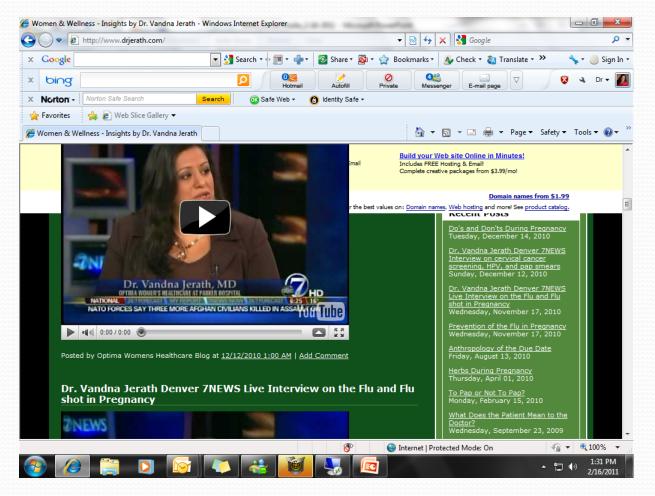


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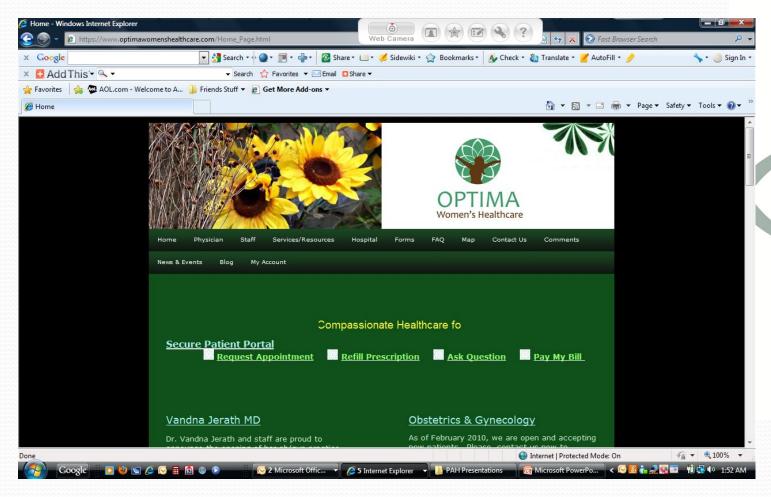


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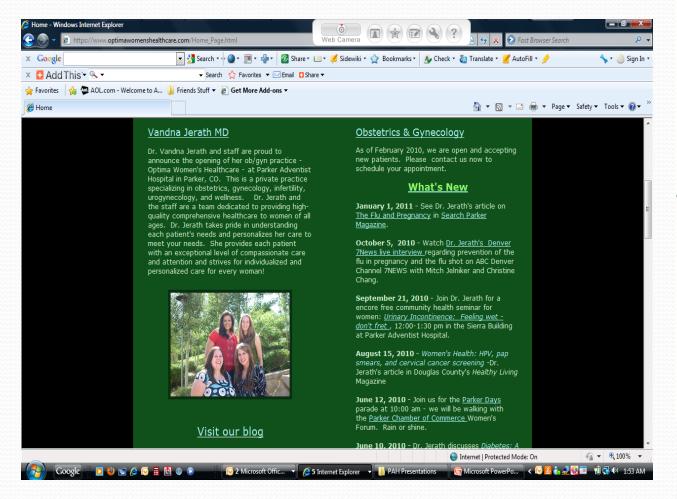




