

Replacing 10% of your dog's kibble with the following toppers can be beneficial by providing powerful healing nutrients only found in fresh, whole foods.



Fresh animal proteins are nutrient dense and can contribute to more bio available sources of amino acids (the building blocks of cell repair and regeneration) and vitamins (catalysts in almost all enzyme reactions in the body). Antioxidants, polyphenols, flavonoids and other phytonutrients can best be found in fresh fruit and veg, and are key players in fighting oxidative damage and inflammation.

If you opt to feed your dog a kibble diet due to health reasons, lifestyle, convenience or budget constraints here are some great ways to ensure your dog is getting the best that you can provide.

10% of the calories your dog consumes can be replaced by fresh whole foods that will still allow for a nutritionally balanced diet.





1

Replace 15 % of the kibble calories with healthy nutrient dense fresh whole foods



2

Add fresh meat

- low temp gentle cooked
- no skin fat or bones
- no seasonings
- no frying, bbq or broiling



3

Add antioxidants

- blueberries
- raspberries
- strawberries
- fresh, raw finely chopped or mashed



4

Add natural probiotics

- unsweetened goat or cow kefir
- plain Greek yogurt
- no sugars added



5

Add vitamin rich vegetables

- must be cooked
- finely chopped or mashed
- dark leafy and bright veg
- free the rainbow



THE KIBBLE COACH

WHAT'S IN YOUR DOG'S FOOD?



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