SOUTH GEORGIA ATHLETICS

25-26

SEASON 7 PACKET



ABOUT US





BUILDING CHAMPIONS ON AND OFF THE MAT

Thank you for showing interest in South Georgia Athletics and our Competitive Cheerleading Program. We are excited that you are considering joining us in Season 7. No matter the age or skill level of your athlete, we have a program that can meet your needs!

SEASON 7

- Tiny Novice
- Full Year Prep Teams
- Elite Teams

SAME GREAT OPTIONS

- Free Tumble Class
- Discounted Additional Classes
- Amazing Coaching Staff

SAME PRICING STRUCTURE

- Minimal Changes to Tuition
- All Inclusive Pricing
- Comp Fees Divided Over 5 Months
- Mandatory Stunt Technique Camp (Charged Seperately)

OUR COMMITMENT: SOUTH GEORGIA ATHLETICS IS A PROFESSIONAL CHEERLEADING AND TUMBLING FACILITY LOCATED IN VALDOSTA, GA. OUR ATHLETES WILL BEGIN ANOTHER AMAZING JOURNEY AND COMPETE AGAINST THE WORLD'S GREATEST CHEERLEADERS. IN ORDER TO GAIN SUCCESS IN THIS INDUSTRY, WE NEED YOUR COMMITMENT. WHAT WE DO TODAY WILL DIRECTLY AFFECT THE SUCCESS OF ALL FUTURE TEAM MEMBERS.

PROGRAM COMPARISON



We offer a variety of programs to meet your needs

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	Tiny Novice Teams Ages 3-6	Full Year Prep Teams Ages 5-18	All Star Elite Level 1-5 Ages 5-18	
Season Runs	June- April	June- April	June- April	
Practices	3 hours Per Week 1 Tumbling Class	3 hours Per Week 1 Tumbling Class	4 hours Per Week + Every Other Sunday 1 Tumbling Class	
Uniforms	\$319 Includes: Top, Bottom & Bow	\$319 Includes: Top, Bottom & Bow	\$504 Includes: Top, Bottom, and Bow	
Competition Schedule	1 Day Competitions	1 Day Competitions	1 Day + 2 Day Comps	
Additional Info	Tryout Required	Tryout Required	Tryouts Required Skill Maintenance Required Summit/ASW Eligible	
Potential Teams	Tiny Novice	Level 1.1 Level 2.1 Level 2.2 Level 3.1 Level 3.2	Level 1-6 Tiny/Mini/Youth/ Junior/Senior	

Please note we will NOT have Half Year Teams

TRYOUT DATES

TRYOUT TIMES:

Wednesday May 21:

Session 1: 5:00-600 (Age 3-6) Session 2: 6:00-8:00 (Age 12-18)

Thursday May 22:

Session 1: 5:00-7:00 (Age 7-11)

If you are interested in a flying position, please stay for Flyer Evaluations after your assigned session.

TEAM REVEALS

Team Announcements will be at our Reveal Party on May 27 at 6:00pm

PARENT MEETING: MAY 27

Our parent meeting is a required part of tryouts. It will immediately follow our reveal party! On this day athletes and parents will:

- Discuss the Season Commitments
- Ask questions
- Practice Schedules

TRYOUT INFORMATION

HOW DO TRYOUTS WORK?

All athletes will register for tryouts through our Event Tab on the website and pay the \$60 tryout fee. Tryout Fee increases to \$75 after April 15. Please be sure to register for the correct time slot.

All athletes will attend their assigned session to tryout. During this tryout they will learn the tryout material. Then the athletes will then perform their tumbling, jumps, and dance for our panel of coaches.

IMPORTANT TRYOUT DATES:

- Early Registration ends: May 1, 2025
- Tryout Days: May 21-22, 2025
- Reveal Party: May 27th at 6pm
- Parent Meeting/Commitment Day: May 27, 2025
- Team Practices Begin: June 2, 2025



TRYOUT INFORMATION



HOW DO YOU PLACE TEAMS?

There may be athletes on any given team that tumble at different levels. We try to match the athletes by level as best as we can, but please remember that stunting, pyramids, jumps, dance, and motions are also a huge factor as well. Some athletes will be stronger tumblers than others, while some will contribute to stunting more than others. Creating a team is like a giant puzzle we need to make sure we all fit together perfectly. Every athlete is placed on the team we think they will be the most successful on.