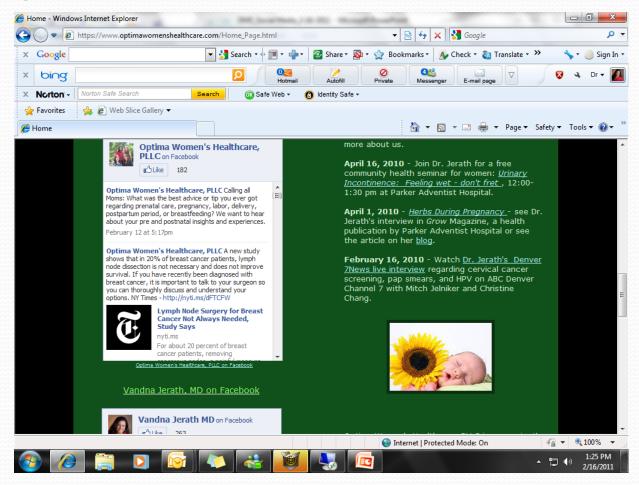
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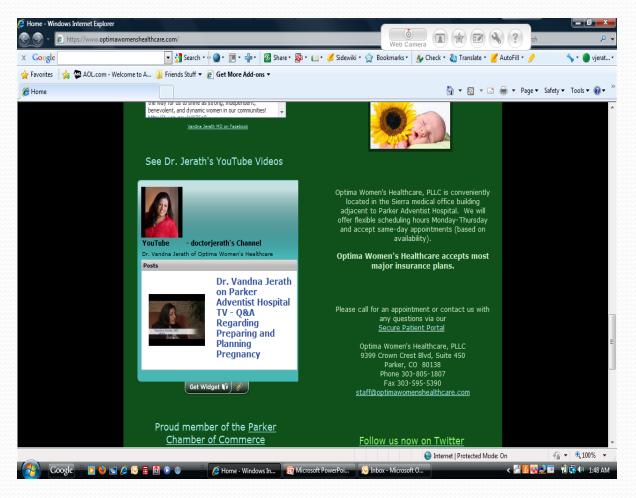




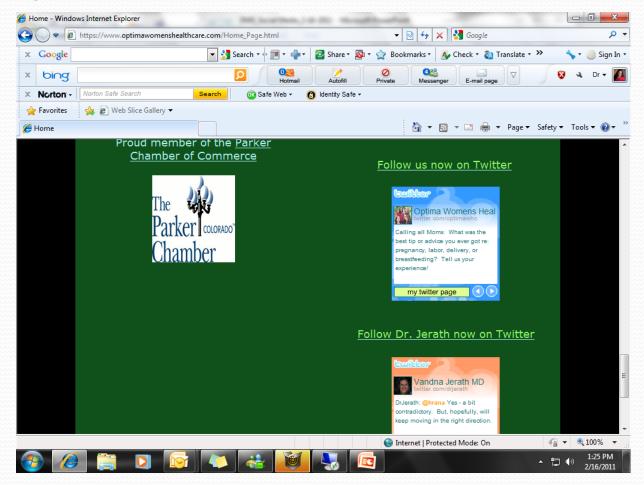














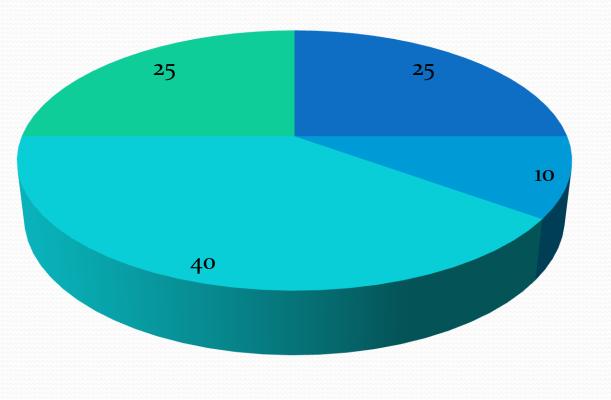
My Success

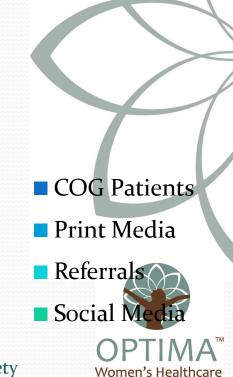
- One of the first physicians locally with extensive social media involvement
- New physician in new market/community
 - Marketing and growth opportunity
 - New patients
- Creating a brand and credibility
 - Develop and maintain loyalty
- Patient and community outreach and education
 - Ability to be a resource
- Patient interaction and word of mouse
 - Direct physician access
 - Positive image
- Increased online visibility
 - Higher SEO
- Network with other colleagues
- New opportunities
 - Considered a local "expert"
 - Writing articles, interviews, blogs, presentations
- Staff involvement
- FUN



