

The Front Sight

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Lemon Grove Rod and Gun Club

Established Circa 1950

September 2023

Incorporated April 1956

President's Message

Jerry Shiller, President

President@lemongrovegunclub.com

It's been hot at the range lately and I've seen or heard about several members who had physical issues with the heat, including one who received an ambulance ride away from the Club. The easiest way to avoid such unpleasanties is to keep yourself hydrated. Don't wait until you are thirsty – drink water (preferably), and lots of it.

AT the recent range rental, someone signed off a shift on another member's 10% card. Problem is, the person doing the signing was not the Shootmaster for the event, nor were they authorized by the Shootmaster to do so. I would be interested in hearing from the person who did the signing to have them tell me why they felt they could do it. At this point, I'm not looking to punish anyone, just trying to understand. In the future, all such signoffs are to be done by Shootmasters at organized events. For RSOs, the signoffs come from either Dave Reed or myself. We base the RSO signoffs on the monthly tallies we get from the daily Range Inspection/RSO log sheets. PRESIDENT'S MESSAGE – It's been hot at the range lately and I've seen or heard about several members who had physical issues with the heat, including one who received an ambulance ride away from the Club. The easiest way to avoid such unpleasanties is to keep yourself hydrated. Don't wait until you are thirsty – drink water (preferably), and lots of it.

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Summary

August 15, 2023

Board of Directors Meeting

The Board approved eight new members into the Club. The Board clarified a section of the S.O.P.s regarding RSO shift length. Some people interpreted the minimum shift length for RSO credit to be 4 hours. In fact, there is no minimum shift length. RSOs get credit for each and every hour they work on the ranges. There was a discussion of the length of stay permitted in the campground, currently 7 days in the S.O.P.s. The Board decided not to make any changes. The Board voted create a standardized form for all shootmasters to use for summarizing participation and finances of their events. That form will be sent out to all shootmasters by the Club Treasurer. The Board voted to continue installation of the newer playground structure being coordinated by member Alan Cole. The Board agreed to prioritize repair/replacement of the various telephone pole structures throughout the property. Budgets will be approved prior to starting work.

Environmental Training Corner

The rifle and pistol ranges have earthen backstops that are free of rocks and other hard, coarse materials. They are designed to control lead and copper by trapping the bullets and fragments as much as possible. Paper targets should be set up so that all bullets impact the backstops. Steel targets should be placed within three feet of the backstops to minimize extended splatter of bullet fragments. Straw wattle has been placed at the base of the backstops to help trap lead particles, large and small, from running off the immediate area of the back stops. Wooden target frames shall be made from untreated wood to prevent chemical preservatives from entering the soil or running off into the catch basins. Trap and sporting clays shotfall should be directed to the center of the range property as much as possible to reduce the area of potential impacts and facilitate periodic lead reclamation



GUN ROOM MUNITIONS

Dan Selis (619) 818-7147 danselis88@gmail.com License #24274

	Item Name/Description	Price
	TOP GUN TARGET SHOTSHELLS - 12 GA, 2 3/4", 1-1/8 OZ, 8 SHOT, 1200 FPS, 25/BX	\$9.95/box
	TOP GUN SHOTSHELLS - 12 GA, 2-3/4", 1 OZ, 7.5 SHOT, 1300 FPS, 25/BX	\$9.95/box
	REMINGTON GUN CLUB - 12GA, 2 3/4", 1-1/8 OZ, 8 SHOT, 1200 ft/sec, 25/BX	\$9.95/box
	RIO STAR TEAM TRAINING LIGHT - 12 GAUGE, 2-3/4", 1 OZ, 7.5 SHOT, 1200 FPS, 25/BX	\$9.95/box
	RIO GAME LOADS - 28 GA, 2-3/4" 1 OZ, 7.5 SHOT, 1200 FPS, 25/BX	\$14.95/box

22lr CCI Mini Mag 100 round box	\$9.95	25 Auto – Fiocchi 50gr 50 round box	\$29.95
30 Luger Fiocchi 93gr, 50 round box	\$44.95	32 Auto - Winchester 71gr, 50/box-	\$29.95
357 Magnum - Win Super-X, 50/box	\$29.95	38 S&W - Winchester 145gr 50/box	\$39.95
38 Special - Winchester 158gr 50/box	\$29.95	9mm -Fiocchi 115gr 50 round box	\$15.95
45acp - Sellier & Bellot 230gr 50/box	\$25.95	9mm - Sierra hollow point 20/box	\$14.95
6.5 Creedmoor S&B 140gr, 20/box	\$25.75	308 PPU Rifle Line, 150gr, 20/box	\$22.25
30-06 PPU Rifle Line, 150gr, 20/box	\$24.95	5.56 Frontier FMJ 55gr, 20/box	\$11.95
7.62 x 39 South African 123gr, 25/bx	\$18.95	30 Carbine Amer Eagle 110gr 50/bx	\$34.95
7MM Mauser Remington 140gr 20/bx	\$29.95	45-70 Govt Remington 405gr 20/bx	\$39.95
7.65 Arg Mauser Norma 150gr 20/box	\$29.95	45 Long Colt Winchester 250gr 50rnd	\$34.99

