

Rebchook on Real Estate

Insights gleaned from John Rebchook's 24 years of reporting on Denver's residential and commercial real estate.



Denver ranks high for urban walking

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Denver is the fourth best city in the country for urban walking, according to a new book.

According to "The Option of Urbanism: Investing in a New American Dream," by Chris Leinberger, Denver ranks only behind Washington, D.C, Boston and San Francisco as a walkable city.

Leinberger is a visiting Brookings Institution fellow and professor at the University of Michigan in Ann Arbor.

He said the walking movement is being "led by late marrying young adults and including empty nester Baby Boomers, many households are looking for the excitement and options living and working in a walkable urban place can bring," according to their press material.

Leinberger and Brookings conducted a field survey of the largest 30 metro areas in the country, where 46% of Americans live, identifies the 157 walkable urban places that play a regionally significant role.

Walkable urban development works under the principle that "more is better." More pedestrian areas results in a better quality of life, he said. And it's not just cities. Suburbanites also benefit, Leinberger points out. With the proliferation of the town center and reviving downtowns, walkable places are split equally between city centers and suburbs, he contends.

The other cities making the top 10 list are Portland, Or., Seattle, Chicago, Miami, Pittsburgh and New York.