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Budgeting Basics for Financial Comebacks

Rebuild, Reset, and Regain Control of Your Money

Know Your Starting Point

List all your income sources and monthly expenses. Use a simple spreadsheet or app like Mint or EveryDollar. Clarity is power.

Create a Zero-Based Budget

Every dollar has a job. Assign every dollar of your income to a category – savings, debt, bills, food, etc. Aim for zero left over (on paper).

Cut to What Matters

Reduce or eliminate non-essentials. Eating out, unused subscriptions, or impulse buys might be stalling your comeback.

Build a Comeback Ladder

Set 3 small financial goals:

1. Cover this month's bills
2. Save \$500
3. Pay off your smallest debt

Each win gives you momentum.

Get Support & Stay Accountable

You don't have to do this alone. Work with a coach, a partner, or use tracking tools to celebrate progress and stay on track.

Need help applying this to your situation?
Book a free call with me at 314-376-0064 | entrykeyllc@gmail.com



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