



The Optimist Creed

PROMISE YOURSELF

TO BE SO STRONG THAT NOTHING CAN DISTURB YOUR PEACE OF MIND.

TO TALK HEALTH, HAPPINESS AND PROSPERITY TO EVERY PERSON YOU MEET.

TO MAKE ALL YOUR FRIENDS FEEL THAT THERE IS SOMETHING IN THEM.

**TO LOOK AT THE SUNNY SIDE OF EVERYTHING AND MAKE YOUR
OPTIMISM COME TRUE.**

**TO THINK ONLY OF THE BEST. TO WORK ONLY FOR THE BEST. AND TO
EXPECT ONLY THE BEST.**

**TO BE JUST AS ENTHUSIASTIC ABOUT THE SUCCESS OF OTHERS AS YOU ARE
ABOUT YOUR OWN.**

**TO FORGET THE MISTAKES OF THE PAST AND PRESS ON TO THE GREATER
ACHIEVEMENTS OF THE FUTURE.**

**TO WEAR A CHEERFUL COUNTENANCE AT ALL TIMES AND GIVE EVERY
LIVING CREATURE YOU MEET A SMILE.**

**TO GIVE SO MUCH TIME TO THE IMPROVEMENT OF YOURSELF THAT YOU
HAVE NO TIME TO CRITICIZE OTHERS.**

**TO BE TOO LARGE FOR WORRY. TOO NOBLE FOR ANGER. TOO STRONG
FOR FEAR. AND TOO HAPPY TO PERMIT THE PRESENCE OF TROUBLE.**