



# PRAYERS

Our Lady of Perpetual Help  
Religious Education



## Sign of the Cross

In the name of the Father,  
and of the Son,  
and of the Holy Spirit. Amen.



## Angel of God



Angel of God, my Guardian  
Dear, to whom God's love  
commits me here, ever this day  
be at my side, to light and  
guard, to rule and guide. Amen.

## Glory Be

Glory be to the Father,  
and to the Son, and to the Holy  
Spirit, as it was in the  
beginning,  
is now, and ever shall be,  
world without end. Amen.



## Our Father

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done on earth as it is  
in heaven.

Give us this day our daily  
bread;  
and forgive us our trespasses  
as we forgive those who  
trespass  
against us;  
and lead us not  
into temptation,  
but deliver us from evil.



Amen

## Hail Mary

Hail Mary, full of grace, the  
Lord is with you;  
blessed are you among women,  
and blessed is the fruit of your  
womb, Jesus.

Holy Mary, Mother of God,  
pray for us sinners  
now and at the hour  
of our death.

Amen.



# Prayer to Our Lady of Perpetual Help

Mother of Perpetual Help, you have been blessed and favored by God. You became, not only the Mother of the Redeemer, but the Mother of the Redeemed as well.

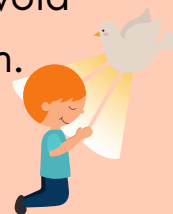
We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. He who is mighty has done great things for you, and God's greatest fear is that, in time of temptation, we may fail to call out to you, and become lost children. Intercede for us, dear Mother in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, Mother of Perpetual Help.

Mother of Perpetual Help,  
Pray for us.  
Amen.



# Act of Contrition

My God, I am sorry for all my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.  
Amen.



# Prayer to St. Michael the Archangel

Saint Michael, the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into hell Satan and the other evil spirits who prowl about the world seeking the ruin of souls.  
Amen.

