



JULY 4TH AT WOODLAWN LAKE

The San Antonio Parks Foundation in partnership with The City of San Antonio Parks and Recreation Department, presents The Official City of San Antonio H-E-B Fourth of July Celebration presented by H-E-B on Monday, July 4th! The outdoor event is scheduled from 11:00 AM – 9:30 PM at Woodlawn Lake Park. This FREE, family-friendly day will celebrate the birth of our nation and honor our freedom!

Kick off the day with a free Water Aerobics Class presented by the San Antonio Parks & Recreation Department at the Woodlawn Lake Park Public Pool from 9 AM – 10 AM.

Also being offered is a free Zumba class inside the gym from 10 AM – 12 PM. Participants will check-in outside the gym before entering for the class.

Per tradition, beginning at 11 AM through 9:30 PM there will be plenty of July Fourth fare, including local food trucks and vendors serving up hot BBQ, Burgers, Hot-Dogs, Tacos, Aguas Frescas, snow cones, and cold drinks galore!

Carnival games will also be available for the duration of the event and patrons will enjoy live performances from the United States Air Force Band of the West and DJ Plata.

There will also be children's activities set up near the playground under the pavilion with programming provided by the Little Read Wagon and H-E-B from 11 AM – 2 PM.

Get all the details at:

<https://saparksfoundation.org/event/fourth-of-july-celebration/>



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Jefferson Neighborhood Association
 PO Box 28552
 San Antonio, TX 78228

jefferson-sa.com
facebook.com/groups/jeffersonneighbors

President: Katherine Sanchez-Rocha
 mskatsr@gmail.com

Vice President: Jason Vasquez
 jasonv824@gmail.com

Secretary: Yasmín Parra Codina
Treasurer: Liliana Moreno

Board Members:
 Larissa Sanchez-Fields
 Fernando Rocha
 Ted Guerra
 Jacob Valenzuela
 Chrissy Rivas

Advertising and Business Membership:
 Jason Vasquez jasonv824@gmail.com

Membership: neighbors@jefferson-sa.com

Newsletter: Rachel Anzalone
 neighbors@jefferson-sa.com

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Mayor Ron Nirenberg
 Office: 210-207-7107

[Bexar County Precinct 2](#)
Commissioner Justin Rodriguez
 Office: (210) 335-2612
 precinct2commissioner@bexar.org

[District 7](#)
Councilwoman Ana Sandoval
Constituent Services: Debora Dehlinger
 Office: 210-207-0870
 debra.dehlinger@sanantonio.gov

[District 1](#)
Councilman Mario Bravo
Constituent Services: Martin Calderon
 Office: 210.207.0900
 martin.calderon@sanantonio.gov

SAFFE Officer John Garcia #1447
 Office: 210-207-0810
 Cell: 210-218-6546
 john.garcia3@sanantonio.gov

SAPD Non-Emergency: 210-207-SAPD (7273)
SAPD West Substation: 210-207-7420

SAISD Police: 210-271-3124
SAISD Truancy Office: 210-271-3124

Office of Historic Preservation: 210-215-9274
 info@SAPreservation.com

Code Compliance Issues: 311
Animal Control Issues: 311
 Dial 311 or download the City's "311" app
Graffiti in Progress: 911
Graffiti Abatement Program: 210-207-5430

CPS Energy: 210-353-2222

THIS IS YOUR NEIGHBORHOOD NEWSLETTER!

We welcome your contributions! Please submit items of neighborhood interest to neighbors@jefferson-sa.com by the 25th of each month. Articles should be sent as a word or google doc and photos as .jpg files.

- Neighborhood History
- Events & Happenings
- Pet Profiles
- Gardening Tips
- Home Maintenance Tips
- Helpful Resources

PRESIDENT'S MESSAGE

By Katherine Rocha

We are well into the summer months and feeling the heat. Hope everyone is staying as cool as possible but still enjoying their summer as safely as possible. San Antonio has opened their cooling centers at the beginning of June so if you know of someone who needs some relief from the heat and can benefit, please be sure to mention this free service. Also, take care of your pets as they are family as well. As temperatures stay around 100, they can suffer from heat stroke just as we can. They do not have the ability to sweat and those suffering from heatstroke can have elevated breathing rates, dry or sticky gums, abnormal gum color, bruising in the gums, may appear lethargic or disoriented, and can have seizures. Keeping them inside where it is cooler will help.

