

*Our Lady of Perpetual Help School
First Holy Communion Parent Meeting
March 18, 2024 8:15 am*

Welcome!

Introductions

Mrs. Rebuck, Ms. Nuno, Mrs. Naworski

Prayer

See olph1.org/campusministries to review this slide show

*“For all of you who were baptized into Christ
have clothed yourselves with Christ.”*

Galatians 3:27

We are so happy that we can celebrate this beautiful sacrament together!

The most important thing,
regardless of anything else is

The Holy Eucharist

Dates

The Spiritual Retreat will be held at school

Thursday, April 11th

All candidates attend, including upper graders.

We will discuss confessions and receiving communion.

First Reconciliation will be during school on

Tues and Wed, April 16th & 17th

A few older students did their confession last week.

Students wear school uniforms.

They will be reciting the Act of Contrition.

First Holy Communion Mass Details

First Communion Mass will be held at
OLPH Church on

Saturday, April 20th at 11 am

Please arrive by 10:30 am

when all students will line up outside the church

If you wish to purchase Family and individual photos
Arrive by 9:30 am. Our photographer will be in the
Mary Prayer Garden in front of the school office.

Photo purchase is optional.

*Our Lady of Perpetual Help School
May Crowning Mass*

**The Annual May Crowning Mass
is Friday, May 10, 2024 at 8:15 am**

**First Communion students will
participate in this special school Mass
Parents are invited**

Mass Cards

Please turn in your Mass Card
to your teacher by
the date listed on the card.

If you haven't turned in your Fall Mass card please
do so as soon as possible.

Continue attending Sunday Mass
and practicing the Mass responses
and prayers.

Photography

Steven Studios is our photographer!
Various packages are available to order. See handouts.

To maintain the solemn tone of the sacrament:
No personal photos are allowed as
children receive Communion.

The photographer will take all of the photos of students as
they are receiving the Eucharist.

PHOTOS BEGIN AT 9:30 AM
Line up to enter the church at 10:30

Individual Photos will be taken outside
by the Our Mother statue near the school office

These photos are not required.
No need for individual photos if you don't wish
to purchase them.

Everyone must be in the group photo

Photo pick up will be announced.

A flier with pricing and dates will be available from Steven Studios

Father David will do a general blessing of everyone's personal gifts and religious articles at the end of Mass.

He will announce this and explain his preferences.

Children's hands should be free during Mass.

No prayer books, Bibles, rosaries, candles, etc. are to be held by children. Family members should hold these items instead.

SEATING

- Students receiving their sacrament will be seated in the first 4 rows of the church on each side. Families will sit in the rows behind the students. (33 students)
- Church Seating is limited.
- The church will be open at *approximately* 9:15 am
- Following our First Communion Mass, we will be able to linger in the church for a few photos.

Quiet reverence should be observed in church.

BOYS DRESS CODE AS EXPLAINED IN OUR SEPTEMBER MEETING:

White shirts only, full button-down dress shirt, long sleeves.

No colored shirts.

No polo shirts.

Dress pants – Black or dark blue with belt. NO TUXEDOS.

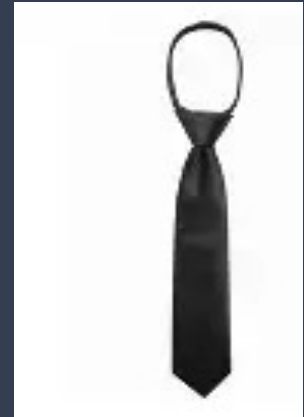
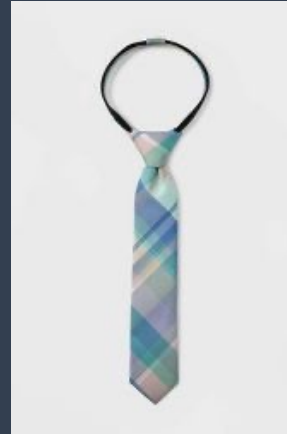
Tie – Solid colored or subtle patterns

Dress Shoes and Socks - No athletic shoes, or boots.

A suit jacket or vest may be worn for personal pictures only. Please remove these for the group photo and before the Mass so that all boys are in long sleeve white shirts during Mass and for the group photo.

Examples of boys attire

All of these examples were found at Target



GIRLS DRESS CODE AS EXPLAINED IN OUR SEPTEMBER MEETING:

White Dresses- simple and modest, no deep necklines or open backs. No tank top or spaghetti strap styles.
SHOULDERS MUST BE COVERED.

LENGTH- Below the knee to above the ankle is acceptable.

NO floor length dresses. NO above the knee dresses.

No multiple tiers of tulle, lace, stiff petticoats, ruffles, and beads.

If the dress looks like a wedding dress or Quinceanera dress, it is not acceptable.

GIRLS DRESS CODE continued...

White shoes if you can find them but any color is fine. Simple, low/flat-heeled shoes like Mary Janes.

Open toe shoes are OK. White socks or tights OK.

Hair and Veil: Simple hairstyles.

White Veil, simple and sheer.

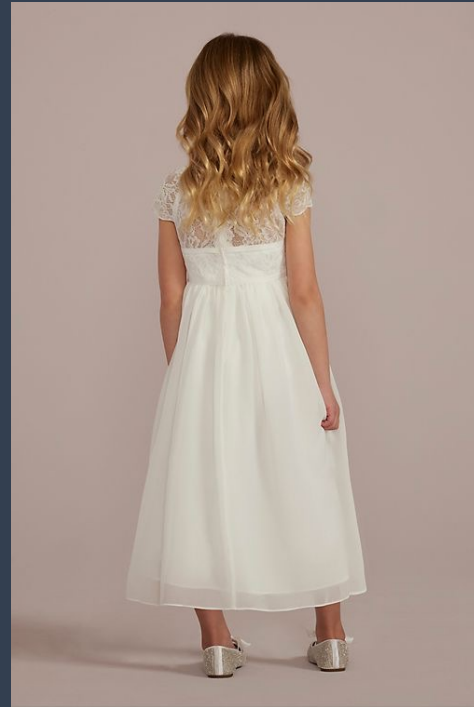
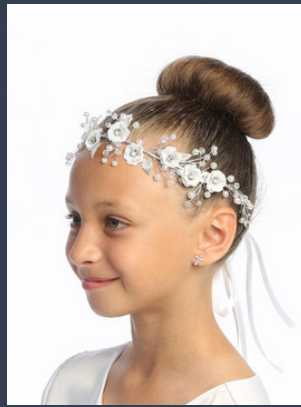
No floor length veils or ones that cover the face.

A flower ring or white headband may be worn.

No ornate tiaras.

NO MAKE UP OR LIPSTICK!

Girls clothing examples



Ideas for purchasing clothing:

- <https://shop.catholicsupply.com/>
- <https://stpatricksguild.com/>
- <https://www.strasburgchildrens.com/>
- Target has boys white dress shirts and other items

Many options are available: JC Penney, Walmart, Kohl's, Amazon etc.

Parents here are welcome to share ideas with the group.

The KEY is modest & age appropriate

- The Focus is on the Sacrament, not clothing
- No overly formal attire
- No floor length dresses
- No excessive tiaras, beads or layers of tulle
- No tuxedos

We are happy to answer questions. Mrs. Rebuck and Mrs. Naworski can assist if you are uncertain.

Ending Prayer

Thank you!

*May God bless
you and your families*