

HEALTHY DOG TREAT CHECKLIST

Shopping for dog treats?

Take this handy checklist with you to help you choose and what to avoid



Named Proteins

i.e. Chicken, Duck, Lamb, Beef etc



Grain Free

Kibble fed dogs consume high levels of carbohydrates.
Limit additional carbohydrates in snacks containing grains.



Natural Preservatives

Rosemary and Marigold Extract, Vitamin E (alpha-tocopherols),
Vitamin C (ascorbic acid).



Form

Dehydrated, air dried, freeze dried, raw, single
meat/organ/vegetable/fruit ingredients or balanced meals.
***liver bites should be limited as high levels of vitamin A, D may be
present, particularly for raw fed dogs with liver already introduced
in their diet.*



Amount

Calories matter! Feed no more than 10% of your dog's daily
calories in the form of treats



Ingredient source

Traceable, local, made in Canada with Canadian Ingredients

LIMIT / ELIMINATE THE FOLLOWING

X **Preservatives**

BHA, BHT, ethoxyquin, nitrates, propyl gallate, sodium hexametaphosphate, sodium tripolyphosphate (STPP)

X **Digests/Flavour Enhancers/MSG**

Hydrolyzed protein, protein isolate, texturized protein, natural flavours (like chicken flavour) autolyzed yeast, hydrolyzed yeast, yeast extract, soy extract concentrate, sodium caseinate, calcium caseinate, monopotassium, glutamate, glutamic acid, disodium inosinate or guanylate

X **Sugars**

Xylitol aka Birch Sugar (Deadly Toxic) sugar alcohols (sorbitol, maltitol.) corn syrup, glucose-fructose)

X **Food Dyes/Colour Enhancers**

Iron Oxide, Tartrazine (yellow5), Sunset Yellow, Allura Red (red 40), Nitrates

X **Meats/Proteins**

"Meat" Meals, Melamine

X **Emulsifiers/Thickening Agents**

Gums (carrageenan, guar, Arabic, Carboxyl methylcellulose, Locust Bean Gum)

X **Fats**

Rendered Fats, Propylene Glycol, Vegetable Oil, Soybean Oil, Canola Oil, Corn Oil

X **Fillers/Texturizes**

Powdered cellulose

X **Grains**

Wheat, Soy, Corn. Choose organic and non-GMO for all other grains.
Limit particularly for kibble fed dogs

X **Ingredient Source**

Untraceable, unidentified source/manufactur