This summer has been difficult for some of our smaller businesses such as Jefferson Bodega. Luke, the owner, is facing some health challenges and they have had to shut down for a few days each week. If you have a chance to go by and give some love and encouragement to their community board, please do so. Big thanks to Desiree Serna Martinez for thinking of this incredible idea!

Woodlawn Lake will host a free outdoor event from 11 am to 9:30 pm on Monday, July 4th. This free event put on by the San Antonio Parks Foundation and will include water aerobics, Zumba classes, children's activities, food trucks, carnival games, a performance by the US Air Force Band of the West and fireworks display. San Antonio Parks Foundation also recommends that people bring the following: lawn chairs and blankets for seating, reusable water bottles, sunscreen, umbrellas and/or hats for sun protection, and trash bags for trash and recycling.

In other news ... Are you interested in making a difference within our community and love to plan?

We encourage you to consider a board position with JNA. Elections for officer positions will be held in August and positions are voted in by the general membership. The 4 positions include President, Vice President, Treasurer, and Secretary. The nominating committee this year consists of Larissa Sanchez-Fields (chairwoman), Jacob Valenzuela, and Fernando Rocha. You must be a current JNA member in good standing as of May 31st to be eligible for consideration. We encourage all those who are interested to submit your name and interest by email to neighbors@jefferson-sa.com. We are always looking for volunteers who would like to help with membership and events so feel free to drop us a line!

Enjoy your summer and we will see you at our next meeting on July 11th at the Young Women's Leadership Academy in the library.



Monthly General Meetings

**Our General Meetings are Held on the
Second Monday of Each Month
at 7pm in the Library at the
Young Women's Leadership Academy**

2123 W Huisache Ave, San Antonio, TX 78201

Everyone is Welcome!

SUPPORT JNA BUSINESS MEMBERS

We're proud that the following businesses have chosen to grow in partnership with the Jefferson Neighborhood Association. We encourage all members to frequent these businesses.

To join the JNA as a business member, or to inquire about advertising rates please contact Jason Vasquez at jasonv824@gmail.com

01 FARMERS MARKET

Locally grown, produced, and harvested food and products available for pre-order.

[Facebook.com/01farmersmarket](https://www.facebook.com/01farmersmarket)

01farmersmarket@gmail.com

ABOUT FACE

Estate Sales, Antiques and Collectibles
Charles Keyton

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COOL CREST

Miniature Golf & Metzger Biergarten
1402 Fredericksburg Rd.

210-732-0222

www.coolcrestgolf.com

DAVE SIMS MEDIA

1523 W. Mistletoe Ave.
210-885-6197

<https://davesimsmedia.com>

FARMERS INSURANCE

Agent Jorge Sanchez Jr.
909 Manor Dr. San Antonio
O: 210-732-1886 | F: 210-787-3809
jsanchez5@farmersagent.com

THE HUT DINER

1610 Fredericksburg Rd.
210-649-8574
Open Tuesday – Sunday, 7:00 am – 2:00 pm

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210- 348-6090

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210-735-0990

LAW OFFICE OF JAMIE M. MATHIS, PLLC

1507 Fredericksburg Rd.
210-852-4666
www.jamiemathislaw.com

THE LIGHTHOUSE LOUNGE

1016 Cincinnati Ave.
[facebook.com/thelighthouselounge](https://www.facebook.com/thelighthouselounge)
thelighthouse210@yahoo.com

