





about me and my health
How I communicate
Any other details







•	Things you need about me and m	to know y health

How I communicate

i	Any other details

### People who can help me



Number



Name



Number\_\_\_\_\_



Name



Number

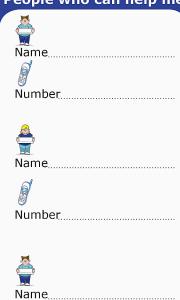
In a non emergency call the Police on 101
In an emergency call the Police on 999
On the train text the British Transport Police on 61016

#### iammescotland.co.uk



Victim Support Scotland

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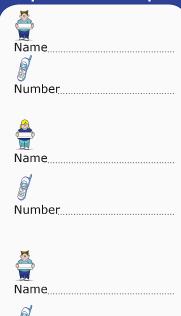
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