YOUTH SCHEDULE

MONDAY

Program	Level	Mat	Time	Length
Mini BJJ	Level 1	Mat 2	5:00 PM	40 Min
Junior BJJ	Level 1	Mat 1	5:00 PM	40 Min
Kids BJJ	Level 2	Mat 1	5:45 PM	40 Min
Kickboxing	ALL	Mat 3	5:45 PM	40 Min

TUESDAY

Program	Level	Mat	Time	Length
Kids BJJ	Level 2	Mat 1	5:00 PM	40 Min
Mini BJJ	Level 1	Mat 2	5:45 PM	40 Min
Junior BJJ	Level 1	Mat 1	5:45 PM	40 Min
Jr Wrestling	ALL	Mat 3	6:30 PM	55 Min
Teen Wrestling	ALL	Mat 3	7:30 PM	60 Min

WEDNESDAY

Program	Level	Mat	Time	Length
Mini BJJ	Level 1	Mat 2	5:00 PM	40 Min
Junior BJJ	Level 1	Mat 1	5:00 PM	40 Min
NoGi BJJ	Level 2	Mat 1	5:45 PM	40 Min
Kickboxing	ALL	Mat 3	5:45 PM	40 Min

THURSDAY

Program	Level	Mat	Time	Length
Kids BJJ	Level 2	Mat 1	5:00 PM	40 Min
Mini BJJ	Level 1	Mat 2	5:45 PM	40 Min
Junior BJJ	Level 1	Mat 1	5:45 PM	40 Min
Jr Wrestling	ALL	Mat 3	6:30 PM	55 Min
Teen Wrestling	ALL	Mat 3	7:30 PM	60 Min

FRIDAY

Program	Level	Mat	Time	Length
Jr Wrestling	ALL	Mat 3	5:30 PM	55 Min
Teen Wrestling	ALL	Mat 3	5:30 PM	60 Min

SATURDAY

Program	Level	Mat	Time	Length
Kids BJJ	Level 2	Mat 1	9:00 AM	40 Min
Mini BJJ	Level 1	Mat 2	9:45 AM	40 Min
Junior BJJ	Level 1	Mat 1	9:45 AM	40 Min
Kickboxing	ALL	Mat 3	9:45 AM	40 Min