

Meal Plan April 2024

Key: **Breakfast**, Lunch, Snack

	Mon	Tue	Wed	Thu	Fri	Info
Breakfast	1 Assorted Cereal/Fruit / Milk	2 Pop Tarts /Fruit / Milk	3 Assorted Cereal/Fruit/ Milk	4 Mini Muffins/ Yogurt/ Milk	5 Assorted Cereal/Fruit / Milk	*MENU ITEMS SUBJECT TO CHANGE*
Lunch	Chicken Nuggets Carrots Mixed Fruit / Milk	Turkey Corn Dog Mixed Vegetables Pears / Milk	Cheese Quesadilla Salad Mandarin Oranges / Milk	Peaches / Milk <u>Teddy Grahams / Juice / Water</u>	Cheese Pizza Corn Pineapple / Milk	
<u>Snack</u>	<u>Cheese Whales / Juice / Water</u>	<u>Oatmeal Cream Pies / Juice /Water</u>	<u>Ritz Crackers / Raisins / Juice /Water</u>		<u>Rich & Crisp Crackers / Cheese / Juice / Water</u>	
Breakfast	8 Assorted Cereal/Fruit/Milk	9 Jelly Biscuits / Fruit / Milk	10 Assorted Cereal/Fruit/ Milk	11 Waffles / Fruit / Milk	12 Assorted Cereal/Fruit / Milk	*We use Whole grain pasta, Wheat Bread, and Brown Rice in our lunches.
Lunch	Macaroni & Cheese Roasted Broccoli Pears / Milk	Fish Sticks Carrots Mixed Fruit / Milk	Turkey Patty Green Beans Apple Slices / Milk	Grilled Chicken Nuggets Corn Mixed Fruit / Milk	Hamburger on Bun Tater Tots Peaches / Milk	
<u>Snack</u>	<u>Strawberry Chex Mix / Juice / Water</u>	<u>Wheat Crackers / Cheese / Juice / Water</u>	<u>Vanilla Wafers / Juice / Water</u>	<u>Goldfish Crackers / Juice / Water</u>	<u>Sugar Cookies / Juice / Water</u>	
Breakfast	15 Assorted Cereal/Fruit / Milk	16 Pancakes/ Fruit / Milk	17 Assorted Cereal/Fruit /Milk	18 Mini Muffins/Yogurt / Milk	19 Pop Tarts/Fruit / Milk	***Indicates the lunch may contain Dairy**
Lunch	Cheese Tortellini Roasted Broccoli Pineapple / Milk	Turkey & Cheese Roll ups Mixed Vegetables Apple Slices / Milk	Chicken Sandwich Green Beans Mandarin Oranges / Milk	Pears / Milk <u>Chocolate Cream Pies / Juice / Water</u>	Cowboy Casserole Corn Mixed Fruit / Milk	
<u>Snack</u>	<u>Ritz Bits with Cheese / Juice / Water</u>	<u>Graham Crackers / Raisins / Juice / Water</u>	<u>Mini Pretzel Twist / Juice / Water</u>		<u>Cheese Cracker / Juice / Water</u>	
Breakfast	22 Assorted Cereal/Fruit / Milk	23 French Toast Sticks / Milk	24 Assorted Cereal/Fruit/ Milk	25 Blueberry Pancakes / Milk	26 Assorted Cereal/Fruit / Milk	
Lunch	Grilled Chicken Nuggets Green Beans Mandarin Oranges / Milk	Country Fried Steak Mashed Potatoes Pineapple / Milk	Cheese Sliders Roasted Broccoli Pears / Milk	Potluck (pizza, nuggets) Mixed Vegetables Mixed Fruit / Milk	Beef Taco Salad Corn Apple Slices / Milk	
<u>Snack</u>	<u>Oatmeal Cookies / Juice / Water</u>	<u>Cheddar Chex Mix / Juice / Water</u>	<u>Fruit Bars / Juice / Water</u>	<u>Wheat Crackers / Pickles / Juice / Water</u>	<u>Rice Krispy Treats / Juice / Water</u>	
Breakfast	29 Assorted Cereal/Fruit / Milk	30 Bagels / Fruit / Milk	5/1 Assorted Cereal/Fruit / Milk	5/2 Waffles / Fruit / Milk	5/3 Assorted Cereal/Fruit / Milk	
Lunch					Cheese Pizza Salad Apple Sauce / Milk	
<u>Snack</u>						