

KIDS SCHEDULE

MONDAY

Program	Level	Mat	Time	Length
Mini BJJ	Level 1	Mat 1	5:00 PM	40 Min
Kids BJJ	Level 2	Mat 1	5:45 PM	40 Min
Wrestling	ALL	Mat 2	6:30 PM	55 Min

TUESDAY

Program	Level	Mat	Time	Length
Kickboxing	ALL	Mat 2	5:00 PM	40 Min
Kids BJJ	Level 2	Mat 1	5:00 PM	40 Min
Mini BJJ	Level 1	Mat 2	5:45 PM	40 Min
Jr BJJ	Level 1	Mat 1	5:45 PM	40 Min

WEDNESDAY

Program	Level	Mat	Time	Length
Mini BJJ	Level 1	Mat 1	5:00 PM	40 Min
NoGi BJJ	Level 2	Mat 1	5:45 PM	40 Min
Wrestling	ALL	Mat 2	6:30 PM	55 Min

THURSDAY

Program	Level	Mat	Time	Length
Kickboxing	ALL	Mat 2	5:00 PM	40 Min
Kids BJJ	Level 2	Mat 1	5:00 PM	40 Min
Mini BJJ	Level 1	Mat 2	5:45 PM	40 Min
Jr BJJ	Level 1	Mat 1	5:45 PM	40 Min

FRIDAY

Program	Level	Mat	Time	Length

SATURDAY

Program	Level	Mat	Time	Length
Kids BJJ	Level 2	Mat 1	9:00 AM	40 Min
Mini BJJ	Level 1	Mat 2	9:45 AM	40 Min
Jr BJJ	Level 1	Mat 1	9:45 AM	40 Min
Kickboxing	ALL	Mat 2	11:30 AM	40 Min