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**Lemon Grove Rod & Gun Club
Mission Statement**

The object of this organization shall be the encouragement of organized rifle, shotgun and pistol shooting with a view toward a better knowledge of the safe handling and proper care of firearms, as well as improved marksmanship. It shall be our further objective and purpose to forward the development of those characteristics of honesty, good fellowship, self-discipline, team play and self-reliance which are essentials of good sportsmanship and the foundation of true patriotism. To foster the maintenance, development, restoration and wise use of all wildlife and other natural resources through education of the people and support of appropriate legislation.

Parkway Real Estate

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Jerry Shiller

EAST COUNTY COMMUNITY FOUNDATION
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For information or to donate,
Contact gshiller47@cox.net

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accordance with federal, state and local laws.

Advertising

¼ - \$35 per year for non-members or commercial ads. The year will run concurrently with the membership fiscal year.

Personal ads are free for members and will run for only one month unless additional months are requested.

3D ARCHERY

28 Target 3-D archery shoot will be every second Sunday of the month. Shooters can start anytime between sunup and 8:45 AM. Sign up is in the upper sign and shack. Members \$5 active-duty military \$10 guests \$15. All guests must have a current year waiver on file to shoot the course. These are available at the sign-up shack. Contact Louie (619)933-4835 with any questions.

BLACK POWDER

Jerry Shiller

The August match was cancelled due to a rainy forecast. The September match will be held Sunday September 17. Shooting for score starts at 1:00 pm. All levels of experience welcome. Beginners do need to send an email ahead of time to ensure that we have enough supplies on hand for you to shoot.

VOLUNTEER OPPORTUNITIES

Between now and the end of 2023, there will be several opportunities for volunteers to help the Club with various shooting activities. Specific volunteer requests will be forthcoming. In order, they are:

10/1 Sunday – Scout Shotgun Merit Badge. At this point I expect a small turnout; 5 mentors would be helpful

10/13 Friday – Sporting Clays range rental; 28 pullers/scorers needed to make event run smoothly

11/12 Sunday – NRA Family Shooting Sports Camp/Club Open House; all ranges open 4-5 mentors needed on each one plus 2 for pellet rifle; also needed are sign-in help (2-3), parking guide (1-2), safety brief (1-2). The Club will provide lunch for members.

11/11 Saturday (out of order, but not a Club event) – Mataguay Scout Ranch will be having their Fall Shooting Sports Day. This is the first time in 4 years to hold this event. Basically, this is their open house with up to 200 youth participants expected. It takes 20-25 volunteers to run this event, but due to the pandemic, their Shooting Sports volunteers are less than half that. Mentors needed for .22 rifle, center fire rifle, pistol, shotgun, archery, and black powder. Contact Jerry Shiller for more information.

ESCONDIDO FRIENDS OF THE NRA BANQUET

The Friends of NRA is holding a southern California fund raising event on Saturday September 9, at the Escondido Elks Lodge. Doors open at 4:30 pm. Friends of NRA is the charitable arm of the NRA. It has nothing to do with politics but raises money to promote shooting sports activities and education. Lemon Grove Rod & Gun Club gets several annual grants from FNRA which support our Scout Merit Badge program, Women on Target, Youth Trap, and the NRA Family Shooting Sport Camp. Prices start at \$95.

Youth Trap

Rick Gilman 619-204-8014

lgrgcyouthtrap@gmail.com

For those of you who may not know, especially new members, the Lemon Grove Rod and Gun Club has a program designed specifically to introduce youth shooters, ages 10 through 17, to the shotgun shooting sport of Trap.

The shoot is open to the public and because the shooters are minors, parents/legal guardians must attend with their youth.

For a flat fee of \$15 per youth (10-17 years old), this event provides 2 rounds of regular trap and one round of doubles.

Emphasis is on safety and proper gun handling.

12- & 20-gauge ammo provided by a NRA Foundation grant.

Shotguns will be provided (if needed)

Shoots are scheduled on the 2nd and 4th Saturday of each month

Registration is 11:30-12:00, Safety briefing is 12:00-12:30, Shooting starts at 12:30 until done (before 4:00pm).

First time shooters will have 1 on 1 coaching on the lower trap field and experienced shooters will shoot on the upper trap field.

