

LAKESIDE NEWS

MAY 2024

GOTHENBURG SENIOR CENTER

410 20TH STREET

Gothenburg, NE 69138



GOTHENBURG SENIOR CITIZEN'S CENTER INC.

"WHERE FRIENDS COME TO MEET"

GOTHENBURG SENIOR CITIZEN'S CENTER
410 20th STREET

GOTHENBURG, NE 69138

PHONE: (308) 537-7465

EMAIL: Gothenburgseniorcenter@gmail.com

VISIT US ON THE WEB: gothenburgseniorcenter.com

Or, Follow us on Facebook

HOURS; MONDAY thru FRIDAY

8:00-4:00 PM

DIRECTOR:
ANNE FRANZEN

KITCHEN MANAGER:
MELISSA SMITH

ASSISTANT COOK:
BONI POEN

OFFICE ASSISTANT
SUSAN ANDERSON

The Gothenburg Senior Citizen's Center, Inc. is funded in part by the West Central Nebraska Area Agency on Aging, under the authority of the Older Americans Act and the generous contributions of those who support the programs. The Gothenburg Senior Center is a non-profit organization responsible for providing referral information, services and recreation to individuals sixty years of age and older. Nutritious noon meals are served Monday thru Friday at a suggested donation rate of \$6.50 for persons over 60 dining in and \$7.00 for over 60 To Go Meals. Persons under the age of 60 are welcome and are charged a set price of \$8.50 per person. Please call 308-537-7465 for reservations before 9:30 am.

GOVERNING BOARD MEMBERS

JUSTIN HETZ-CHAIRMAN
CLARE UNDERWOOD
PAM SLACK-SECRETARY
SHEILA DEA

ROGER HEIDEBRINK
LINDA BOWMAN
DENNIS WHITE
JAY RICHESON

SENIOR CENTER - HANDI-BUS

Need a ride to the doctor, grocery store, beauty shop, Senior Center or to visit friends? A ride is just as near as your phone. The Senior Center van, with a wheelchair lift, is available during the day Monday thru Friday 9:00 am-3:00pm. Just call 537-7465 at least 1 day before you need a ride. The fee is \$4 for a round trip or \$2 per stop. No charge at noon for a ride to and from the center for lunch.

RYDE TRANSIT:

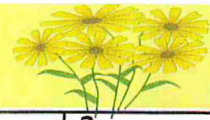
Dawson County-Lexington. 308-324-3670

Transit Bus Schedule

Service Farnam/Gothenburg: Tuesdays, 10am to 4pm

Service Gothenburg: Wednesday 12pm to 4pm

MAY MENU



<p>MENU SUBJECT TO CHANGE</p>	<p>PLEASE CALL BY 9:30 AM TO RESERVE A MEALS</p>	<p>1 Ham Balls Garlic Mashed Potatoes Cheesy Broccoli & Cauliflower Mixed Fruit Rye Bread</p>	<p>2 Chicken Fried Steak Mashed Potatoes Corn Peaches Bulgar Roll Sunshine Cake</p>	<p>3 BBQ Ribs Baked Potato Spinach Salad Fresh Fruit Biscuit Sherbert</p>
<p>6 Pork Chops Sweet Potatoes Stuffing California Blend Pears Brownie</p>	<p>7 Beef Taco Salad Refried Beans Pineapple</p>	<p>8 <i>MOTHERS DAY LUNCH</i> Club Sandwich Sliced Tomatoes Broccoli Salad Fresh Fruit Cherry Chocolate Torte</p>	<p>9 Chicken Fried Chicken Potato Wedges Green Beans Orange French Bread Pudding</p>	<p>10 Tuna Noodle Casserole Peas & Carrots Apple Salad Cheese Stick</p>
<p>13 Fried Chicken Mashed Potatoes Broccoli Fruit Cocktail Bulgar Bun Dump Cake</p>	<p>14 Cheese Burger Potato Salad Three Bean Salad Banana</p>	<p>15 Pork Roast Potato Cabbage Carrots Mixed Fruit Muffin</p>	<p>16 Swiss Steak Baked Potato Capri Blend Peaches Wheat Bread Cookie</p>	<p>17 Breakfast Burrito Breakfast Squares Tomato Juice Fresh Fruit Birthday Cake</p> 
<p>20 Chicken Supreme Baby Bakers Toss Salad Mixed Fruit Cheddar Muffins Strawberry Sundae</p>	<p>21 Tator Tot Casserole Green Beans Grapes French Bread</p>	<p>22 Pork Cutlet Sweet Potatoes Baked Beans Applesauce Corn Bread</p>	<p>23 Roast Beef Mashed Potatoes Peas & Carrots Pears Bulgar Roll Apple Crisp</p>	<p>24 BBQ Pork Sandwich Coleslaw Cucumber & Tomatoes Mixed Melon</p>
<p>27 CLOSED MEMORIAL DAY</p>	<p>28 Lemon Pepper Chicken Rice Broccoli Cucumber Salad Pineapple & Mandarin Oranges Scotcheroos</p>	<p>29 Ham Scalloped Potatoes Brussel Sprouts Grape Salad Banana Bread</p>	<p>30 Beef & Noodles Mashed Potatoes Carrots Watermelon Biscuit Jello</p>	<p>31 Philly Sandwich Hash Browns Creamed Peas Tropical Fruit</p>



