



Ed Sherman, Psy.D.

Executive Consultant & Executive-Level Trainer

Ed Sherman, Psy.D. is an organizational consultant, executive coach, and leadership development specialist. He received his Doctorate in Clinical Psychology from Alliant International University, California School of Professional Psychology in San Diego, and holds Master's degrees in management and psychology.

Dr. Sherman specializes in matters related to workplace behaviors. As an experienced consultant, coach, and trainer he helps public and private sector organizations maximize employee effectiveness and mitigate personnel issues, problems, and conflicts. Dr. Sherman's education and experience in clinical psychology, organizational management, human resources, risk management, threat assessment, and law enforcement provide a unique and comprehensive approach to ensuring successful outcomes. He strives to learn and understand issues from the client's perspective in order to best meet organizational needs.

Dr. Sherman has performed workplace violence threat assessments for more than 25 years, was the primary violence threat assessor for the County of San Diego, and coordinated risk management activities related to maintaining a safe and secure work environment for 17,000 employees at 700 work sites.

Dr. Sherman is trained in Critical Incident Stress Management (CISM), served as a member of the San Diego CISM Team, and has performed critical incident debriefings, individual peer support, and other crisis intervention services. He is a graduate of the San Diego State University Trauma Recovery Services certificate program and was appointed as a member of the advisory board.

Dr. Sherman developed the "Leader's Dilemma" model and training program which is designed to help managers balance organizational effectiveness and productivity with communication, collaboration, and support of staff members. He has provided a variety of organizational development services for clients and has worked with staff at all levels including administrators and boards of directors.