



Weekly Announcements

Sunday, March 24, 2024

Sunday Morning Meditation

Sundays, 9:00–9:45 am, in-person

Meditation is offered on Sunday mornings from 9:00am to 9:45 am. We meet in the parlor, and when weather permits, we meet outside in the garden. We begin with a poem by Thich Nhat Hahn to center our intentions, followed by a walking meditation, then silent meditation, and ending with sharing our thoughts and insights. Feel free to contact Marie-Louise at 857-526-2579 or marieljm1961@yahoo.com.

Worship Service

“Naming Trans-Formation”

McKayla Hoffman and Rev. Rebecca Froom

Sunday, March 24, 10:30 am, in-person and livestream

Our country’s notions of self-acceptance and love are being both challenged and broadened in 2024. And, the transgender community continues to be examples for all in embodying authenticity against increasing odds. Join us for a joyful service ahead of Transgender Day of Visibility to uplift authenticity as a birthright for all. Together, we will celebrate experiences of “naming” authenticity with ritual and witness.

Join by computer: <https://us02web.zoom.us/j/82251479714>

Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

Spirit Circle

Sunday, March 24, 10:30 am, in-person

This Sunday, there will be an art project with Spirit Circle instructor Max Olson. Max will be making maracas with the children. The Religious Education helper will be Marie-Louise Jackson-Miller.

Trivia Hour and Potluck Lunch

Sunday, March 24, 12:00–1:00 pm, in-person

Your ministers and the Stewardship Committee invite you to a special “Trivia Hour” and potluck lunch following the service on March 24th. Inspired by our pledge drive theme “Everything Possible: Funding the Future of our Faith,” our trivia questions will be connected to Unitarian Universalism and UFPC. Topics will range from famous UUs to UUism in pop culture, from social justice movements in our history, to emerging trends in Unitarian Universalism, and everything in between! We’ll be grouping folks into teams, and by the end of the hour we’ll all learn more about one another, as well as UUism.

Worship Service

“Easter Morning”

Rev. Rebecca Froom

Sunday, March 31, 10:30 am, in-person and livestream

This morning, we gather to reflect on the messages Easter holds for us this year. Our service includes music from our UFPC choir, David Rufino on French Horn, and our Music Director Norman Corey.

Join by computer: <https://us02web.zoom.us/j/82251479714>
Join by telephone: 1-646-558-8656, Meeting ID: 822 5147 9714

Membership at United First Parish Church

In April, we will hold our annual New Member Recognition Ceremony, as we welcome new voting members into the congregation. If you have been coming to worship or other programs at United First Parish Church for a few months, or a few years, and are ready to deepen your commitment, please reach out to Rev. Rebecca to discuss becoming a member at UFPC. You can reach Rev. Rebecca at rev.rebecca.froom@gmail.com.

Book Group

Thursday, April 4, 7:00 pm, on Zoom

The UFPC Book Group meets on the first Thursday of every month from 7:00 to 8:30 pm, with a gap in summer and in December. All members and friends of UFPC are welcome to join us. We meet on Zoom. We try to select a balance of styles. You can come even if you have not finished the book.

The book this month is Apeirogon by Colum McCann. An epic novel rooted in the unlikely real-life friendship between two fathers—one Palestinian, one Israeli, both connected by grief and working together for peace. They inhabit a world of conflict that colors every aspect of their lives, from the roads they are allowed to drive on to the schools their children attend to the checkpoints, both physical and emotional, they must negotiate. Both men have lost children to the violence. They recognize the loss that connects them. Together they attempt to use their grief as a weapon for peace.

Join by computer: <https://us02web.zoom.us/j/89427298331>
Join by telephone: 1-646-558-8656, Meeting ID: 894 2729 8331

Writing Group

Sunday, April 7, 12:00 pm, in-person

Our UFPC Writing Group is meeting again this year. We meet the first Sunday of the month in-person in the parlor at 12:00 pm. There are no meetings in January or June. As in past years, we welcome everyone to join us in a free writing session and optional sharing of our words that pursue thinking on a theme. This is a non-critiqued, open minded, generous group that encourages self-expression in a supportive gathering. You can attend one or more sessions. No advance reservation is required. Groups tend to vary in size between 6 and 14 participants, and the session lasts for forty-five minutes to one hour. Contact facilitator Jim Petosa at jimjamespeto@aol.com or 301-442-3781.

Kindred Spirits Discussion Group for Seniors

Friday, April 19, 10:00–11:30 am, in-person

Join us for a monthly discussion group, grounded in our UU values, where we reflect on current events and pressing social issues. This group is open to seniors aged 60+ and will meet on the third Friday of the month at our church in the parish hall. Coffee and tea are provided. Please contact Rev. Rebecca Froom with any questions at rev.rebecca.froom@gmail.com or 617-803-1159. If you need to enter the building via the handicapped accessible entrance, please contact David Bousquin at 617-842-1706.

Plant Based Potluck Dinner

Saturday, April 20, 6:00–8:00 pm, in-person

The Social Justice Action Committee will coordinate with the Congregational Life Committee to host a Plant Based Potluck Dinner on Saturday, April 20 from 6:00-8:00 pm. We will have a speaker, Sara Sezun, who is the Chair of the Sierra Club's sub-committee on Plant-based Diets. Sara is a friend of Standout Quincy for Black

Lives, who used to join us monthly and came to Quincy from Somerville. If you have a favorite dish, please prepare it and bring copies of the recipe to share.

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Office Hours: Monday, Tuesday, Thursday and Friday 8:00 am–1:00 pm or by appointment