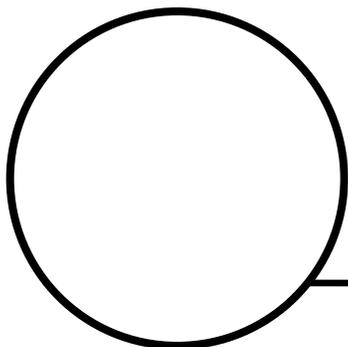


CHOICE THEORY ACTIVITIES: Stepping It Up to Reach My Quality World



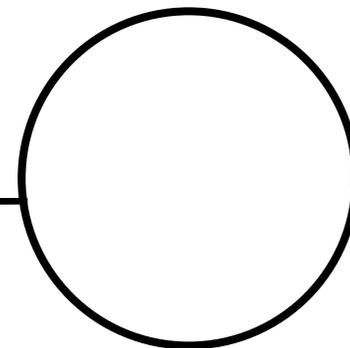
What steps can I **CHOOSE** to **DO** to get what I **WANT**?

What do I **HAVE**?
(Reality)



- What obstacles keep me from what I want?
- Is what I want attainable?

What do I **WANT**?
(Quality World)



	Steps I can take/Choices I can make	Obstacles to negotiate:
Step 1:		
Step 2:		
Step 3:		
Step 4:		
Step 5:		
Step 6:		