TEAM PLACEMENTS:

SGA reserves the right to:

- Place its athletes on the team or teams it feels will best suit them and the program.
- Move, replace, add, suspend or dismiss an athlete for a period of time, or indefinitely, from their team or the entire program based on criteria including, but not limited to: attendance, conduct, skills, finances, and parent conflicts.
- Decide if an athlete may participate on more than one team.
- Decide the roles and/or positions an athlete will have on their team/teams. (e.g., flyer, base, back spot, tumbler, alternate).
- Request that an athlete or team practice longer than their regularly scheduled time or add additional practices, camps or competitions if deemed necessary.
- Require team members to maintain the skill level that they performed at tryouts. If they lose a skill, they are subject to be placed on probation for two weeks and then, if necessary, moved to a more appropriate team for their skill level.



AGE GROUPS:

Your eligibility age for the season is based off of the year your athlete was born. Many athletes will fall into more than one category, we will place them based on what we feel is the best fit for the athlete.

New Athletes- please bring a copy of your birth certificate or photo ID for South Georgia Athletics to have on file.

Age groups are as follows:

Tiny Novice- 2018-2022

Tiny Teams- 201-2020

Mini Teams- 2016-2019

Youth Teams- 2013-2018

Junior Teams- 2010-2017

Senior Teams- 6/1/2006-2013

FINANCIAL



MONTHLY TUITION INCLUDES:

- Elite Athletes: 2 team practices per week plus one included mandatory weekly tumbling class. Once school starts back, Elite athletes will also additionally begin practicing every other Sunday. Any additional tumbling/recreational classes can be added for an additional \$35 charge per month. TUITION IS NOT PRORATED FOR ABSENCES. If an athlete voluntarily opts to fulfill a crossover position, competition fees for crossover events will be charged to the athlete's account.
- Prep Athletes: 2 team practices per week plus one included optional weekly team tumbling class. Any additional tumbling/recreational classes can be added for an additional \$35 charge per month. TUITION IS NOT PRORATED FOR ABSENCES. If an athlete voluntarily opts to fulfill a crossover position competition fees for crossover events will be charged to the athlete's account.
- CHOREOGRAPHY CAMP: MANDATORY CAMP No exceptions! All teams will participate in a skills camp where the focus will be on stunts and tumbling to incorporate in their routine
- CHOREOGRAPHY FEE: This fee is for professionally produced choreography used in our routines during competition season. All team members are required to attend choreography camp!
- MUSIC FEE: This pays for professional studio time throughout the year.
- UNIFORMS/WARM-UPS: Each athlete will receive a uniform top and bottom. Senior teams will receive cropped uniform tops and all other teams will receive full top uniforms. Elite teams will receive mandatory practice wear. Uniform fitting will be scheduled upon completion of tryouts.
- **COMPETITION HAIR ACCESSORIES**: Each new athlete will also receive competition hair accessories.
- **USASF Fees: Please note that USASF will also require the parent to individually pay their membership fees this year on behalf of their own athlete. This fee is \$49 per athlete and not included in Tuition. More information will be coming regarding how to register and pay these fees.



COMPETITION FEES:

- Broken into 5 even payments
- Due July-November
- Auto-Drafted on the 15th of each month
- Travel is not included

STUNT TECHNIQUE CAMP:

- Will be MANDATORY for elite athletes
- Billed seperately
- \$150 per athlete

ADDITIONAL OPTIONS:

- Optional Warm Up Jacket (\$125)
- Optional Black Rebel Renegade (\$110)

DISCOUNTS AND SAVINGS:

- Additional Classes outside the included tumbling class are discounted to \$35 per class for Allstar Athletes
- \$100 discount will be applied to all accounts paid in full by September
- 10% Sibling Discount for Tuition (Does not apply to Uniform or Comp Fees)

FAQ'S



HOW DO I TRYOUT?

We look forward to working with you at our upcoming tryouts.

