



WHY I OBSERVE DÍA DE LOS MUERTOS

By Allura Guerra, JNA Member

Día de los Muertos (Day of the Dead) is a Mexican celebration in which family and friends remember deceased loved ones and celebrate their souls. Spirits return to visit their families on Oct. 31 and leave on Nov. 2. Participants of this celebration see death as a positive, continuation of life.

Families create ofrendas (altars) that are filled with flowers, candles, pan de muerto, sugar skulls, pictures, past hobbies, and favorite foods. This tradition is important because it welcomes the spirits and shows them that they haven't been forgotten.

Families display the altars in their homes, decorating them with festive colors. The four essential elements of nature (earth, wind, water and fire) are always included because each of these elements represents steps in the spirit's journey.

For my family, Día de los Muertos reminds us to never forget our loved ones who have passed away. Although I was born after one of my grandmothers passed away, pictures and stories help me celebrate her life. Family is important to me, and embracing my Hispanic culture and participating in events such as Day of the Dead helps me appreciate my loved ones even more.

I love when my family looks at old photographs of relatives who have passed on. I enjoy taking trip to their graves to bring them flowers and other decorations. I hope that after reading this that you understand a little more about Día de los Muertos and that maybe you and your family can create an ofrenda of your own.

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NOVEMBER 2022



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Jefferson Neighborhood Association PO Box 28552 San Antonio, TX 78228

<u>jefferson-sa.com</u> facebook.com/groups/jeffersonneighbors

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SAPD Non-Emergency: 210-207-SAPD (7273) SAPD West Substation: 210-207-7420

SAISD Police: 210-271-3124 SAISD Truancy Office: 210-271-3124

Office of Historic Preservation: 210-215-9274 info@SApreservation.com

Code Compliance Issues: 311 Animal Control Issues: 311 Dial 311 or download the City's "311" app Graffiti in Progress: 911 Graffiti Abatement Program: 210-207-5430

CPS Energy: 210-353-2222

THIS IS YOUR NEIGHBORHOOD NEWSLETTER!

We welcome your contributions! Please submit items of neighborhood interest to neighbors@jefferson-sa.com by the 25th of each month. Articles should be sent as a word or google doc and photos as .jpg files.

- Neighborhood History
- Events & Happenings
- Pet Profiles
- Gardening Tips
- Home Maintenance Tips
- Helpful Resources



November is here! The weather is finally changing and the holidays are near!

This time of year reminds me of family traditions those long-established customs that are passed from one generation to the next.

In my family, we have a tradition of gathering a couple of days before Thanksgiving to make our family's dressing (what others call stuffing). We use my grandmother's recipe.

My tía Estella is the eldest on my mother's side of the family. We join with her to make this delicious and favorite side dish. My tía assigns everyone their positions, and she assigns herself as supervisor, the most wanted role.



All-in-all, the recipe is time-consuming, but we enjoy being together while making it, especially since this is where we can be ourselves... and where most of the excellent gossip is exchanged!

In the end, we have *the* perfect side dish to our anticipated "perfect" turkey! (That is a story for another time).

I hope you and your family continue your traditions and perhaps make new ones! Enjoy whom you call family and have a Happy Thanksgiving.

Yours,

Ted Guerra JNA President



Monthly General Meetings

Our General Meetings are Held on the Second Monday of Each Month at 7pm in the Library at the Young Women's Leadership Academy 2123 W Huisache Ave, San Antonio, TX 78201

Everyone is Welcome!

SUPPORT JNA BUSINESS MEMBERS

We're proud that the following businesses have chosen to grow in partnership with the Jefferson Neighborhood Association. We encourage all members to frequent these businesses. To join the JNA as a business member, or to inquire about advertising rates please contact Jason Vasquez at jasonv824@gmail.com

01 FARMERS MARKET

Locally grown, produced, and harvested food and products available for pre-order. <u>Facebook.com/01farmersmarket</u> 01farmersmarket@gmail.com

COOL CREST

Miniature Golf & Metzger Biergarten 1402 Fredericksburg Rd. 210-732-0222 www.coolcrestgolf.com

FARMERS INSURANCE

Agent Jorge Sanchez Jr. 909 Manor Dr. San Antonio O: 210-732-1886 | F: 210-787-3809 jsanchez5@farmersagent.com

INGENUITY FINANCIAL SERVICES

4374 Lockhill-Selma Dr., Suite 101, 78249 210- 348-6090 www.ingenuityfinancial.com

LAW OFFICE OF JAMIE M. MATHIS, PLLC

1507 Fredericksburg Rd. 210-852-4666 www.jamiemathislaw.com

ABOUT FACE

Estate Sales, Antiques and Collectibles Charles Keyton 210-887-4331 | cwkegl@aol.com

