

Quarterly Update

Oct.—Nov.—Dec. 2020

We have an exciting announcement!!!



Mountain Youth Network receives another cycle of grant funding from CDPHE for angeing implementation of evidence has

for ongoing implementation of evidence-based prevention work!

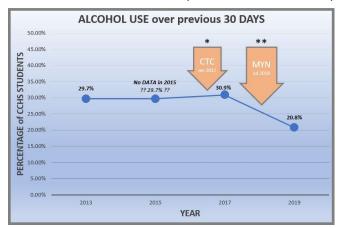
In January, the Colorado Department of Public Health and Environment (CDPHE) awarded a second 5-year grant to Mountain Youth Network (MYN) to continue their positive youth development initiative using the proven Communities that Care (CTC) model. There were 35 communities (out of approximately 50 applicants) that received funding this time around. The Clear Creek County based youth program will receive about \$210K per year over the next 5 years.

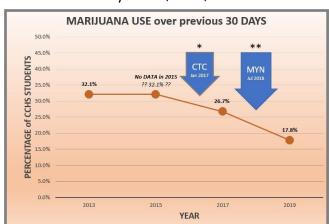
This money will support a Shared Risk and Protective Factor Approach to Substance Misuse Prevention (for youth) which means, local data will be analyzed (continuously) to identify issues in our own community that could potentially lead to underage substance use/misuse. Community members, organizations and businesses then work together on prevention strategies and programs customized to address our specific local needs. There is currently also funding in place for a specific effort to increase outreach to middle school youth in hopes of starting earlier with programs that can have a positive impact on social emotional outcomes. These resources will be combined with other grants to further establish a comprehensive youth engagement platform designed to help our kids reach their full potential.



Substance use on the decline for Clear Creek County High School students:

"Preview" of latest data analysis from CCSD Healthy Kids Colorado Surveys 2013, 2017, 2019





Percentage of students who had at least one drink of alcohol (or used marijuana) on one or more of the past 30 days.

^{*}Communities that Care launched in Clear Creek County.

^{**}CTC rebranded to Mountain Youth Network... initiative gains traction and momentum in the community!

Find your path.

We've been busy!

Oct-Nov-Dec Events

Coalition Activity

- o Community Readiness Assessment Planning
- o Board Maintenance strategic planning
- Data workgroup sessions; continue review of 2019
 HKCS results, confirm risk & protective factors
- o Equity Initiative by "Network" members
- o MYN staff CE; "Ethics in Prevention" and "Substance Abuse Prevention Skills Training"

Youth Involvement-TREK Teen Council

- o TREK Breakfast Delivery & Virtual Meetings
- o TREK Talks-County Commissioners Youth Forum
- o TREK Treats and Holiday Cookie Delivery
- TREK Presentation Team practices

Positive Youth Development (PYD)

- o PYD/SDS Affinity Group Zoom
- State level PYD LGBTQ+ training
- o PYD 101 Training for new MYN staff
- PYD planning with 4-H CSU Extension
- o MYN youth consulted on No-Vape campaign strategies by Gilpin County Public Health

Community Mapping Strategy

- o Affinity Group Session
- StoryMap presentation delivered to Commissioners

Youth Communications Workgroup

- Website edits
- Colorado Constellation Project with Rise Above
- o Clear Creek Courant submissions for Oct & Nov
- Youth Instagram @ TREK_teencouncil

TREK Outdoors (Youth Outdoor Leadership)

- Youth Programs Coordinators joined the staff
- o TREK Outdoors Middle School Focus Group
- o TREK Outdoors Youth Leadership Meeting
- TREK Outdoors Leadership Committee Meeting
- TREK Outdoors Activities

Clear Creek School District Collaboration

- o Presentation to Board of Education
- o Health Education curriculum discussions
- Homegrown Talent Initiative Film/media project planning and Career Talks
- School property trail project launched
- o Botvin Life Skills for MS (planning and training)

Community Collaboration

- o Clear Creek Metropolitan Recreation District
 - -KIDZ Korner partnerships
 - -Glice skating rink event planning
 - -Transportation partnership
 - -Monthly collaborative meetings
- Frothy Cup Expression Platform Open Mic
- o Clear Creek County Open Space
 - explore youth associate members on commission
- o Clear Creek Rock House review of activities
- o Resilience1220
 - review of services
- o Jefferson Center for Mental Health
 - review of services

What's Next:

- MYN Community Board meeting: March 4th / 4-6 p.m.
 SAVETHE DATE!!
- MYN Communications Workgroup develop more comprehensive messaging plan for broad reach to families and community!
- TREK & TREK Outdoors activities! Hockey Tournament, back-country cooking, knot tying, "Get Stoked" film night and much more!

Click Here for calendar details





