

IUD removal

Your medical provider can remove your IUD at any time. You may consider removing it because:

- You're trying to get pregnant.
- You've had it for the maximum amount of time recommended, and it needs to be replaced.
- You're experiencing prolonged discomfort or other undesirable side effects.
- You no longer need this method of birth control.

For most women, the removal of an IUD is a simple procedure performed in a doctor's office. To remove the IUD, your medical provider will grasp the threads of the IUD with a small clamp. In most cases, the arms of the IUD will collapse, and the device will slide out.

If the IUD doesn't come out with a slight pull, your doctor will remove the device using another method. You may need a [hysteroscopy](#) to remove the IUD if it has attached to your uterine wall.