The shoot is open to the public and because the shooters are minors, parents/legal guardians must attend with their youth.

Scores count toward NRA marksmanship awards - patches and medals will be awarded when earned.

Please contact the shootmaster for any additional information or to volunteer.

We Appreciate Our Volunteers at LGRGC

The 2023 appreciation gifts have arrived for our terrific top 10% volunteers. It's a classy navy vest with the club logo pictured below. We think you will like it. Please pick yours up at the next board or general meeting... or see Jim Williams next time you visit LGRGC.

Why is it often said that 10% of members do 90% of the work?

Some folks just try to get by while others jump in and help make an organization run! Why not join us and help if you are interested. Volunteer appreciation gifts are just our way of expressing our gratitude for your time and talents. If you see someone at the range in their 10% gear - please take a moment to thank them.

If you are interested in helping at LGRGC for a special event, training, admin, workshop, or civic event watch our newsletter or contact Pres., Jerry Shiller or watch this newsletter for opportunities.

Volunteers Needed!



Jim Kasten

Perpetual Memorial Cup

You're invited to attend our club annual Jim Kasten Memorial Cup Match. The Jim Kasten Memorial Cup is a Sporting Clays Match consisting of Four yearly matches, 100 clays per match. Cost \$ 40. Per match. Awards eligibility, Jim Kasten Cup will only be awarded to Lemon Grove Shooting club members of good standing highest scorer will be declared match winner. Participants must attend all four yearly matches to be eligible for the awards. Awards will be awarded at the end of the fourth match.

Dates

10 September
10 December

Starting Times

7:00 AM - Match Registration
7:00 AM - Safety Briefing
8:00 AM - Match Shoot Begins

Bring Grievances, safety issues to the attention of the shootmaster or his/ her staff may be addressed at end of each match
Shoot Master

Mr. Frank Valdez, Shoot Master - valdezfra@gmail.com - cell: 619-250-4734

WELCOME NEW LGRGC CLUB MEMBERS

By Susan Vandendriess
avandendri@aol.com

We are adding a section to this newsletter and will be interviewing some of our newest members each month so other members at large can get to know them and make them feel welcome. If you know a new member and would like to highlight them let me know.

Please be assured all information will stay in our members-only newsletter.

We hope all our members take advantage of serving on volunteer projects and committees, and will feel free to network with members at the club if there are any questions or suggestions.

RSO Safety Corner

Just a reminder for everyone about the firearms safety rules:

ALWAYS KEEP THE MUZZLE POINTED IN A SAFE DIRECTION-IF THERE ARE PEOPLE DOWN RANGE IT IS NOT A SAFE DIRECTION

ALWAYS KEEP YOUR FINGER OFF THE TRIGGER UNTIL YOU ARE READY TO SHOOT-YOU SHOULD NOT BE READY TO SHOOT IF THERE ARE PEOPLE DOWNRANGE

ALWAYS KEEP THE GUN UNLOADED UNTIL READY TO USE-YOU SHOULD NOT BE READY TO USE YOUR GUN IF THERE ARE PEOPLE DOWNRANGE.

SDCGO GUN PROM

San Diego County Gun Owners holds an annual celebration of the Second Amendment. The event is a fund raiser for SDCGO and includes raffles, an auction, and dinner. The event will be held at the Town & Country Hotel in Mission Valley on Saturday, September 23, 2023, starting at 5:00 pm. Lemon Grove Rod & Gun Club purchased a table of 10 seats and is offering all the seats (\$99 value each) to Club members who are interested in attending. Please send an email to President Jerry Shiller if you are interested in attending. If more than 10 members express an interest, we will pull names from a hat at the September 5 Members meeting.

Online Store

Whether you're shooting with your friends at the club, an outdoor enthusiast, or simply want to represent LGRGC in a classy way...we have you covered! We have built our online store for club merchandise, and we can't wait for you to shop! Check it out today. Thank you!

Go to:

<https://www.zazzle.com/store/lemongrovegear>

Check it out today!

Meet New Member

Kenny De Mars

I joined LGRGC because I am interested in getting better at shooting events. I've been shooting for 16 years but only seriously shooting within the past 12 months or so. Everyone I have met at the range has welcomed me with open arms and I wanted to be a part of this awesome team!

I am from East San Diego County born and raised. I'm an Alpine resident.

I am an EMT, I got my license when I was 21 and have been working as an EMT for about 9 years. I currently work in the Emergency Department at Kaiser Permanente as an ER Tech and am going to school to become a Respiratory Therapist.

I enjoy all events at the range but I am in love with the hybrid pistol matches.

