GET RESULTS FLOWCHART

Goals that Generate Life

GOALS THAT GENERATE LIFE
Your goal should make you feel alive, not drained. They should excite you and align your purpose.

EXCITEMENT & EXPECTATION
The goal should create a buzz you look forward to achieving.

Excitement & Expectation

Time-Sensitive

TIME-SENSITIVE
A goal without a deadline is just a wish! Date it to create urgency, focus, and a plan.

REACH FURTHER
Push yourself just a little. Don't make the goal too easy or too unreachable with effort.

Reaching Further

Energy-Creating

ENERGY-CREATING
Achieving the goal should give you more energy, not less.

SIGNIFICANT ACCOMPLISHMENT
The goal should feel like a win and be meaningful to you.

Significant Accomplishment

Unwavering Commitment

UNWAVERING COMMITMENT
This is about a promise to yourself you'll stick with it no matter what.

LEARNING & LEADING
Each goal is a chance to learn something new.

Learning and Leading

Talents Expanded

TALENTS EXPANDED
You'll grow and get better at what you do.

SATISFYING
The end result should feel amazing! Celebrate!

Satisfying