

Skills, Training, & Assistance Include:

- Social Skill Building
- Communication Skills
- Anger Management Groups
- Diagnostic Assessment
- Behavior Modification
- Comprehensive Discharge Planning
- Individual Service Plan
- Individual Transportation
- Community Involvement
- Referrals for additional services when needed.

Life Day Treatment Center
310-G Ed Wright Ln.
Newport News VA 23606

Phone: 757.223.5924 Fax: 757-223-4268
Email: lifedtx4321@gmail.com

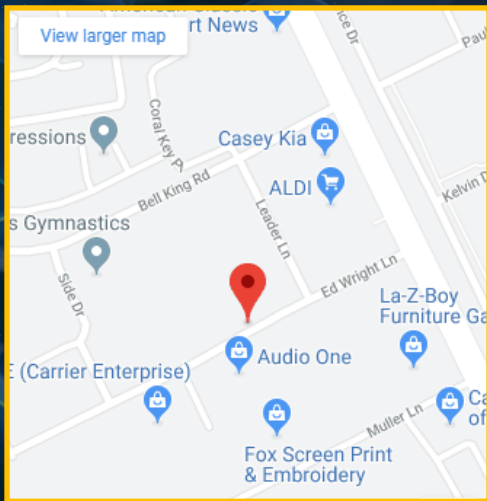
Mon - Fri 8:00 AM - 3:00 PM
(Saturday Opening Soon)

Life Day Treatment is licensed by the
Department of Mental Health
Mental Retardation
Substance Abuse Services
(DMHMRSAS)

Life Day Treatment

"Teaching Life Skills One Day At A Time!"

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www.lifedaytreatment.com



MISSION STATEMENT

“Teaching Life Skills
One Day At A Time”

The Mission of Life Day Treatment Center is “Helping generations one individual at a time.”

We optimize our treatment with positive role models from our trained mental health staff who are dedicated to changing lives.

Life Day Treatment embraces the philosophy that all individuals deserve the opportunity to maximize their role in the community .

Life Day Treatment promises you, our client, will be treated with the utmost respect and dignity, you have our guaranteed professionalism always

Day Treatment Center

“Teaching Life Skills One Day At A Time”

The Life Center has a diverse team of qualified professionals that will provide psychosocial day support to a group of adults with a primary mental health diagnosis.

This will be done through small group activities utilizing therapeutic techniques, team building, modeling of appropriate behaviors, relationship development skill building and designated areas for development of daily living skills.

Eligibility Criteria for Adults MHS & Psychosocial Day Treatment:

Two of the following **MUST** be documented for the individuals on a continuing or intermittent basis. The individual must demonstrate a clinical need arising from a condition due to mental, behavioral, or emotional illness that results in significant functional impairments in major life activities. Individual must meet certain criteria on a continuing or intermittent basis.

- Have difficulty in establishing or maintaining normal interpersonal relationships to such a degree that they are at risk of hospitalization, helplessness, or isolation from social supports
- Exhibit such inappropriate behavior that repeated interventions by mental health professionals, social services, or judicial systems are necessary.
- Exhibit difficulty in cognitive ability such that they are unable to recognize significantly inappropriate social behaviors.
- Require help in basic living skills such as maintaining personal hygiene, preparing food, and maintaining adequate nutrition, or managing finances to such a degree that health or safety is in jeopardy.

Psychosocial Rehabilitative Services shall be provided to those individuals who (meet one of the following criteria):

Lack daily living skills and interpersonal skills
A limited or non-existent support system
Are unable to function in the community without intensive intervention.
Or when long-term services are needed to maintain the individual in the community.

LIFE SERVICES

Mental Health Support

The goal is for clients to develop an increased understanding of their mental, emotional, an behavioral illnesses and develop skills to assist them in the daily management of the conditions over an extended period.

Life Skills Training

The goal is for clients to be provided training to increase their awareness and ability to manage life skills such as nutrition, money management skills, stress management, personal hygiene and grooming skills, etc.

Socialization Skills Training

The goal is to provide clients with a controlled environment to enhance their social problem solving skills about judgement, interpersonal boundaries, and appropriate and positive interaction techniques.

Community Integration

The goal is to increase the skill development surrounding judgement and reasoning about appropriate and safe public behavior.