



## Weekly Announcements

Sunday, March 17, 2024

### Sunday Morning Meditation

Sundays, 9:00–9:45 am, in-person

Meditation is offered on Sunday mornings from 9:00am to 9:45 am. We meet in the parlor, and when weather permits, we meet outside in the garden. We begin with a poem by Thich Nhat Hahn to center our intentions, followed by a walking meditation, then silent meditation, and ending with sharing our thoughts and insights. Feel free to contact Marie-Louise at 857-526-2579 or [marieljm1961@yahoo.com](mailto:marieljm1961@yahoo.com).

Worship Service

### “Learning from Butterflies”

Rev. Rebecca Froom and Albert Vaughn

Sunday, March 17, 10:30 am, in-person and livestream

In this multigenerational service we turn our attention to butterflies. Long honored as a symbol for transformation and change. In our changing times butterflies face increasing habitat destruction. How can we use the wisdom of butterflies to help care for and transform our world?

Join by computer: <https://us02web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

### Spirit Circle

Sunday, March 17, 10:30 am, in-person

There will be no Spirit Circle classroom this week. All ages are invited to the multigenerational worship service at 10:30 am and will remain in the sanctuary for the entire service. Rev. Rebecca Froom will be leading worship with assistance from RE committee member Albert Vaughn. Children are asked to sit with their families during the entire service and Child Carer Alex or Leila Schaareman will be available in the sanctuary during the service to assist young children if they would like to draw or use the busy bags.

**Youth Group** on March 17<sup>th</sup> from 12:00-1:30 pm has a community service project. The group will be preparing sandwiches for Father Bill's in Quincy, which is an organization with the primary goal of ending homelessness. Following worship, the youth group members will meet with advisors Peter Kovach and Marie- Louise Jackson-Miller in the dining hall in the lower level to prepare sandwiches and snacks. Peter will be delivering the sandwiches to Father Bill's after the meeting.

**Hindu Community Visit** on Saturday April 6<sup>th</sup> from 12:00-2:00 pm. Please mark your calendars. Look for notices and specifics on this multigenerational field trip as we are invited guests to experience the celebration of Holi. Holi is a cultural celebration originating in India, and it ushers in the arrival of spring. The festival usually happens in March and is particularly popular in northern/western parts of India. More information in the upcoming weeks.

**Adult Education** on April 7<sup>th</sup> from 1:00-3:00 pm. Mark your calendar for our first caricature art workshop led by our art instructor, Max Olsen, who is currently in the MassArt master's program with a concentration on Art Education. If you would like to sign up please contact Nan Moore, [nanmoore5@gmail.com](mailto:nanmoore5@gmail.com). Space is limited and there are 6 spots left.

## **Earth Hour**

Saturday, March 23, 8:30–9:30 pm, at home

The Social Justice Action Committee recommends you consider observing Earth Hour. Earth Hour is an international effort sponsored by the World Wildlife Fund to pay attention to Planet Earth by shutting off all our electrical devices. Some whole towns have shut off their lights. Locally, it will be observed on Saturday, March 23 from 8:30-9:30 pm EST. That is an awkward time to organize any sort of Action: however, it is a great opportunity to power down and just be quiet and present with yourself, friends and/or family. For more details visit: <https://www.earthhour.org/>.

## **Trivia Hour Stewardship Lunch**

Sunday, March 24, 12:00–1:00 pm, in-person

Your ministers and Stewardship Committee invite you to a special “Trivia Hour” and potluck lunch following the service on March 24th. Inspired by our pledge drive theme “Everything Possible: Funding the Future of our Faith,” our trivia questions will be connected to Unitarian Universalism and UFPC. Topics will range from famous UUs to UUism in pop culture, from social justice movements in our history, to emerging trends in Unitarian Universalism, and everything in between! We’ll be grouping folks into teams, and by the end of the hour we’ll all learn more about one another, as well as UUism.

## **Book Group**

Thursday, April 4, 7:00 pm, on Zoom

The UFPC Book Group meets on the first Thursday of every month from 7:00 to 8:30 pm, with a gap in summer and in December. All members and friends of UFPC are welcome to join us. We meet on Zoom. We try to select a balance of styles. You can come even if you have not finished the book.

The book this month is Apeirogon by Colum McCann. An epic novel rooted in the unlikely real-life friendship between two fathers—one Palestinian, one Israeli, both connected by grief and working together for peace. They inhabit a world of conflict that colors every aspect of their lives, from the roads they are allowed to drive on to the schools their children attend to the checkpoints, both physical and emotional, they must negotiate. Both men have lost children to the violence. They recognize the loss that connects them. Together they attempt to use their grief as a weapon for peace.

Join by computer: <https://us02web.zoom.us/j/89427298331>

Join by telephone: 1-646-558-8656, Meeting ID: 894 2729 8331

## **Writing Group**

Sunday, April 7, 12:00 pm, in-person

Our UFPC Writing Group is meeting again this year. We meet the first Sunday of the month in-person in the parlor at 12:00 pm. There are no meetings in January or June. As in past years, we welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive gathering. You can attend one or more sessions. No advance reservation is required. Groups tend to vary in size between 6 and 14 participants, and the session lasts for forty-five minutes to one hour. Contact facilitator Jim Petosa at [jimjamespeto@aol.com](mailto:jimjamespeto@aol.com) or 301-442-3781.

## **Kindred Spirits Discussion Group for Seniors**

Friday, April 19, 10:00–11:30 am, in-person

Join us for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. This group is open to seniors aged 60+ and will meet on the third Friday of the month at

our church in the parish hall. Coffee and tea are provided. Please contact Rev. Rebecca Froom with any questions at [rev.rebecca.froom@gmail.com](mailto:rev.rebecca.froom@gmail.com) or 617-803-1159. If you need to enter the building via the handicapped accessible entrance, please contact David Bousquin at 617-842-1706.

### **Plant Based Potluck Dinner**

Saturday, April 20, 6:00–8:00 pm, in-person

The Social Justice Action Committee will coordinate with the Congregational Life Committee to host a Plant Based Potluck Dinner on Saturday, April 20 from 6:00-8:00 pm. We will have a speaker, Sara Sezun, who is the Chair of the Sierra Club's sub-committee on Plant-based Diets. Sara is a friend of Standout Quincy for Black Lives, who used to join us monthly and came to Quincy from Somerville. If you have a favorite dish, please prepare it and bring copies of the recipe to share.

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Office Hours: Monday, Tuesday, Thursday and Friday 8:00 am–1:00 pm or by appointment