- Register on our website
- \$60 Tryout Fee- If registered before May 1.
 Includes Tank Top.
- \$75 Tryout Fee after May 1. No Tank Top
- Please register for correct Age Session

I TRIED OUT NOW WHAT?

After evaluations, some athletes will be assigned to a team. Every athlete who attends tryouts is not guaranteed a position on a team. Teams will be announced at the Reveal Party. Remember you are trying out for a possible spot on an SGA Team, not for a specific team.

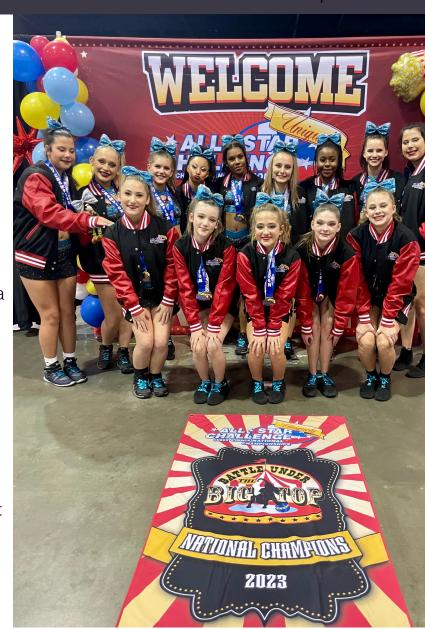
On May 27 following the reveal, we will have a MANDATORY parent meeting! On this day, parents and athletes will receive additional information about the season, sign all agreements, receive practice schedules etc.

WHEN WILL MY ATHLETE PRACTICE?

Each team will receive a practice schedule for the season. These can not be created until we see what teams we will have for the season. Practice schedules will be passed out at the Parent Meeting on May 27.

CAN I WATCH PRACTICE?

Practices may be open or closed at the coaches discretion. However, parents are not allowed to come into the gym unless invited by a coach. Please understand this is for the safety of our athletes.



WHEN IS CHOREOGRAPHY AND STUNT CAMP?

Choreography Camp: July 9-11, 2025 (Elite) TBD (Prep/Novice)

Stunt Technique Camp: To Be Determined

- Choreography and Stunt is mandatory for all team members.
- Each team has 2-3 days of choreography and stunt for 3-5 hours at a time.
 - Exact times and dates will be handed out on the day of the parent meeting.

FAQ'S



WHEN IS THE GYM CLOSED?

- Memorial Day- May 26-27
- Independence Day- June 29-July 6
- Labor Day Weekend- August 31-September 1
- Thanksgiving Break-November 26-30
- Winter Break- December 21-Jan 3
- Spring Break- March 29-April 5

OTHER IMPORTANT DATES

SGA Showcase: TBD

Year End Banquet: May 1, 2026

HOW DO I REGISTER FOR TUMBLING CLASSES?

All classes will be available for registration through Parent Portal. We have a Summer, Fall and Spring Session. Once you register for a class, you will remain in that class until the session ends, unless you notify us that you wish to drop the class. When a new session begins, all classes will be dropped and you must reregister for the new session through parent portal.



TEAM/ATHLETE POLICIES



ABSENCES

Attendance is crucial to the success of any team. Missing practice effects the ENTIRE team.

Excused Absences

- Contagious Illness with a doctors note
- Graded School Functions with documentation
- Death in the Family
- Family Vacations If approved

Unexcused Absences

- School Dances or Games
- Traffic
- Too much homework or studying for finals
- Feeling tired
- No ride

HOW MANY ABSENCES ARE ALLOWED?

Each athlete receives 5 unexcused absences per season, after this a \$25 fee is assessed.

ATHLETES MISSING OVER 9 PRACTICES EXCUSED OR UNEXCUSED ARE AT RISK OF LOSING THEIR SPOT ON THE TEAM.

When the competition season begins, athletes who miss or do not participate in a practice, FOR ANY REASON, during the two weeks prior to competition may NOT be eligible to compete at the competition that week.



VACATIONS

Please work to plan your family vacations around the gym schedule, we work hard to give you the gym closures early. Athletes do have 3 vacation absences to use over the summer that will not count toward their absence total. If you are taking a vacation for spring break, try to take it the week we are closed so you do not interfere with your team. Vacation request forms are available and must be submitted prior to June 1 for approval.

