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Employment History:

(2004-2023)

Clinical Director

B R Cook Psychology Professional Corporation
(Formerly GTA Psychological Services)

Toronto, ON

- My assessment team and I provide complete psychological assessments for WSIB, Long-Term Disability, Short-Term Disability, Fitness to Return to Work, and Workplace Violence Risk Assessments. I have experience with the MMPI, MCMI, and PAI. I also have experience with the TSI-2, TSI-2-A, SCL-R-90, SIMS, Paulhus Deception Scale, BDI-II, BAI, Pain Inventory-3, WAIS (Series), Wechsler Memory Scale, WRAT-III, and various other psychometric measures through 2 years' as a psychometrist, psychotherapist, federal penitentiary psychologist, and military psychologist.
- I also have 22 years' experience conducting forensic risk assessments through forensic interview and utilization of various forensic risk psychometric instruments measuring workplace violence, domestic violence, interpersonal violence and sexual violence. I also have experience writing forensic risk assessments for the National Parole Board of Canada. Some of the measures I have used include the Hare Psychopathy Checklist, VRAG, SORAG, HCR-20, SVR-20, Static 99, Static 2007 (Revised), SARA, ERA-20, etc.
- My competencies include providing diagnoses through psychological assessments for a clinical population as well as for a forensic population as designated by the College of Psychologists of Ontario where I remain in good standing.
- I do psychological assessments for motor vehicle accident victims, and I have completed approximately 3000 psychological assessments for motor vehicle accident victims. I have also written several hundred psychological assessment reports for motor vehicle accident victims, and I have provided psychological opinions in each assessment report.

- Individual therapy with motor vehicle accident victims. I also supervise therapists under my license who provide psychotherapy services to motor vehicle accident victims, and also extended health care clients from the general public. I have 30 years, experience as a psychotherapist in addition to my psychometric experience. My clinical and forensic populations include adults on an individual basis and also in couples' therapy.
- I also assisted in supervising groups of therapists throughout during the course of my supervised practice. I continue to provide supervision for therapists at BR Cook Psychological Services & Associates on a group and also an individual and ad hoc basis.
- Additional skills in my role as a private practitioner include experience as a certified expert witness providing testimony at criminal trials. I also have had experience as a member of the Fitness to Practice Committee with the College of Psychologists (2007-2008).
- Also have developed competency in psycho-vocational assessments and the role that mental and psychological issues play in vocational challenges faced by clients in the community.
- Previously I worked with the Department of National Defense with regular forces personnel, military police and reservists at CFB Borden. I conducted psychological assessment, wrote clinical psychological reports, communicated diagnosis. I also provided psychotherapy services for a wide array of presenting clinical problems amongst the military personnel at Borden.
- Current clinical population in private practice includes clients from Veterans' Affairs Canada who served in Afghanistan, WSIB clients involved in workplace accidents, motor vehicle accident victims, couples' therapy, individual issues such as depression, anxiety, workplace stress, trauma, and relationship problems. In terms of my WSIB work, I have worked with police, fire and other first responders who have suffered a workplace psychological injury or critical incident.
- Also provided psychological assessments for veterans through the March of Dimes CVVRS program. This particular work went from 2020 until November 2022. I would conduct psychological tests and render opinions with regards to the psychological fitness of the client to participate in vocational pursuits.
- Previously approved as a psychological service provider with the Ministry of Northern and Indigenous Affairs in 2004-2006 when I was a clinical supervisor for the practice known as Dalton & Associates.

(2014-2016)

**Department of National Defense
Canadian Forces Base Borden**

Duties:

- Conduct Psychological assessments for active duty soldiers as a member of the mental health team. Primarily assessments are to determine Depression, Anxiety and Post-Traumatic Stress Disorder. It is also within my duties to diagnosis, write psychological assessments reports and communicate results to appropriate stakeholders.
- Maintain a full caseload of therapy clients addressing various mental health disorders such as depression, anxiety, adjustment disorders, relationship issues, anger problems and Post-Traumatic Stress Disorder.
- Participate as active team member on a multidisciplinary team through case presentations, referrals to colleagues and assignment of appropriate mental health services to clients.
- Team Lead for issues related to the discipline of psychology and the practice of psychology in the mental health clinic. More recently, assisted in the development of new mental health documentations and the policies and procedures guiding the new documentation approach.
- **SECURITY LEVEL CLEARANCE: PROTECTED “B”**

(2012-2014) & (2000-2003)

Correctional/Forensic Psychologist PS-03

Correctional Services of Canada

Fenbrook Institution, Gravenhurst, ON & Bowden Institution, Innisfail, AB

Duties:

- Provide psychological services to federal inmates in a medium security institution. Clinical services such as individual therapy, group therapy, addiction counselling, psychological risk assessments, clinical diagnosis, segregation assessments, report writing, crisis intervention, suicide assessments and clinical research.
- I have also maintained a full caseload of psychotherapy clients to address various mental disorders such as schizophrenia, bipolar disorder, depression, anxiety, post-traumatic stress disorder, and other clinical syndromes. I have the authority to diagnose mental disorders from the (College of Psychologists of Ontario), and to

treat them autonomously and do so in my capacity as a correctional psychologist. I am also responsible to data entry and documentation of therapy cases.

