

JOYhelps: The Life Coach App for High School Students

JOYhelps is an app designed to support the well-being of college and high school students. JOyhelps was built by behavioral health researchers, psychologists, software engineers, and students from Stanford, UCLA, University of Wisconsin, Marquette University, University of Illinois, Ohio State University, and more. If high schools choose, students can connect with live, licensed therapists (through a third party).

JOYhelps functions like a life coach, offering guidance and resources on a variety of topics such as:









Learn more on our website at: joy helps.me or email us at sales@joyhelps.me