MIKE'S HAIR LOUNGE

1933 Fredericksburg Rd., Suite 111
210-313-4340
www.mikeshairlounge.com

**MOTIF
BOUTIQUE BROKERAGE**

Camile Rodriguez Brigant, Realtor
210-802-9797
Camille@MotifTX.com

**NEW LIVING
SPIRITUAL CENTER
AT WOODLAWN POINTE**

702 Donaldson Ave. | 210-268-2787
www.newlivingspiritualcenter.org

**PANADERIA JIMENEZ &
COFFEE SHOP**

1846 Fredericksburg Rd.
210-973-5050
www.panaderiajimenez.com

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210-785-9800 | ruiztailor@att.net
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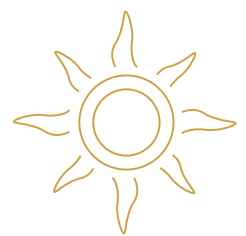
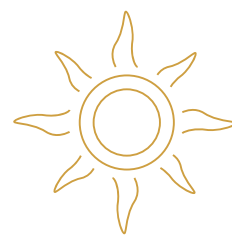
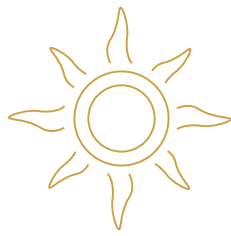
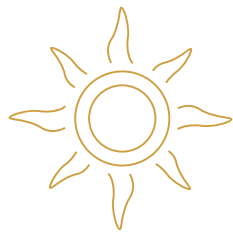
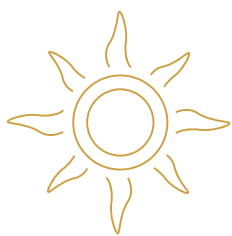
An AVEDA Concept Salon
1022 Donaldson Ave.
210-733-7131

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320 Blanco Rd.
210-531-0100
www.webhousecafe.com

**YOUR BUSINESS COULD
BE HERE!**

Please contact
Jason Vasquez at jasonv824@gmail.com so
we can highlight your business!

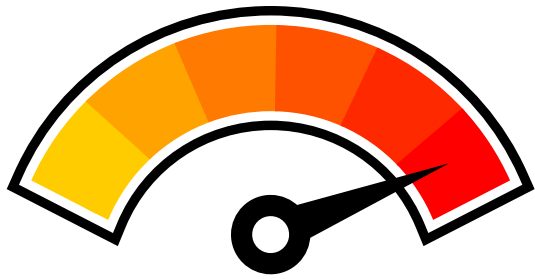


MONTHLY NEWSLETTER AD RATES

- 1/8 Page - 4.25 x 2.25 inches.....\$30 per month
- 1/4 Page - 5.5 x 4.25 inches.....\$40 per month
- 1/2 Page - 8.5 x 5.5 inches.....\$50 per month
- Full Page - 8.5 x 11 inches.....\$100 per month

To join the Jefferson Neighborhood Association as a business member or to advertise in the JNA newsletter, please contact Jason Vasquez at jasonv824@gmail.com or 210-331-4993

BEAT THE HEAT WITH THE CITY OF SAN ANTONIO



LOOK BEFORE YOU LOCK!

It only takes a short amount of time for the temperature inside a parked car to exceed 120 degrees!

Citizens of San Antonio are no strangers to high temperatures and humidity during the summer months. Every year, people across the country die due to heat-related illness, so it's important to know what you can do to prevent heat exhaustion and heat stroke. The San Antonio Metropolitan Health District has implemented the "Beat the Heat" campaign in order to educate the community of the dangers and precautions that can be taken during excessive heat.

Visit the website to find basic information on heat injury prevention as well as resources available to the community to assist with staying cool.

<https://www.saoemprepare.com/BeInformed/NaturalDisasters/Heat/BeatTheHeat>

BEAT THE HEAT: Extreme Heat
Heat related deaths are 100% preventable

WHAT: Extreme heat or heat waves occur when the temperature reaches extremely high levels or when the combination of heat and humidity causes the air to become oppressive.

WHO: More males than females are affected. Children, Elderly, Construction workers.

WHERE: Houses with little to no AC, Construction work sites, Cars.

HOW to AVOID: Stay hydrated with water, avoid sugary beverages, Stay cool in an air conditioned area, Wear light-weight, light colored, loose fitting clothes.

NEVER LEAVE A CHILD OR PET ALONE IN A CAR

The temperature in your car can quickly become deadly!