INJURIES

If an injury should occur, notify your coach immediately. It is the responsibility of the parent to seek medical care. After seeing a physician, please provide us with an evaluation of the athletes injury and status. An athlete with a injury must have a doctor's note or they will be required to fulfill ALL their team responsibilities at practice.

TRAVEL/COMPETITIONS

During the competition season, athletes will be asked to travel to events. Transportation/Lodging for competitions is the responsibility of each team member and their family. Some competitions are Stay to Play and all athletes must be compliant in order to compete. We expect you to be on your best behavior and represent our gym well at competition venues and hotels.



TEAM/ATHLETE POLICIES



UNIFORMS AND ATTIRE

Please keep all SGA uniforms in good condition. Please report any lost or damaged uniform items to your coach. The cost of replacement will be the responsibility of the athlete.

Athletes can not have any piercings and/or jewelry on for competitions. Please be mindful of this when thinking of getting new piercings. Bandaids or clear space holders will not be allowed.

COPYRIGHT NOTICE:

The logos of South Georgia Athletics belongs to the owners of the program. You cannot sell or create you own apparel or other items. This includes team names and any likeness to logo, affiliation and/or program without the permission of the owners.

SPORTSMANSHIP:

Be a positive example to others by being respectful and courteous to everyone. Refrain from gossiping or using any form of verbal confrontation. This includes Facebook, Twitter, YouTube, message boards, etc. Refrain from celebrating the misfortune or defeat of another person, team or program. In the same way, accept your team's placement and awards with dignity and class. Teammates are expected to treat one another with mutual respect. They should talk to one another in the same manner in which they would like to be spoken to. SGA coaches will not tolerate bullying, pettiness, gossiping, or "cliques" which attempt to exclude, alienate or hurt other team members.

SOCIAL MEDIA POLICY:

If an athlete has a Facebook, Twitter, TikTok and/or any other social media account, it must be maintained with proper integrity at all times. If an athlete's social media accounts are not maintained with proper integrity on photos, status updates and general comments it will be grounds for immediate termination from the program. This rule also applies to parents. If anyone makes negative or hateful comments about the gym, coaching staff, or athletes it will be grounds for dismissal.

BOTTOM LINE:

By becoming an athlete at SGA, wearing the SGA uniform and branding yourself as our athlete- you become a representation of not only our gym, but your teammates as well. We take this responsibility very seriously and we expect the same from our athletes. Please hold yourself to a higher standard and represent each other well.

DISCIPLINE

Strike System: If any of our above rules are compromised, the following actions will occur:

- 1st strike- Meeting with the athlete to define the problem. Incident report will be signed by athlete and filed.
- 2nd strike- Meeting with the athlete and parent. Incident report will be signed by all and filed.
- 3rd strike- Athlete may be removed from the team or entire program.

PARENT POLICIES





As a parent, you will receive information in several ways. Billing information will come through email. Competition Information will be given primarily through the Band App. It is your responsibility to check your email and join the Band Groups.

GOSSIP AND LOBBY ETIQUETTE:

- Our lobby is open for your convenience to allow you to watch your athlete practice.
- Siblings are not to be left unattended in the facility nor are they to be running around the facility. Athletes not currently in a class are not allowed in the gym. Please do not use the gym as a babysitter and leave your children unattended.
- Our lobby is supposed to be a positive environment. It is your job as a parent to love and support your child, leave the coaching to us.
- In the event of parents being an issue in the lobby, they will be asked to leave or could be removed permanently.
- All audio and video is recorded in the parent room. By registering to be a part of our program you understand and agree to this.

FUNDRAISING:

South Georgia Athletics offers the following:

- Several Fundraisers throughout the season. These are individual fundraisers and all credits will go directly to your account. These fundraisers do involve extra work outside of cheer but we have seen people pay for an entire season of cheer! We strongly suggest you participate in fundraising.
- Any surplus in fundraising credit can be applied to classes, teams and merchandise.
- Refund checks can not be issued in the event of a surplus.