Statistics







Your Concerns

- HIPAA compliance
- Patient interaction
- Patient consent
- Boundaries
- Medical Advice
- Ethical Standards
- Time consumption
- Management of social media
- Getting started



Getting Started



Getting Started

- Getting started
 - Challenging
 - Overwhelming
 - Can be done on your own
 - Inexpensive
 - Investment of time
- Use local resources
- DMS Social Media 101 workshop
- Professional internet, SEO, marketing companies
- Read blogs and advice on the internet
- Try it, experiment and learn
- Keep learning
- Work in progress
- ❖ Have fun it is NOT a chore



Simple Steps

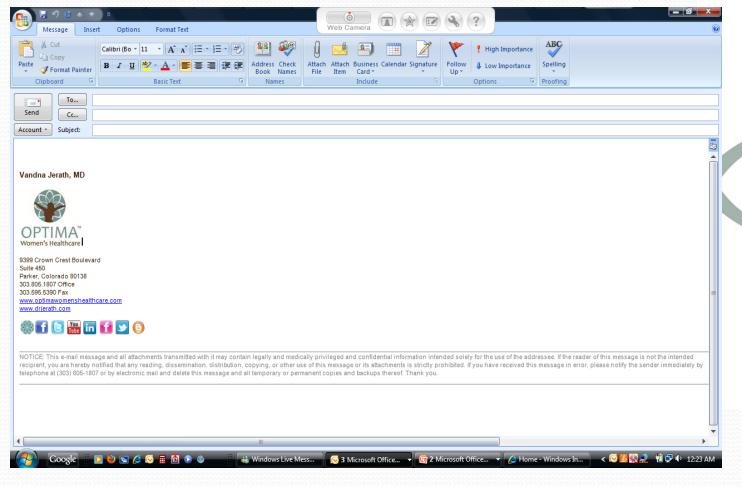
- Set-up Google alert
- Set-up Google analytics
- Set-up website
- Identify who can manage your social media
- Encourage the physicians to participate
- Start with a facebook practice page and tell your patients
- Expand from there
- Rotate content on your sites
- Engage your audience
- http://www.cdc.gov/healthcommunication/ToolsTemplates/SocialMediaToolkit_BM.pdf
- http://www.ama-assn.org/ama/pub/meeting/professionalisms social-media.shtml

Advertise your Social Media

- Marketing
- Tell patients
- Newsletters
- **Emails**
- Postcards
- Brochures
- Patient Portal
- Flyers
- Encourage participation



Email Signature





Future



What will we see in the future with social media?

- More physician involvement
- More hospital involvement
- More patient interaction and communication
- More collaborative networking
- * Telemedicine
- Medical and Healthcare Apps
- Direct healthcare and medical advice
- Medical news
- Medical surveys
- Medical marketing
- Referrals
- Emergency and Disaster Information
- http://philbaumann.com/2009/01/16/140-health-care-uses-for-twit

Resources



My Top Ten Tips

- *Be yourself and be personable
- Share, share, and share
- Keep professional and ethical boundaries
- Know why you are doing this and what your goals are
- Know your audience
- Engage your fans, patients, followers, supporters, & friends
- ❖ Be a resource, leader, and expert
- Listen, ask, acknowledge, and respond (don't be selfabsorbed) – keep learning
- Keep branding and marketing
- ALWAYS stay positive



My Favorites

- Smedio.com
- Socialmediaexaminer.com
- Healthissocial.com
- Business.twitter.com
- Chrisbrogan.com
- Problogger.com
- *Copyblogger.com
- Ebennett.org
- Mashable.com
- Kevinmd.com



Contact Information

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