

Basketball is a fun combination of athleticism and skill. It's also a truly team sport, with ALL 5 players playing together on offence and defence.

To advance in this global sport, great basketball players develop great individual skill and great understanding of how to play team basketball.



### All 5 players need All 5 Big Skills

Score | Pass | Rebound | Defend | Ball Handle

ALL 5 helps kids become great basketball players, with expert coaching for kids of all abilities. Our program provides individually tailored plans to help players develop:



ALL 5  
Big Skills



Understanding and  
love of the game



Confidence to  
pursue dreams



- Players: Boys and girls, ages 8 to 17
- Format: 10 weekly 1 hour sessions focussing on the Big 5 Skills plus a program of drills and games for players to play at home
- Time and place: Saturday afternoons, sports halls in the Wimbledon area
- To book: Please email [booking@all5basketball.com](mailto:booking@all5basketball.com) to enquire about times, locations and pricing of upcoming sessions

[all5basketball.com](http://all5basketball.com)



Coach Dave Frye, a Level 2 qualified Basketball England coach, has a wealth of basketball knowledge and experience. He played varsity basketball in High School and University in the US and is the basketball coach at St. Mary's Primary School in Wimbledon and of the U12/10 Cheam Chargers club teams. High energy and always positive, Dave helps kids build confidence, drive and determination to be the best they can be.