Ashley Thomas, Founder and CEO



What to Expect today

- Ashley Story, journey through life with disability.
- How adapted sports helped
- Word to those impacted by disability
- Word to those who care for those impacted with disability
- Word to those who are in the medical field
- HOPE





What Disability taught me



I lost my voice to the disability.







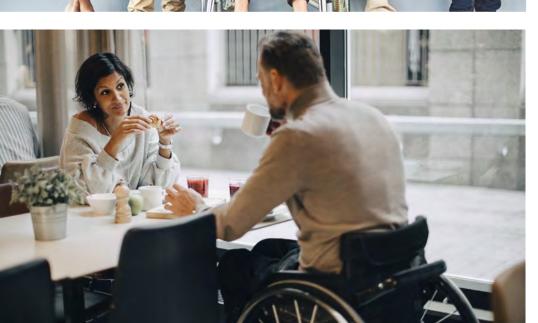
















BRIDGEIISPORTS







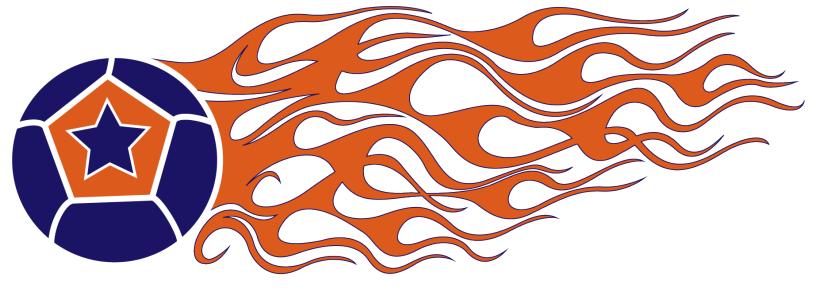












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Girls inspired, Girls empowered.





ADAPTED CYCLING SCHOOL Challenging Perceptions of Disability

ONE RIDE AT A TIME

BRIDGE SPORTS











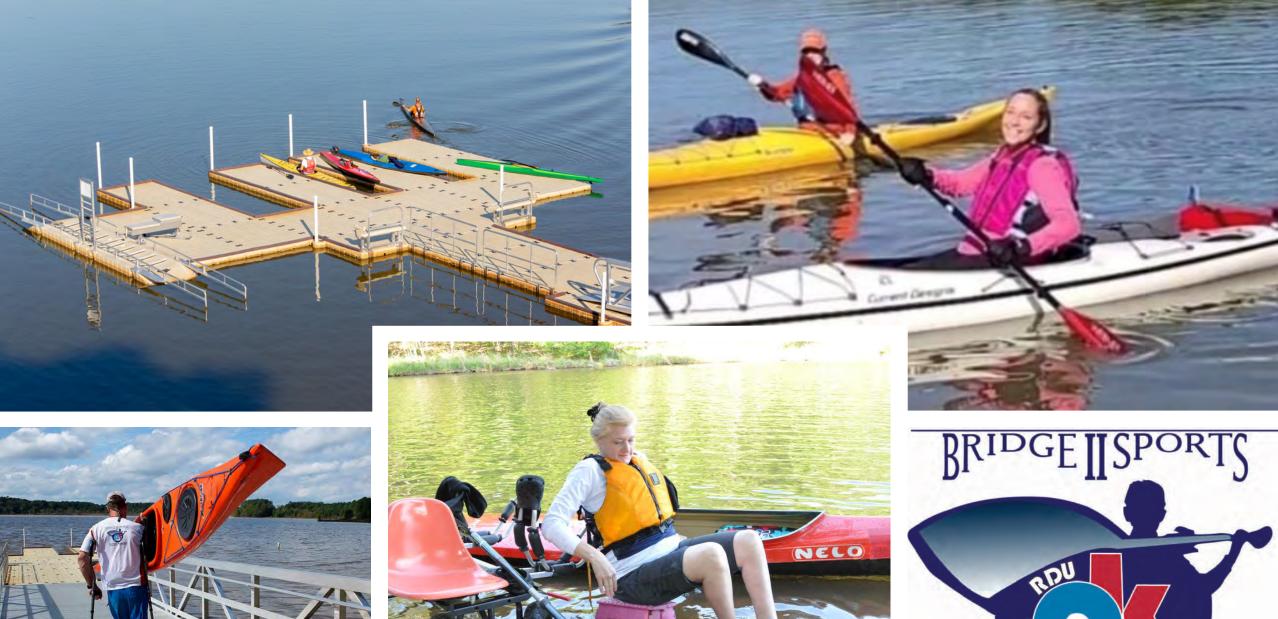






































"The most pathetic Person in the world is someone who has sight but no vision"

– Helen Keller







Ned Health & Hosp

"Knowledge, if it does not determine action, is dead to us." — Plotinus











A good decision is based on knowledge and not numbers – Plato



Bridge II Sports - Valor Games Southeast

You can do this! You have a purpose and a place!





"Accessible communities make stronger, healthier, and inclusive communities." - Ashley Thomas

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