Meet New Member

Yvonne Chastang

My name is Yvonne Chastang and I'm 66 years young, at times I feel 86! I was born in San Diego and now reside in Lakeside since 1977. I am retired from the Pool Construction business. I belong to a few groups and have many hobbies; I love watching my grandkids and exploring their minds, I love gardening, so rewarding and frustrating at the same time. God is always present with me. I belong to A Girl and A Gun shooting organization which is how I found Lemon Grove Rod and Gun Club. I enjoy being able to shoot outdoors, especially in the pit!! I have met so many nice new friends here and will continue to assist where I can make this range a safe and fun place to go with my family and friends.

Pepper Spray and EDC

Joseph T Drammissi

Is pepper spray worth adding to your everyday carry loadout?

Some people (over 23 million) have chosen to take responsibility for their personal protection and for that of their loved ones by being legally armed in public. They know that very few problems are *gun problems*. They also know that **“with great power comes great responsibility”** (thank you Spiderman).

If you are unfortunate enough to encounter a violent individual but the level of violence offered does not rise to the level to justify deadly force what are your options? If you’ve taken the time to learn and develop empty-handed skills that could be an option. The problem with going hands-on is the risk of injury to the involved parties is much higher and the outcome is not completely under your control.

Another consideration is age and or physical condition. There comes a time for most people where winning a physical confrontation with a much younger, stronger, faster assailant is not a reasonable expectation. In addition, wrestling around on the ground with an aggressive homeless guy may not be desirable, especially if maintaining control of a holstered gun is a concern.

Pepper spray provides a reasonable option between having no viable response and using deadly force. Encountering a violent criminal is less likely than running into the common garden variety asshole (GVA) who may threaten violence but not to the level that would justify the use of deadly force. Pepper spray may be an appropriate response where deadly force is not.

So, what is pepper spray? Also known as oleoresin capsicum (OC) spray, it is made from the oily extract of pepper plants of the genus capsicum. OC spray can cause significant irritation to the eyes and mucus membranes rendering an assailant temporarily (30 to 45 minutes) unable to see. Deploying pepper spray can give you the opportunity to break contact and escape.

Pepper spray is widely available with few, if any, restrictions in most states. That being said, using pepper spray is considered use of force so there are some things to consider. In California:

- Pepper spray can only be used in self-defense
- No permit is required
- Devices must be aerosol only (no projectiles) and must contain 2.5 oz or less weight of aerosol spray.
- Individuals must be 18 or older to purchase pepper spray (16 to 18 with parental

permission)

- Use of pepper spray other than in self-defense is punishable by imprisonment up to 3 years or up to 1 year in county jail or a fine of up to \$1000 or both imprisonment and fine.

As long as the rules are understood and followed, pepper spray is a great addition to your EDC loadout. Pepper spray canisters are widely available, compact, and easy to carry and conceal. I carry [POM](#) brand pepper spray; [Sabre](#) also makes a nice product.

Pepper spray is not an appropriate response to a deadly force threat but is a viable option for threats of violence that do not rise to the level of deadly force. As always, the best plan is to avoid the threat situation entirely and avoidance is best achieved by practicing good situational awareness. For those in the San Diego area, I teach monthly pepper spray/situational awareness classes along with a CCW Next Steps class. Information for both classes can be found [here](#) and : <https://training.usconcealedcarry.com/class/pepper-spray-and-situational-awareness-workshop/8e8a8544-8d23-11ed-8a81-0242ac12000a> & <https://training.usconcealedcarry.com/class/ccw-next-steps-workshop/b2aac57e-8d21-11ed-a0c4-0242ac12000a>

Pepper spray is a great addition to your EDC tools. OC spray is inexpensive, easy to carry and conceal, readily available, and effective. Make pepper spray part of your EDC toolkit, practice good situational awareness, and be safe.

©2023 Joseph T **Drammissi**

This article and more of Joe’s work covering the Second Amendment and other topics can be found on Substack at

Training Corner

Dave Reed

619-757-9407

UPCOMING TRAINING AT LEMON GROVE ROD AND GUN CLUB

Shooters,

Here is our upcoming training schedule:

Defensive Handgun 2nd and 4th Friday every month from 5-9

These live fire classes are excellent for getting practice using your firearm in a defensive scenario. The 2nd Friday is a beginner level class, the 4th Friday is a little more advanced. You **MUST** attend a beginner class before you will be allowed to attend the more advanced class.

Free for members, \$10 for nonmembers.

For more information go to [Defensive Handgun \(lgrgc.com\)](https://www.lgrgc.com)

You must register in advance to ensure materials are available for you.

Contact Stan Luhr at sluhr@ppcexpert.com for information or to register.

Shoot straight and stay safe,

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Thank you! Go to:

<https://www.zazzle.com/store/lemongrovegear>
Check it out today! Link in our newsletter too.



truckers ball cap assorted colors

Lemon Grove Rod and Gun Club

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