## **MANICURES & PEDICURES**

Geleration	
File & Polish - Hands	£32
File & Polish - Toes	£32
Manicure	£42
Pedicure	£49
Removal (when reapp	blied) £7
Removal & tidy	£18
Jessica	
<b>Jessica</b> File & Polish - Hands	£24
	£24 £24
File & Polish - Hands	£24
File & Polish - Hands File & Polish - Toes	£24
File & Polish - Hands File & Polish - Toes Little Pamper (under	f24 12) £18
File & Polish - Hands File & Polish - Toes Little Pamper (under Manicure	£24 12) £18 £38

£48

## **EYELASH & BROW TINTS**

Deluxe Pedicure

E l l.		C10
Eyelash		£18
Eyebrow		£11
Eyebrow tint & sh	nape	£21
Eyelash & brow		£25
Eyelash & brow 8	k shape	£35
Men's eyebrow ti	dy	£13

# LVL LASH LIFTING TREATMENT

This treatment combines both an eye lash perm and an eye lash tint treatment that straightens them from the root, which rather than straightening gives them that super curled look. £50

A skin test is needed 48 hours prior to each service.

## **MICRO-NEEDLING**

Price on application. Please contact us for further details.

## **MAVEX CALLUS PEELING**

A foot treatment that removes callouses and hard skin around the feet.

Stand-alone treatment	£28
Add-on to pedicure	£20

## WAXING

Chin	£11
Eye-brow tidy	£13
Forearm	£20
Full leg	£32
Full leg, bikini, underarr	m £47
Half leg	£24
Half leg, bikini, underar	m £38
Nose	£15
Underarm	£13
Upper lip & chin	£20
Upper lip	£11
Intimate Waxing	
Brazilian/Hollywood	£37
High Bikini	£22
Bikini	£16

# Men's Waxing

Back	£35
Chest	£30

## Mii MINERAL SPRAY-TANNING

'Kissed by Mii' offers a flawless, conditioning tan. For best results prepare your skin prior to your session by exfoliating and avoid using deodorants or moisturisers. Please wear loose baggy clothing. £34



### **ESPA FACIALS**

#### Natural Face Lift

Ancient Kobido-inspired massage techniques are used to increase energy flow, whilst cleansing the lymphatic system. Restoring skin's radiance and creating a natural 'facelift' effect. 80 mins £85

#### **Active Nutrients**

Reveal your skin's true potential with this expertly tailored facial. It is designed to rebalance, hydrate and revitalise. This facial revives and brightens the complexion, helps protect against environmental damage and delay the early, invisible signs of ageing. For all skin types and all ages. 60 mins £62

### **Inner Beauty**

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your skin's precise needs, Tri-Active formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored. 60 mins £62

#### Eye Revive

Revitalise, brighten, and refresh tired eyes. Innovative massage, inspired by lymphatic drainage techniques helps reduce dark circles, fine lines, and smooth the eye contour. 45 mins £40

### **BODY TREATMENTS**

васк, насе & эсагр	90 mins 185

Back, Neck & Shoulders 30/45 mins £37/£47

Shoulder, Neck & Scalp 45 mins £47

Indian Head Massage 30 mins £37

### **ESPA BODY TREATMENTS**

#### Hot Stone Massage

Discover lasting relaxation for mind and body. Tailored massage with hot stones unravels persistent muscular tightness while pure, aromatic essential oils encompass your mind to relieve stress, recharge your spirits and leave you feeling rejuvenated. 60/90 mins £62/£85

### Deep Muscle Massage

Restore comfort, suppleness, and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension, helping you to move more freely and feel energised. 60/90 mins £62/£85

### Aromatherapy Massage

Revive your body and enliven your spirits with this invigorating massage. Working swiftly and deeply where you need it most, traditional Swedish massage with detoxifying aromatherapeutic oils boosts circulation, alleviates tight, aching muscles and awakens the body from top to toe.

60/90 mins £62/£85

### Mindful Massage

Soothe away stress and return body and mind to the present moment with this holistic and blissfully rebalancing experience. Unique in every way, guided breathing and visualisation combine with deeply therapeutic massage to release physical and emotional anxieties, relax the mind, and restore a positive spirit. 90 mins £85

#### Pre-Natal Relax & Restore

A beautifully comforting treatment for a changing body. Personalised to your needs and stage of pregnancy, soothing massage techniques help to ease tired muscles, hydrate your skin, and evoke a state of blissful relaxation. 75 mins £70

## **ADVANCED FACIALS**

### Geneo+ 4-in-1 Super Facial

Tightens and rejuvenates the skin, restoring a youthful glow with long lasting results. Geneo integrates the new patented Oxygeneo with Tripolar Radio Frequency and Ultrasound technologies delivering superior skin nourishment and oxygenation together with clinically proven anti-ageing results. 75 mins £91

### Geneo+ 3-in-1 Super Facial

Advanced facial treatment that excludes the Radio Frequency process. 50 mins £70

### **ESPA MEN'S TREATMENTS**

Back, Neck & Shoulders 30/45 mins £37/£47

Aromatherapy Massage 60 mins £62

Hot Stones Massage 60 mins £62

Deep Muscle Massage 60 mins £62

Skin Solutions Facial 60 mins £62

Face & Body Reviver 55mins £62

### **CANCELLATION POLICY**

We require 48 hours' notice for the cancellation of an appointment otherwise a 50% cancellation fee will be charged.

01780-765337 reception@asembo.co.uk

