

PACKING LIST- 2022 Tour de SiiHasin

Participants are responsible for all items brought on the bike ride. **Label everything** – especially sleeping bags and luggage! We recommend that you leave at home any items you consider to be irreplaceable or valuable. Tour de SiiHasin organizers are not responsible for lost, damaged or stolen items.

Bike Riding Gear

- Jersey
- Bike Shorts
- Socks – one pair per day
- Helmet
- Closed toes shoes
- Riding gloves
- Inner tubes
- Reflector lights
- Tent
- Camp chairs
- Hydration packs (camelback or water bottle)
- Bandana
- Portable pump
- Electrolytes
- Energy supplements
- Headlamp
- Multi-tool
- Mess Kit (re-usable dishes)
- Umbrella
- Light jacket / rain jacket

Clothing (bring only what you need due to limited space)

- T-shirts – short/long sleeve
- Shorts
- Socks – one pair per day
- Underwear – one per day
- Shoes – tennis shoes (closed toes)
- Pajamas
- Long pants – one pair
- Hat or visor
- Sweater, sweatshirt, or jacket

Personal Care

- washcloth
- bath towel
- Sunscreen AND lip balm –SPF 15 or higher
- Shampoo, conditioner
- Brush or comb
- Soap and deodorant (no spray cans)
- Toothpaste, toothbrush
- Sleeping bag
- Pillow
- Flashlight and extra batteries
- Sunglasses
- Wipes
- Shower slippers (flip flops)
- Sanitary items (if appropriate)
- 2 Rolls of toilet paper

Nice to Have

- Camera
- Book
- Yoga mat

- Radios, iPods or other music players, video games (not during ride)
- Phones (not during ride)
- Gum, Candy or other food items
- Snacks with nuts

Please DO NOT BRING:

- Pets/Animals unless authorized by organizer
- Video Games
- Laptops or portable DVD players
- Expensive Name-Brand Articles
- No trailers, tagalongs, or child carriers are allowed on the route.
- Tobacco, non-prescription drugs, illegal drugs, alcohol
- Matches or Candles
- Anything with WIFI or video taking capabilities
- Irreplaceable Items

Lost & Found

All "lost & found" items will be held for 2 weeks with Claudia Jackson.

All items not claimed within two weeks will be donated to local charities