MAY ACTIVITIES

		1 CHAIR EXERCISES 10:30 AM	2 STITCH & CHAT 1:00 PM	3 <i>CHAIR EXERCISES</i> <i>10:30 AM</i>
6 ROTARY 12:00 PM	7 DOMINOES 1:00 PM	8 CHAIR EXERCISES 10:30 AM BOARD MEETING 2:00 PM	9 STITCH & CHAT 1:00 PM	10 <i>CHAIR EXERCISES</i> <i>10:30 AM</i>
13 ROTARY 12:00 PM	14 DOMINOES 1:00 PM	15 CHAIR EXERCISES 10:30 AM PRETZELS 2:00 PM	16 STITCH & CHAT 1:00 PM	17 <i>CHAIR EXERCISES</i> <i>10:30 AM</i> BIRTHDAY CAKE 
20 ROTARY 12:00 PM	21 DOMINOES 1:00 PM	22 CHAIR EXERCISES 10:30 AM BOOK CLUB 2:00 PM	23 STITCH & CHAT 1:00 PM	24 <i>CHAIR EXERCISES</i> <i>10:30 AM</i>
27  <i>Memorial Day</i>	28 DOMINOES 1:00 PM	29 CHAIR EXERCISES 10:30 AM	30 STITCH & CHAT 1:00 PM	31 <i>CHAIR EXERCISES</i> <i>10:30 AM</i>





MAY BIRTHDAYS

2. William Andres, Rodney Swanson,
Joan Stear
4. Carol Cheetos, Don Friesenborg
5. Dennis Beenblossom
8. Steve Johnson, Darlene Kratzenstein,
9. Ross Ridenour, Cliff Brock,
Rodney Speck
10. Betty Jean Huntsman
11. Paula Hood
13. Sandra Richmond
15. Karen Sawyer, Leona Loveless
16. Roger Tederman
17. Evelyn Miller
18. Kay Lutjemeyer
20. Gary Padgett
21. Sharon Abbott, Mary Moon
22. Larry Franzen
24. William Ryker
27. Elma Dishman
28. James Franzen
29. Sonia Richeson
30. Keith Aden, Douglas Butler,
Laron Peters
31. Lucille Koenig, Ken Christensen

MAY ANNIVERSARIES

12. Greg and Kristi Land

May has arrived, flowers are blooming, and school is about to end. The Senior Center is bustling with activities for May and I'm sure there is one you would enjoy. May is the month set aside to remember our mothers; what better way to celebrate this special day than joining us at the Senior Center for a Mother's Day dinner on May 8th.

There will be entertainment and drawings for some special give-a-ways and lots of good conversation. Be sure to make your reservations before 9:30 a.m. on the day of the dinner. May is also the month of graduations. The Center is rented for several graduation receptions, and we wish these Seniors a bright and wonderful future. I am excited to announce that once again, the Senior Center in partnership with the YMCA will be hosting BINGO on May 9th, we will also be offering the free-will donation supper. This is great fun for the whole family so don't miss out! Other activities going on in May include Chair Yoga, Dominos, Sewing and Crafting, and Book Club. Please check the newsletter for more information regarding these activities. On a new note, there has been interest shown in starting up a pinochle group again. If you are interested, please let the Front desk know. There has also been interest expressed in doing BINGO on a regular basis. Although we cannot give out Cash prizes

It can be a lot of fun, again I ask if you are interested, please let the Front Desk know.

I'll Close by wishing all the Mother's a beautiful Mother's Day and hope May flowers bring May showers.

Anne Franzen

RECYCLE YOUR ALUMINUM CANS

Help us help others! Your cans count by helping us to keep our meal cost down at the Center. The next time you take a drink from an aluminum can, don't throw it out, bag it and recycle. Spread the word to family members and businesses to collect and save their cans. Together we can make a difference. The recycling shed is just for aluminum can recycling only. This is found on the west end of the property. Thank you for your support.



1st Friday Bridge

HIGH: Susie Deaver

2nd HIGH: Kay Lutjemeyer

NICKELS: Cathy Kennicutt

HOME DELIVERY SCHEDULE

May 6 Gothenburg Rotary

May 13 American Lutheran Church

May 20 Our Lady of Good Counsel

May 28 Gothenburg Public Schools

June 3 Gothenburg FFA



PRODUCTS OF THE MONTH

APRIL

GIVEN BY:

Janet Haas
Barb Fullerton

FOR THE MONTH OF MAY

Brown Sugar, Powder Sugar, Kleenex

A SPECIAL THANK YOU to Mrs. Tiller's Swede Foundation class for cleaning up the Medical Equipment Building and sprucing up the landscape. It looks so much better now!

Also, a BIG THANK YOU to Dale Anderson and his parents, Norman & Elaine, who took out the dead apple tree and trimmed up some of the other trees and bushes.