DAVE SIMS MEDIA

1523 W. Mistletoe Ave. 210-885-6197 <u>https://davesimsmedia.com</u>

THE HUT DINER

1610 Fredericksburg Rd. 210-649-8574 Open Tuesday – Sunday, 7:00 am – 2:00 pm

JEFFERSON BODEGA

1005 Donaldson Ave. 210-735-0990

THE LIGHTHOUSE LOUNGE

1016 Cincinnati Ave. <u>facebook.com/thelighthouselounge</u> thelighthouse210@yahoo.com

MIKE'S HAIR LOUNGE

1933 Fredericksburg Rd., Suite 111 210-313-4340 www.mikeshairlounge.com



702 Donaldson Ave. | 210-268-2787 www.newlivingspiritualcenter.org

RUIZ TAILOR SHOP

Alterations for Men and Women 1724 Fredericksburg Rd. 210-785-9800 | ruiztailor@att.net <u>facebook.com/RuizTailor</u>

WEB HOUSE CAFE & BAR

320 Blanco Rd. 210-531-0100 www.webhousecafe.com

MOTIF BOUTIQUE BROKERAGE

Camile Rodriguez Brigant, Realtor 210-802-9797 Camille@MotifTX.com

PANADERIA JIMENEZ & COFFEE SHOP

1846 Fredericksburg Rd. 210-973-5050 www.panaderiajimenez.com

VEE'S HAIR & SPA SALON

An AVEDA Concept Salon 1022 Donaldson Ave. 210-733-7131

YOUR BUSINESS COULD BE HERE!

Please contact Jason Vasquez at jasonv824@gmail.com so we can highlight your business!





MONTHLY NEWSLETTER AD RATES

- 1/8 Page 4.25 x 2.25 inches.....\$30 per month
- 1/4 Page 5.5 x 4.25 inches.....\$40 per month
- 1/2 Page 8.5 x 5.5 inches.....\$50 per month
- Full Page 8.5 x 11 inches.....\$100 per month

To join the Jefferson Neighborhood Association as a business member or to advertise in the JNA newsletter, please contact Jason Vasquez at jasonv824@gmail.com or 210-331-4993

DIABETES PREVENTION PROGRAM

WEDNESDAYS @ 6:00 PM STARTING OCTOBER 19, 2022

LOCATION: VIRTUAL ONLINE WEBEX VIDEO CONFERENCE

TO REGISTER CALL OR EMAIL

\$ 210-207-8832

VERONICA.RAMIREZ@SANANTONIO.GOV

This program offers a helpful setting where participants work together in a small group to learn about healthier eating and more physical activity to help lower their risk of developing diabetes.

To qualify for the Prevent T2 program, participants **must be at** least 18 years old, overweight (BMI > 25), and be at high risk of developing type 2 diabetes, or already have been diagnosed with prediabetes.* Workshops are free and open to adults with prediabetes or a chronic disease.

*Individuals who have already been diagnosed with type 1 or 2 diabetes do not qualify for this program. Please refer to our self-management program for support.

For more information scan the QR code:











APPLY TO THE NEIGHBORHOOD LEADERSHIP ACADEMY



The Neighborhood Leadership Academy (NLA) is an interactive program to help San Antonio residents become leaders within their communities. Since 2016, more than 200 individuals have completed the class.

The "Neighborhood Leadership Academy 101" class can help you develop leadership skills and knowledge to be a more effective advocate for your neighborhood. The class includes guest speakers, group discussions, and opportunities for networking. You will learn more about city departments, how to access city resources, and city processes. The program can help you have an impact on your neighborhood and be a resource for your neighbors, friends, and family.

Any San Antonio resident who lives within the city limits is invited to apply. There is no fee to participate. However, the class size is limited, and participants must apply and be accepted.

The next "NLA 101" course will start in January 2023 and last through June 2023. Sessions will be held once a month at various locations across the city.

The application closes on November 10, 2022. Applicants will be notified of their application status by November 30, 2022. Apply today!

Apply by clicking or visiting this link: <u>https://www.saspeakup.com/2022NLA101</u> Questions? Send an email to: neighborhoods@sanantonio.gov



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SUNDAYS AT NEW LIVING SPIRITUAL CENTER



Message Series <mark>Sundays, September 4th ~ November 20th</mark>



Discover The Twelve Powers in You! Message Series starts September 4th at your New Living Sermon Spiritual Center. Don't miss a single Sunday of this life affirming teaching series based on the writings of Charles Fillmore.