- Refer to Institutional Psychiatrist as required based on the need for medication review or initial psychiatric consultation. Also monitor clients for psychiatric issues within the context of administration dissociation and to take remediation action as appropriate.
- During my comprehensive tenure at Corrections Canada, I have completed my doctoral dissertation in 2002 based on a population of correctional inmates, and I have conducted group therapy with a maintenance group with sexual offenders.
- In terms of my more extensive group therapy practice I have been a co-facilitator as the psychologist in the highly regarded High Intensity Family Violence Prevention Program. The psychologist was responsible for program delivery and also monitoring and adjusting the group dynamics as necessary. The program was psycho-educational in nature and it involved teaching subject material to offenders and also practical skills. Research and report writing was also vital in this group assignment.
- Psychological risk assessments lead to the opinion I provide regarding the probability of someone engaging in general recidivism, interpersonal violence, domestic violence or sexual violence in the future. These risk assessments were essentially Court reports, and reports that contributed to National Parole Board decisions.
- Conduct clinical interviews for risk assessments, and apply actuarial risk measures for purposes of assessing risk. Also interpretation of clinical data derived from intelligence, personality, and substance abuse measures are part of the information included in my written reports.
- I have been involved in providing group milieu therapy to the Assisted Living Range which houses psychiatrically diagnosed federal inmates who require assistance due to their mental illness and in some cases a concurrent disorder is also present.
- In both of my federal institution stints I worked with Indigenous Peoples in Central Alberta that included culturally diverse communities. I also worked with Indigenous Peoples in Fenbrook Institution from communities in Ontario and also from Nunavut.
- **SECURITY LEVEL CLEARANCE: PROTECTED “B”**

(2007-2009)

Psychological Associate II

(Part-time)

Huron-Perth Health Alliance

Stratford, ON

Duties:

- In my role as a psychological associate at the Mental Health Services Department at the Stratford General Hospital, I provided individual, couple and group therapy in an out-patient community mental health setting.
- I also performed psychological assessments which included intelligence, memory, personality, mood states and achievement testing. I was also responsible for scoring, interpreting and writing the psychological reports that would be submitted to psychiatry to support diagnoses.
- During my tenure at this location, I developed skills as a group therapist for a group of patients diagnosed with Obsessive-Compulsive Disorder and also created and developed a treatment group for Male Survivors of Sexual Abuse.
- I also provided group therapy services to psychiatric on an in-basis at a Schedule I facility in Stratford, ON.

(1997-2000)

Case Manager/Psychotherapist

(Full-time between the 2 jobs)

Immigrant Settlement Services of Brant

Brantford, ON and various locations in SW Ontario

Private Practice

Duties:

- In my role as Case Manager Psychotherapist I provided individual psychotherapy to psychiatrically diagnosed individuals who were in the community.
- I also worked with Immigrant populations who were suffering from settlement issues such as PTSD and also cultural adjustment issues.
- In my role as Psychotherapist I provided psychotherapy services to male and female offenders in various probation offices in Southwestern Ontario. I would utilize cognitive behavioural techniques in an effort to reduce risk of recidivism with regards to general recidivism, interpersonal violence and sexual violence.

(1991-1997)

Psychometrist II

Northeastern Ontario Mental Health Consortium Sudbury, ON

Duties:

- I was responsible for providing psychometric services in a community mental health clinic in downtown Sudbury.
- I became experienced in the delivery of intelligence, memory, personality and achievement testing to support diagnoses of psychiatry.
- I also carried a full caseload of clients who I provided psychotherapy services to and also group therapy services. I provided therapy services to adults on an individual basis and I also conducted couples' therapy sessions.
- I also provided psychological services to patients that were in our in-patient hospital (Sudbury Algoma Hospital), at a Schedule I facility. I provided psychometric testing, psychotherapy, and discharge planning services.
- The group therapy that I was involved with at this time was a Male Sexual Abuse Survivor's Group, and also a Stress/Anger Management Group.

Education:

(1998-2002) Doctor of Philosophy (Clinical Psychology)
Southern California University for Professional Studies (Graduated Magna Cum Laude) (GPA= 3.96)
Santa Ana, California, USA

(1989-1992) Master of Arts (Clinical Psychology)
Lakehead University Thunder Bay, ON

(1984-1988) Honour's Bachelor of Arts (Psychology)
Brock University St. Catharines, ON

Certifications and Registrations:

2019 Ontario Association of Mental Health Professionals
2005 Registered Psychological Associate (College of Psychologists of Ontario)
(Clinical and Forensic) (Retired)
2001 Critical Incident Stress Management (Advanced Level)
2004 Registered with Ontario Association of Psychological Associates

1996 **Certified in Eye Movement De-Sensitization Reprocessing Therapy**
1994 **Certified Solution-Focused Therapist (Hincks-Dellcrest Institute)**

Volunteer Experience:

2020 **Ontario Ministry of Health Volunteer Matching Program for Frontline Health Providers and First Responders (Mental Health Support)**

2005 **(Web Searcher) Disaster Mortuary Services for the Find Family Centre (Baton Rouge, LA.) in the assistance of family members in the aftermath of Hurricane Katrina.**

2000-2002 **Red Deer Hospice Society. Assisted in fundraising events and silent auctions.**

1998-2000 **Dr. Bob Kemp Hospice. Assisted in fundraising events and in initial start-up meetings**

1994-1995 **Red Cross Blood Services. Assisted individuals who provided blood and plasma donations.**

Other Skills: Word Processing, and Excel computer skills
Typing Speed 63 words per minute
SPSS
Group Facilitation
Supervision of Non-Registered Psychological Personnel (18 years)

References:

Available Upon Request

