



5 Steps To Easy Speaking

Find Your Voice-Find Your Stage

Learn How To Get Started Today

1) MASTER THE ART OF STORYTELLING

- Focus: Storytelling is a powerful tool in public speaking, as it helps to engage the audience emotionally and makes the content more relatable. Storytelling is the key that opens your audience mind to be impacted by what you say.
- Techniques: You need to focus on structuring a story, using descriptive language, and incorporating personal experiences or relevant anecdotes. Again, incorporate your storytelling

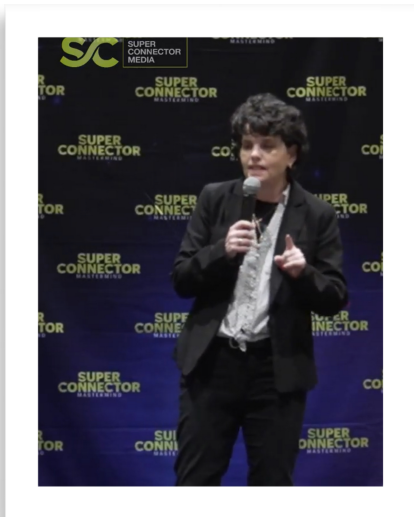
2) DEVELOP CONFIDENCE And OVERCOMING STAGE FRIGHT

- Focus: Common fears associated with public speaking can unnerve you. But believe me, you can practice and use strategies to build confidence.

- Techniques: Breathing exercises are pivotal. Breathe in for three seconds and out for 7., Positive affirmations and statements to your mind, and visualization practices are some of the best. Practice in a safe environment and gradually increase your exposure to larger audiences.(Ask me about my YouTube days years ago.)

3) EFFECTIVE VOICE MODULATION AND BODY LANGUAGE

- Focus: I learned from my voice coach the importance of using voice and body effectively to convey messages. You can do this too. Watch your pitch, smile when you talk, and talk as if you were talking to just one person.
- Techniques: I learned various vocal exercises from my voice coach that improved clarity and projection, and guidance on using gestures, facial expressions, and posture to enhance communication. Try this. Simply yawn and make that noise a yawn can make. Do it again!



4). CRAFTING AND STRUCTURING THE MESSAGE

- Focus: Organizing your content for maximum impact. If you know how, use ChatGPT. I have basic ideas using this amazing platform.
- Techniques: Create a clear outline, making key points stand out, and using transitions effectively. Find a strong hook for a strong opening. Once again, ChatGPT can really help you do this so your opening is strong. Same for the closing. You can get help from ai to make it a memorable closing.

5) FIND STAGES

- Start a podcast
- Find Opportunities Locally To Speak
- Join Girl Power Alliance to Speak On A Stage IN LA.
- Practice live on Instagram and Facebook.



As we reach the conclusion of this insightful journey, Theresa Croft would like to extend a personal invitation for you to step into a ready made Academy-9 weeks online to a stage in LA to be certified as a Kingdom Speaker.

Girl Power Alliance

- At the heart of the Girl Power Alliance is our Speaking Academy, a beacon of inspiration and development for women who are called to lead and influence through their words. This academy isn't just about refining your speaking skills; it's a transformative experience designed to amplify your voice and message, resonating with authenticity and power.
- The Speaking Academy is a unique platform where you can connect with like-minded women, learn from industry experts, and gain the confidence and skills to take your speaking to new heights. Whether you're an aspiring speaker or looking to polish your existing skills, the academy provides a nurturing and supportive environment to help you thrive.
- Girl Power Alliance's Speaking Academy is more than just resources; it is a catalyst for change, empowering you to make a Kingdom Impact and lead with conviction and grace.

Also Available:

Personal Coaching*Simple AI*Speaking

- Croft has had years of coaching women and now the privilege of exploring and mastering tools like ChatGPT. She is excited to share this knowledge with you. This includes one-on-one hourly classes which are tailored to meet your unique needs, offering personalized coaching to help you create impact to earn an income and grow in community.

Podcasting Made Easy With AI

- For those of you looking to venture into the world of podcasting, my course 'Podcasting Made Easy With AI' is a perfect starting point. It's designed to simplify the process, making it accessible and enjoyable, even for beginners.

To Connect With Theresa For a Free Discovery
Call Into Joining THE SPEAKING ACADEMY

[Click here now.](https://theresacroft.com/resource) Or copy and. Paste

<https://theresacroft.com/resource>

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on Instagram [@TheresaCroft](https://www.instagram.com/TheresaCroft)