



Pediatric Associates of Lafayette, LLC

## ADHD Policy

(Revised 04/25/2019)

This form is specifically designated for the parents of our patients who are being prescribed medications for ADHD. This is to make you aware that the Food and Drug Administration (FDA) designates most medications that are prescribed for ADHD as class 2 controlled substances. Federal law mandates certain restrictions and monitoring regulations that are specific to these types of medications.

1. These medications cannot be called into a pharmacy or faxed. The prescriptions must be picked up in person. Any person picking up controlled substance prescriptions will be required to provide us with a valid driver's license and a signature confirming prescription was received.
2. Federal law requires that physicians sign controlled substance prescriptions and date them with the day they are written. Physicians may provide individual patients with multiple prescriptions for the same controlled substance to be filled sequentially. The combined effect of these multiple prescriptions is to allow the patient to receive, over time, up to a 90-day supply of that controlled substance. All ADHD prescriptions will include the original date it was written by the physician and earliest date the prescription can be filled. By law, pharmacies cannot fill prescriptions prior to the fill date indicated.
3. By federal law, these prescriptions expire 90 days after they are written. The pharmacy is not allowed to fill these prescriptions after 90 days. If your child's ADHD medication is working well, please try to fill the medication shortly after the fill date on the prescription. Even if you do not need more of the medication at the fill time, this is a good habit that prevents prescriptions from expiring before they are needed.

It is recommended that the prescribing physician follow patients who are taking ADHD medications every 3 months. This is in order to assess effectiveness of the medication, side effects, weight, and blood pressure. Once the proper medication and dosage have been established, we will allow patients to be seen on a 6-month basis if parents choose. In order for patients to keep current on their yearly check-ups, one of these 6-month ADHD appointments can be combined with the patient check-up. For these patients who are allowed to come on a 6-month basis, parents may call prior to the last prescription running out in order to request more prescriptions. Because of the extra work required by the physician and office staff for ADHD medications, there is a \$10 fee for ADHD prescriptions that are picked up from the office. For those parents that do not wish to pay the \$10 fee to pick up ADHD prescriptions, they may continue to come every 3 months for ADHD office visits. Please allow 72 hours for new prescriptions to be available.

We understand that most parents are only resorting to ADHD medication because they have exhausted all other treatment options and have nowhere else to turn. This is a difficult decision that comes with many reservations. Hopefully by working together, we can enable your children to function to the best of their ability with the least amount of side effects.

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Guardian Signature

Relationship

Date