## Summer DAY Gear List for:

## Salamanders/Grey Foxes

\*NOTE: All gear needs to fit in a backpack of sufficient size to carry EVERYTHING, including the layers you take off. We carry our packs ALL day.

- 1. **2 liters** minimum water bottle with leak-tight lid please check to see the lid is on properly
- 2. An extra t-shirt and shorts with one extra layer
- 3. Waterproof Jacket
- 4. Children should be in layered clothing (lightweight but many layers)
- 5. Lunch
- 6. Snacks
- Backpack of sufficient size to put it ALL in 22L at least \*Everything including lunches needs to fit inside your backpack - you need your hands free - skip the extra lunch box you send to school and just put the lunch/snacks in; lunchboxes take up too much space and we leave them in the van)
- Comfortable shoes that fit (waterproof is NOT necessary in the summer. Sandals – they MUST have closed toes – we wander through forested areas with debris on the ground, and in water
- 9. Swimsuit or clothing that can get both wet and muddy

## IF YOU NEED HELP WITH ANY OF THESE ITEMS, PLEASE CONTACT US – WE MAY BE ABLE TO HELP