

LET'S COME TOGETHER AND



NOVEMBER 1, 2025 10:00 AM - 1:00 PM

Mitchell Community Center 602 Mitchell Road Memphis, TN

About Our Event!

We warmly invite you to join us for our 3rd Annual Sr. Life Expo. From vendors offering beauty tips for women of a certain age to keeping you safe in your home and on the Internet, to learning lifesaving CPR, easy exercises for seniors, and ask the Chief Nursing Officer, this EXPO has it ALL!

REGISTER NOW!

Event Highlights

Judge Kathleen Gomes

Everything you need to know about wills and estate planning.

Live Performances ◀

Immerse yourself in the soulful sounds of Wyndie Oh and flutist, Darryl Jones!

Delectable Cuisine

One & Only BBQ will be served to the 1st 50 people to register.

Giveaways <

Register now for an opportunity to win amazing prizes. Must be present to win.

In partnership with