We appreciate all you do for the Center.





BINGO NIGHT

Thursday

MAY 9, 2024

6:00-8:00 PM

Serving SLOPPY JOES

FREE WILL DONATION

JOIN US

FOR FOOD & FUN

ALL AGES WELCOME

There is an interest in starting up BINGO on a regular basis and Pinochle at the Center. Please let the front desk know if that is something you'd be interested in and we will get it on the calendar!

Free Printable Word Search Puzzles

Public Library

Find and circle all of the words that are hidden in the grid.
The remaining letters spell a secret message - a Henry Ward Beecher quotation.

A C S E I V O M S E N I Z A G A M L I R B
R S H A V Y G O L O H C Y S P R W E N E R
Y A R E I R S N L I B R A R Y C A R D C E
G P B E C O E S E L B A T T Y A N I Y R I
O P L R P K S S O U A W O R R O B N H E P
L L S L A A O C E C X N A U I R M T P A O
A I T R I N P U I R I N G T Y E U E O T C
T E R B I T C S T T O A A U N U S R S I O
A D A T Y A E H W I A M L C A T I N O O T
C S D P H R H R T E R M Y S E G C E L N O
O C U A P N E C A O N C E C C O E T I T H
E I E P A H I V F T L O H H M I E S H E P
S E D E R D I N O O U N F P T U E T P I B
L N A R G F I S P C O R U H D A E N N U O
E C T B O E I E T L D T E R C E M S C Q O
V E E A E S D N O O E R E L I G I O N E K
O I T C G I I G E R R V A F I C T I O N S
N E S K A O Y F S S O Y L H C R A E S E R
S E V L E H S L A C I D O I R E P R E A D
I F L I B R A R I A N E B I O G R A P H Y

APPLIED SCIENCE	ENCYCLOPEDIA	MAGAZINES	QUIET
ARTS	FICTION	MATHEMATICS	READ
BIOGRAPHY	FINES	MOVIES	RECREATION
BOOKS	GEOGRAPHY	MUSIC	RELIGION
BORROW	HARDCOVER	NEWSPAPERS	RENEW
BRANCH	HISTORY	NOVELS	RESEARCH
CATALOG	INFORMATION	OVERDUE	RESERVE
CHAIRS	INTERNET	PAPERBACK	SHELVES
CHECKOUT	LANGUAGES	PERIODICALS	SOCIAL SCIENCES
COMPUTERS	LIBRARIAN	PHILOSOPHY	TABLES
DICTIONARY	LIBRARY CARD	PHOTOCOPIER	TECHNOLOGY
DUE DATE	LITERATURE	PSYCHOLOGY	

Did you enjoy this puzzle? Visit: <https://www.puzzles.ca/word-search>

Free Printable Word Search Puzzles

Public Library

Find and circle all of the words that are hidden in the grid.
The remaining letters spell a secret message - a Henry Ward Beecher quotation.

A C S E I V O M S E N I Z A G A M L I R B
R S H A V Y G O L O H C Y S P R W E N E R
Y A R E I R S N L I B R A R Y C A R D C E
G P B E C O E S E L B A T T Y A N I Y R I
O P L R P K S S O U A W O R R O B N H E P
L L S L A A O C E C X N A U I R M T P A O
A I T R I N P U I R I N G T Y E U E O T C
T E R B I T C S T T O A A U N U S R S I O
A D A T Y A E H W I A M L C A T I N O O T
C S D P H R H R T E R M Y S E G C E L N O
O C U A P N E C A O N C E C C O E T I T H
E I E P A H I V F T L O H H M I E S H E P
S E D E R D I N O O U N F P T U E T P I B
L N A R G F I S P C O R U H D A E N N U O
E C T B O E I E T L D T E R C E M S C Q O
V E E A E S D N O O E R E L I G I O N E K
O I T C G I I G E R R V A F I C T I O N S
N E S K A O Y F S S O Y L H C R A E S E R
S E V L E H S L A C I D O I R E P R E A D
I F L I B R A R I A N E B I O G R A P H Y

APPLIED SCIENCE	ENCYCLOPEDIA	MAGAZINES	QUIET
ARTS	FICTION	MATHEMATICS	READ
BIOGRAPHY	FINES	MOVIES	RECREATION
BOOKS	GEOGRAPHY	MUSIC	RELIGION
BORROW	HARDCOVER	NEWSPAPERS	RENEW
BRANCH	HISTORY	NOVELS	RESEARCH
CATALOG	INFORMATION	OVERDUE	RESERVE
CHAIRS	INTERNET	PAPERBACK	SHELVES
CHECKOUT	LANGUAGES	PERIODICALS	SOCIAL SCIENCES
COMPUTERS	LIBRARIAN	PHILOSOPHY	TABLES
DICTIONARY	LIBRARY CARD	PHOTOCOPIER	TECHNOLOGY
DUE DATE	LITERATURE	PSYCHOLOGY	

Did you enjoy this puzzle? Visit: <https://www.puzzles.ca/word-search>