Outside Temperature 80°

Inside 99° Time Elapsed: 10 Minutes	Inside 109° Time Elapsed: 20 Minutes
Inside 114° Time Elapsed: 40 Minutes	Inside 123° Time Elapsed: 60 Minutes



NUNCA DEJE A SU NIÑO O A SU MASCOTA SOLOS EN SU VEHÍCULO

La temperatura en su vehículo puede ser rápidamente mortal!

Temperatura Fuera 80°

En el interior 99° Tiempo transcurrido: 10 minutos	En el interior 109° Tiempo transcurrido: 20 minutos
En el interior 114° Tiempo transcurrido: 40 minutos	En el interior 123° Tiempo transcurrido: 60 minutos



DISTRICT 7 UPDATE

Dear neighbors,

I hope everyone in the Jefferson Neighborhood Association is having a great summer!

The City of San Antonio is conducting a survey to gather your priorities to develop its Fiscal Year 2023 Budget. The City's budget serves as a roadmap to provide residents with services and programming for next year.

The City has put together a trial budget, a document that shares preliminary information and allocations for the next Fiscal Year. It helps inform future budget discussions and decisions.

Your feedback is crucial as we plan for the future of our City!

Take the survey here <https://saspeakup.com/SABudget2023D7>.

For more updates from your council office, please visit <http://tinyurl.com/District7NewsletterSignUp> to sign up for our weekly newsletters!



4 SAFETY TIPS

- 01 LOCK YOUR VEHICLE**
Always lock your vehicle and never leave extra keys, key fobs or firearms inside a vehicle.
- 02 HIDE YOUR VALUABLES**
Never leave valuables in plain sight. Hide your property and never leave firearms inside a vehicle!
- 03 DON'T BE DISTRACTED**
Be alert! Stay off your phone and please don't text and drive!
- 04 SEE SOMETHING, SAY SOMETHING**
If you see something suspicious, speak up and say something. Call 207-SAPD or if it's an emergency, call 9-1-1.



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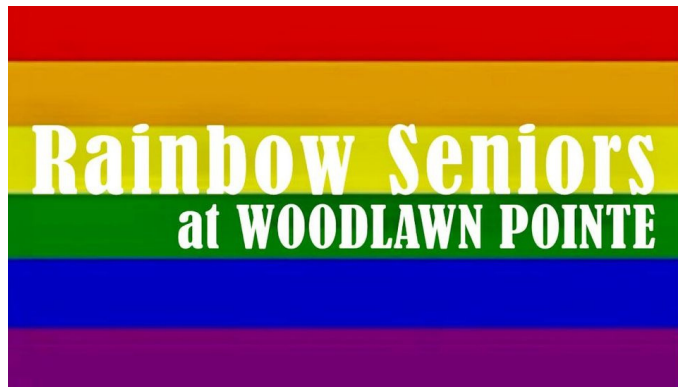


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INAUGURAL EVENT JULY 14

Announcing the Inaugural Event of Rainbow Seniors!

A new social and support meeting for LGBTQA Seniors. Free Healthy Lunch for everyone over 60. Make new friends, get resources and play games! Call (210) 468-2787 for more info and to reserve your lunch. Everyone is invited.

Visit Facebook for details: <https://fb.me/e/1Zz8tDuzy>



A vertical poster for "WOODLAWN POINTE'S COMMUNITY GALA". At the top, a ribbon says "Celebrating Our 6th Anniversary". Below that, the Woodlawn Pointe logo is shown. The main text reads "WOODLAWN POINTE'S COMMUNITY GALA Building Better Together July 23, 2022 7PM". In the center, a star is surrounded by a laurel wreath with the text "COMMUNITY SERVICE AWARDS". Below this, there are two portraits: one of Billy Gilman and one of Freddy Aviles. Text next to Billy Gilman says "Featuring Billboard Top 40 recording artist Billy Gilman". Text next to Freddy Aviles says "King of the South Freddy Aviles". At the bottom, contact information is provided: "For Sponsorship and Table Reservations Call 210-468-2787" and "702 Donaldson Ave San Antonio Texas 78201".

Hello Neighbors!

