

Friday, March 7, 2025




NC Brain Injury Conference Presentation Upload Form

Name	Rhonda Waterhouse
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Presentation Title	Repairing and Reforging: How Creative Writing Can Heal Brain Injury

Presentation Summary (Optional)

This session will explore the use of writing as a healing modality for brain injury. Ms. Waterhouse and Professor Ramos will share their lived experiences with brain injury and how writing helps them understand the nature of their injuries and explore methods for treatment. Presenters will also discuss how writing aids them in memory lapses and progress tracking. The speakers will share research about writing as a mode of healing. Participants will be given a writing prompt to help them explore their healing and tips for using writing to promote progress.

Presentation File Upload (PDF's Only)

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