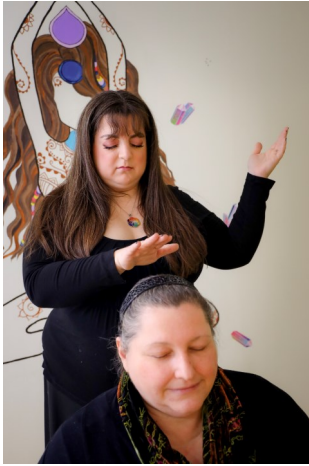


Maryalyce Merritt

Maryalyce is an Ordained Interfaith Minister and Reiki Master who has been teaching since 2009. She is naturally intuitive and clairsentient. Over the years, her journey has led her to learn and teach many different healing modalities. As she has done so, she has found that she is meant to offer this guidance and healing to others through readings, healing sessions, spiritual gatherings, and instruction. By using Energy Healing in conjunction with readings, she can provide enlightenment & guidance along your life's journey. She channels the gentle, healing energy of the Spirit Guides, Angels, and Deity to assist fellow travelers in uncovering blocks that need to be released so that true healing may begin. This guidance and realignment of energy helps her clients to be more in tune with their personal truths and life paths. As part of her healing ministry, Maryalyce offers all sessions for humans & animals. She also officiates weddings and other Rites of Passage.

Akasha's Journey is a healing & learning center, sacred space, & retail shop open to anyone seeking healing and guidance. We offer a number of healing modalities and we are constantly expanding these offerings through our own practice and by hosting guest practitioners. The space is warm and intimate, and is always a safe space for all who enter. Classes are offered in most of the healing modalities we offer so that our clients are empowered with being able to heal themselves and are offered in both group and individual settings. The shop carries hand chosen items which are aligned with healing and personal advancement, and we ship worldwide. All products made in house are done so in sacred space and blessed with healing vibrations for your journey.



Use your cell phone camera to take a picture of our QR codes and follow the links!



Book your next Appointment!



**Don't miss upcoming events!
Sign up for our mailing list.**

Akasha's Journey

Balance for Blessed Beings

Reiki Training



Learn the Healing Art of Usui Shiki Ryoho

Akasha's Journey

3066 NY-22

DoverPlains, NY 12522

(845) 244-0844

www.AkashasJourney.com

AkashasJourney@gmail.com

Learning Reiki at Akasha's Journey

Usui Shiki Ryoho (Reiki)

Reiki is Life-Changing! Reiki is a healing art which is meant to be passed from Reiki Master to student through a series of classes and attunements. Each stage is considered a different degree, and each degree is accompanied by attunements. Each attunement brings about new cleansing and helps us to deal with our karma and purpose. Reiki uses Qi (Life Force Energy) to facilitate healing on the physical, mental, emotional, and spiritual levels. This energy is also called Chi, Mana, Fluid of Life, or Holy Spirit, and is found in many spiritual teachings throughout the world. Reiki uses specific hand positions to direct this healing energy over and throughout the recipient's energy system.

To honor our Reiki lineage, our Masters, and our Students, we follow the tradition in which we were taught and offer weekly classes, spacing out the attunements and the material. This affords our students the opportunity to integrate the attunements into their lives and also provides the opportunity to learn all of the material and techniques which are presented. Our classes also include an Internship in Level 2 so that those students who are becoming practitioners have the opportunity to use this modality before they go work on the public.

We offer the three traditional Degrees as well as several continuing education classes as well as Reiki sharing circles.

Level 1 - 6 classes, 4 attunements.

Level 1 is all about self-knowledge and self-healing. Reiki will open you to infinite possibilities and help to clarify your life path. Learning Reiki is opening yourself to miracles in beautiful and profound ways so that healing may take place. Each attunement in Level 1 clears karmic pathways and introduces the students to this beautiful and powerful healing energy.

- ◆ **Class 1:** Reiki definition, history, and Lineage. The Physical Attunement.
- ◆ **Class 2:** The Gokai & Gokai Blessing. Reiju.
- ◆ **Class 3:** The Chakra System, Auras & Colors. The Emotional Attunement.
- ◆ **Class 4:** The Nature of Healing, Reiju.
- ◆ **Class 5:** Crystal Energy, The Rays & Psychic surgery. The Mental Attunement.
- ◆ **Class 6:** Hand Placements for Self treatment, Byosen scanning, The Spiritual Attunement.



Level 2 - 3 classes, 1 attunement, 6 week internship

Level 2 is all about learning how to give Reiki to others when they are present and also from a distance. Students learn about proper hand placement, energy field scanning, client intake, the importance of obtaining permission, and practitioner ethics. Students also partake in hands on training as they work on members of the community. This internship is an invaluable part of the learning process; allowing you to build confidence while developing and refining your technique. A Master teacher is always present.

- ◆ **Class 1:** Level 2 Attunement. Symbols are conferred. Hand placements for treating others when they are present
- ◆ **Class 2:** Distance healing for individuals.
- ◆ **Class 3:** Alternative techniques. Reiju.
- ◆ **Internship:** 6 week intuitive and skill development fulfilled through offering Reiki to the Community by donation.

Level 3 - 4 classes, 1 attunement.

Reiki Master Teacher Training. At this level, students are attuned with the Master Symbol, learn how to send Reiki to groups of people, and most importantly, they learn how to attune others and teach according to our lineage.

- ◆ **Class 1:** Reiki Master Symbol, Water Ceremony.
- ◆ **Class 2:** Distance Healing for multiple recipients, Om Symbol.
- ◆ **Class 3:** The Reiki Master Teacher Manual
- ◆ **Class 4:** How to teach and attune others.