Has outdated theology, hate, and politics left you rethinking church? Then come out and visit New Living Spiritual Center. YOUR progressive, thinking, caring, affirming, Spiritual Alternative, where we believe the fullest expression of our faith is how we treat others!

**Reach Your Highest Good
Experience Transformational Spirituality
and Discover a New Way of Living!**

You are invited to try a different kind of service. One that has an open, intelligent, and collaborative approach to Living the teachings of Jesus. Sundays at 11am with coffee time before and after, the dress is casual, and the crowd is extremely diverse; come as you are but leave better than you thought you could be!



Located at 702 Donaldson in the Woodlawn Pointe Center for Community
Proud to Be a Part of the Jefferson Neighborhood

SUMMER GARDENING TIPS



Below are tips and tricks from the [San Antonio Botanical Garden](#) to help your garden be strong and healthy during the summer in San Antonio.

- Begin to cut back perennial plants that look stressed (salvia, sage, ornamental grasses, etc.) Cut back to a new growth point toward the base of the plant.
- Be patient with blooming plants, as the heat causes a delay in blooming (a defensive mechanism for heat-stressed plants).
- Water early in the morning (following your water restrictions) to avoid disease and insect issues that can be caused from watering at night.
- Cut back hibiscus plants to about 8" to encourage a second bloom this fall.
- Late August and early September are ideal for planting fall vegetable gardens. Prepare beds a few weeks prior to planting by adding 1-3" of compost and incorporating it into the soil.

Have additional questions? Ask a Master Gardener!

Bexar County Master Gardeners are available to help you with your gardening questions. This is a free service. You can reach them by phone at 210.631.0400 or by email at info@bexarmg.org. Available Monday – Friday: 9 AM – 12 PM and 1 – 4 PM. Closed on County Holidays.

WeR Yoga

Donation based
Community Yoga

Jefferson Community Church
inside Jackson Hall
758 Donaldson Ave
SA 78201

FLOW YOGA
MONDAYS & THURSDAYS
AT 6:00PM

CHAIR YOGA
TUESDAYS AT 9:00AM

RESTORATIVE YOGA
1ST AND 3RD TUESDAY OF
THE MONTH
6:00PM

FOR MORE INFO CONTACT
paulaorozco1@sbcglobal.net
or
jriveraboriqua@gmail.com

NEED ASSISTANCE WITH YOUR ENERGY BILL?

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(210) 353-2222

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- Federal Public Housing Assistance
- Veterans Pension or Survivor Benefits
- SSI
- WIC
- Lifeline
- Pell Grant

TO APPLY AND FOR MORE INFORMATION
Visit affordableconnectivity.org or call 877-384-2575

SCAN ME

FURRY FRIENDS OF THE JNA

Chica, Mercy and Scarlett are the highlight of Katherine and Fernando Rocha's household. They run the roost (literally) with their playful banter and are always up for chasing their favorite toy and sleeping in their beds.



HOW HOT IS TOO HOT? HEATSTROKE IN DOGS

The American Kennel Club warns: Dogs are notoriously bad at dissipating body heat. Watch for early signs of heatstroke (also known as hyperthermia) in your dog to avoid serious outcomes.

Read the full article including symptoms to look for at <https://www.akc.org/expert-advice/health/heatstroke-in-dogs/>



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Jefferson Neighborhood Association MEMBERSHIP FORM

Please complete this form or sign up online at <https://bit.ly/join-jna>
(The JNA Membership Year is September 1 through August 31)

Name(s) _____ Date _____

Address _____

Phone _____ email _____

Dues paid by: Check Venmo (@jna-payments) Cash

- \$10 per year for an individual
- \$15 per year for a family
- \$35 per year for a business

- I would like to receive updates and news via my email address
- I would like to volunteer

Mail check and form to Jefferson Neighborhood Association, PO Box 28552, San Antonio, TX 78228



Monthly General Meetings

**Our General Meetings are Held on the
Second Monday of Each Month
at 7pm in the Library at the
Young Women's Leadership Academy
2123 W Huisache Ave, San Antonio, TX 78201**

Everyone is Welcome!