**DISCLAIMER:**

By entering this website or purchasing or using our blog, e-mails, videos, social media, programs, products and/or services, from or related to MY HEALING YOGINI, LLC, you are agreeing to accept all parts of this Disclaimer. **Thus, if you do not agree to the disclaimer below, STOP now, and do not use our website, blog, e-mails, videos, social media, programs, products or services or anything you have purchased or experienced through us (collectively “Website, Programs, Products and Services”).**

**For Educational and Informational Purposes Only.**

The information provided in or through our Website, Programs, Products and Services is for educational and informational purposes only and is made available to you as self-help tools for your own use. When using any material obtained from or through MY HEALING YOGINI, LLC, whether through in-person, phone, Skype, webinars, teleseminars, webcams, social media, and otherwise in a variety of settings, including but not limited to individual and/or group programs, classes, workshops, events, retreats, seminars, consultations and/or trainings, you acknowledge that we are supporting you in our role exclusively as a cocreator along your life path.

**Not a Substitute for Medical Advice.**

The information provided in or through our Website, Programs, Products and Services is not intended to be a substitute for professional medical advice, diagnosis or treatment that can be provided by you or your clients’ own Medical Provider (including doctor/physician, nurse, physician’s assistant, or any other health professional), Mental Health Provider (including psychiatrist, psychologist, therapist, counselor, or social worker), registered dietitian or licensed nutritionist, or member of the clergy.

**Not Holding Self Out.**

In this capacity as a wellness coach, I am not holding myself out to be a Medical Provider (including doctor/physician, nurse, physician’s assistant or any other health professional), Mental Health Provider (including psychiatrist, psychologist, therapist, counselor, or social worker), registered dietitian or licensed nutritionist, or member of the clergy.  Rather, I serve as a trainer, educator, coach, mentor and guide who provides education and learning opportunities to clients

**Consult Your Physician or Health Care Provider.**Our intent is NOT to replace any relationship that exists, should exist, between you and your Medical Provider or Mental Health Provider. You should always seek the advice of your own doctor/physician, nurse practitioner, physician’s assistant, Mental Health Provider, or another health care professional regarding any questions or concerns about your specific health situation.  We advise you and to speak with your own Medical Provider or Mental Health Provider before implementing any suggestions obtained through our Website, Programs, Products and Services including but not limited to exercise, lifestyle, weight loss, food, vitamins or supplements; engaging in an elimination diet, detox or cleanse; meditation or deep breathing exercises; or participating in any other aspect of a weight loss, healthy eating, exercise and/or lifestyle program. You shall not disregard professional medical advice or delay seeking professional advice because of information you have read on this website or received from us.  You should not stop taking any medications without speaking to your Medical Provider and/or Mental Health Provider. If you have or suspect that you have a medical problem, you are advised to contact your own Medical Provider or Mental Health Provider promptly.

**Personal Responsibility**

Our Website, Programs and Services aim to accurately represent the information provided. You are acknowledging that you are participating voluntarily in using our Website, Programs and Services, and you alone are solely and personally responsible for your results. You acknowledge that you take full responsibility for your own health, life and well-being, as well as the health, lives and well-being of your family and children (where applicable), for all decisions now or in the future.

**Not Evaluated by the FDA.**The information contained on this Website or provided through our Website, Programs, Products and Services has not been evaluated by the Food and Drug Administration.

**Disclaimer**

As a visitor to this Website and as a Licensee, you agree that you are using your own judgment in using the information provided on and through this Website, which is done at your own risk.