TUITION & COMP FEES:

- All monthly tuition payments are set up in GoMotion and are auto drafted on the 1st of the month.
 Competition Fees are auto-drafted on the 15th.
 (July-November) You are required to have a credit card on file. If you wish to pay with cash or check, payments must be paid before auto drafts are run on the 1st and 15th.
- A decline fee of \$50 per athlete will be assessed for all payments declined on the 1st and 15th. Drafts will be reattempted on the 5th and 20th of each month and declined drafts will be charged another \$50 decline fee. If your payment is declined from your bank, please make the payment immediately at the desk or via Parent Portal.
- Monthly tuition is not pro-rated for any reason.
- All fees are NON-REFUNDABLE. If you choose to leave or are removed from the program for any reason all fees are not returned.
- By the 10th of each month, your account must be up to date. Otherwise, the athlete is not allowed to practice. After 30 days, athlete may be removed from the program.

TINY NOVICE FEE SCHEDULE JUNE 2025- APRIL 2026



The pre-registration tryout fee is \$60.00 and is due on or before May 1, 2025 and includes a tryout tank top. The tryout fee after May 1, 2025 is \$75 and will not include tank top. This is an additional fee and not part of your SGA team tuition.

Monthly Tuition: June-April: \$239 per month

> Uniform Fee: \$285 Bow Fee: \$35 Due by June 15

Competition Fees: TBD
Divided into 5 payments
Due on the 15th; July-November



Please note that these uniform and competition fee payment deadlines are NON-NEGOTIABLE. If not paid ON the due date, your athlete will not be allowed to continue in the program.

FULL YEAR PREP FEE SCHEDULE JUNE 2025- APRIL 2026



The pre-registration tryout fee is \$60.00 and is due on or before May 1, 2025 and includes a tryout tank top. The tryout fee after May 1, 2025 is \$75 and will not include tank top. This is an additional fee and not part of your SGA team tuition.

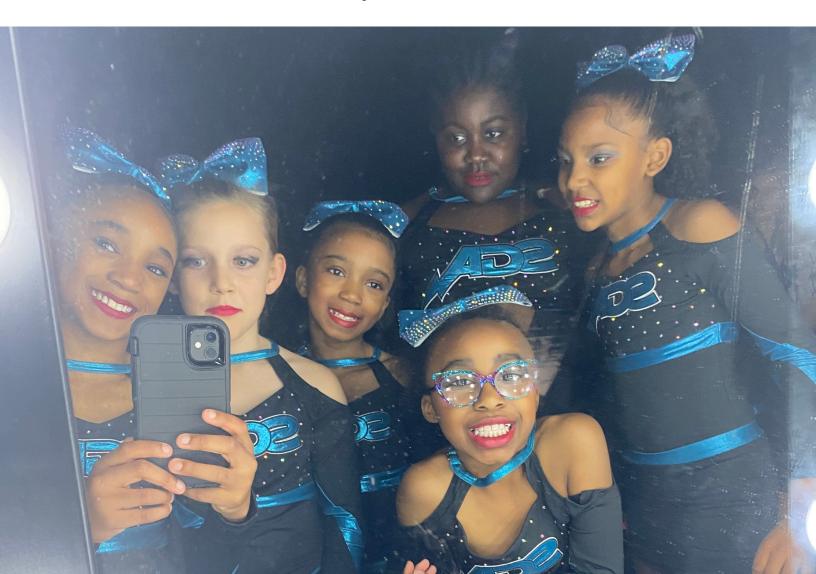
Monthly Tuition: June-April: \$239 per month

> Uniform Fee: \$285 Bow Fee: \$35 Due by June 15

Competition Fees: TBD

Due on the 15th of each month

July-November



ALL STAR ELITE FEE SCHEDULE

JUNE 2024- APRIL 2025



The pre-registration tryout fee is \$60.00 and is due on or before May 1, 2025 and includes a tryout tank top. The tryout fee after May 1, 2025 is \$75 and will not include tank top. This is an additional fee and not part of your SGA team tuition.,

Monthly Tuition:

June-April: \$299 per month

Uniform Fee: \$469

Bow Fee: \$35

Due by June 15

Competition Fees: TBD

Divided In 5 monthly payments

Due on the 15th (July-November)

Stunt Technique Camp Fee: \$150



COMPETITION SCHEDULE SEASON 7



TBD