Sundays, September 4th - November 20th 11am - 12pm

Visit Facebook for details: https://fb.me/e/2Ld5xQ6Ig

TRIVIA NIGHTS AT OASIS TAVERN



FREE Live Trivia on Thursday Nights at Oasis Tavern!

#SanAntonioTrivia is pleased to offer players weekly trivia play and a great night out!

Thursday nights, weekly, at 7:00pm Powered by <u>ChallengeEntertainment.com</u>

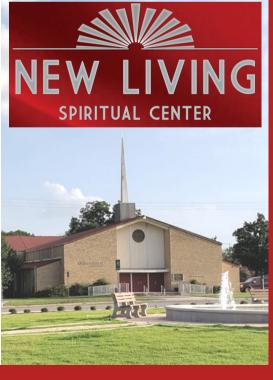
Visit Facebook for details: https://fb.me/e/1El7ioNeW

Hello Neighbors!

Has outdated theology, hate, and politics left you rethinking church? Then come out and visit New Living Spiritual Center. YOUR progressive, thinking, caring, affirming, Spiritual Alternative, where we believe the fullest expression of our faith is how we treat others!

Reach Your Highest Good Experience Transformational Spirituality and Discover a New Way of Living!

You are invited to try a different kind of service. One that has an open, intelligent, and collaborative approach to Living the teachings of Jesus. Sundays at 11am with coffee time before and after, the dress is casual, and the crowd is extremely diverse; come as you are but leave better than you thought you could be!



Located at 702 Donaldson in the Woodlawn Pointe Center for Community Proud to Be a Part of the Jefferson Neighborhood

JNA SCHOLAR BECOMES DOCTOR

By Elia Reyna, JNA member, past president, and previous scholarship chair

Congratulations to Dr. David Anthony Fernandez for graduating from the John Sealy School of Medicine at The University of Texas Medical Branch, Galveston (Class of 22).



Dr. Fernandez is a 2014 recipient of JNA's Emelia Reyna Scholarship. He is the son of JNA members Oscar and Diane Fernandez, the grandson of past president Elia Reyna, and the great-grandson of Emelia Reyna, the founder of the JNA scholarship fund (1990-2003).

In medical school, Dr. Fernandez worked at the San Antonio children's hospital as a provider scribe at Provider's Choice Scribe Services. Now, he is doing his residency in Galveston.

Before medical school, Dr. Fernandez graduated from St. Mary's University with a BA in Sports Medicine. He attended St. Anthony Catholic School, where he graduated as valedictorian and salutatorian. While at St. Anthony, he was a student of the Brainpower Connection program, allowing him to take college-level courses at the University of the Incarnate Word.

For more than a generation, the JNA Scholarship program has awarded high school graduates with the little bit of financial help they need when they enroll in college. This scholarship is an investment in our neighborhood's future—one high school graduate at a time.

I am proud of JNA's board, officers, and scholarship chair, Yasmín Codina, for continuing this program.

BLACK POTION OFFERS BOARD GAMES, CONESSIONS, AND FUN

By Dominic Gonzalez, JNA Secretary and Newsletter Editor

This month, instead of a restaurant review, I want to tell you about a unique business in the deco district: Black Potion—the neighborhood's first gaming tavern.



Don't let the name fool you. Black Potion is a family-friendly lounge and retailer of tabletop games. Visitors can purchase games, game supplies, and gifts, or they can borrow any of the dozens of games from the library and play at a table.

In addition to games, you will find a theater that features improv comedy and other shows. Also, several groups meet at Black Potion and welcome new gamers.

Black Potion offers wine, a craft beer selection, nonalcoholic beverages, and snacks. Customers can have food delivered.

I hope you visit this neighborhood business soon.

Black Potion

Located in the Woodlawn Shopping Center 1900 Fredericksberg Rd., Ste. 101, SA, TX 78201 Facebook: <u>https://www.facebook.com/BlackPotionSATX/</u>

A LETTER FROM D7 COUNCILOR ANA SANDOVAL

Dear neighbors,

I wish everyone in the Jefferson Neighborhood Association a happy fall!

I had the chance to foster two puppies earlier this year and it was a blast! Sometimes the pets with Animal Care Services just need a little more time to get adopted, and you can help until then. It warmed my heart to be able to open my home to these puppies before they found their forever home.

Please visit <u>www.sanantonio.gov/Animal-Care/How-You-Can-</u> <u>Help/Fostering-Save-A-Life</u> to learn how you can foster a pet!

Yours in public service,



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NEIGHBORHOOD ASSOCIATION EST. 1982		ete this form or sign up online at <u>https://bit.ly/join-jna</u> JNA Membership Year is September 1 through August 31)
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Monthly General Meetings

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Everyone is Welcome!