



HELLO
MY NAME IS



Things you need to know
about me and my health

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.....

.....



How I communicate

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Any other details

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People who can help me



Name.....



Number.....



Name.....



Number.....



Name.....



Number.....

In a non emergency call
the Police on **101**

In an emergency call
the Police on **999**



On the train text the British
Transport Police on **61016**

iammescotland.co.uk



CROWN OFFICE
& PROCURATOR
FISCAL SERVICE
SCOTLAND'S PROSECUTION SERVICE

 Victim Support Scotland

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